

Department of Physical Education

Sports Report for the Academic Year 2024-2025

Department Activities and Sports Achievements

The Department of Physical Education organized several **National Level Workshops** such as **Reduce the Muscle Tension and Mental Stress** on 17th August 2024 at Courtallam Waterfalls, Courtallam, Tamil Nadu, **Gaining Vitamin in Sun shine** on 18th August 2024 at Kanniyakumari Beach, Kanniyakumari, Tamil Nadu, **Reducing Stress through Mental Peace** on 22nd February 2025 at Agasthiyar Falls, Tirunelveli, Tamil Nadu, **Cardio respiratory Endurance at Hills** on 23rd February 2025, at Tiruparapu, Kanyakumari, Tamil Nadu and **The Skin Tan Issue of Sportspersons** on 28th February 2025 at Hajee Karutha Rowther Howdia College Sports Outdoor Stadium, Uthamapalayam, Tamil Nadu. The **National Sports Day** was commemorated by conducting the **Walkathon - 3km Campus Walk** event on 23rd August 2024. More than **600 students** participated in this **Walkathon** organized on the Campus of Hajee Karutha Rowther Howdia College. Moreover “**An Initiative for Palm Forest - Palm Tree Plantation Drive**” organized on 24th October 2024 inspired the students to take action for a greener and more sustainable future. More than **1000** students participated in the event and more than **500** Palm seeds were planted in our Sports Arena.

Mr. S. Sanjith Kanna, I B.A. History, received the **Best Sports Men Award** on 26th July 2024 from the Pennicuick Rotary Club of Uthamapalayam for having participated in the **National Skating Competition** besides securing the **Place - II** in **500mts Quad Rink Race Event** and **Place - III** in the **Quad Road 3000mts Race Event** (above 17 Age Men Category) at the **Tamil Nadu Open State Roller Skating Championship 2024** held at Sportify Sports Arena, Chennai, from 25th to 28th July 2024. He also represented Tamil Nadu at the **State Level India Skate Games** organized by Roller Skating Federation of India at Pollachi, Coimbatore, from 5th to 11th August 2024. Further, he won the **Place - I** in **Quad Roller Skating 1000mts Rink Event** (Above 17 age Category) and **Place - II** in **Roller Skating 500mts Rink Event** as well as in the **Quad Roller Skating 500mts Road Event** at the **Theni District Level Quad Roller Skating Competition 2024 - 2025** organized by Inline & Quad Roller Skating Association of Theni, at Forte Up Town, Theni, on 6th October 2024. He participated in the **State**

Level Quad Roller Skating Competition 2024 - 2025 also which was held at Sportify Sports Arena, Chennai, from 11th to 14th October 2024.

Similarly **Mr. P. Vimal, III B.Com. (Banking)**, secured the **Place - I** in **100mts Road Race, 400mts Rink Race** and **1000mts Road Race** at the **Theni District Speed Skating Championship 2024** organized by Theni ICE & Speed Skating Association, affiliated to Tamil Nadu Speed Skating Association at Magizhvanam Skating Rink, Aundipatti, on 01st September 2024. Further he bagged the **Place - I** in **500mts** and **1000mts Rink Race Skating** at the **Goa Skating Festival Roller Sports Tournament 2024 - 2025** held at Fr. Angel Ashram School, Verna, Madgoan, Goa, from 31th January to 05th February 2025.

Ms. S. Vijayalakshmi, III B.Sc. Physics, was the recipient of the **Best Sports Women Award** from the Pennicuick Rotary Club on 26th July 2024 for having participated in the **All India Interuniversity Karate Competition**.

At the **Theni District Level Chief Minister's Trophy Men Competitions 2024** held at Sports Development Authority of Tamil Nadu, Theni, on 17th September 2024, while **Mr. S. Arul Murugan, I BBA**, secured **Place - II** in **Swimming Freestyle**, **Mr. G. Prabhakaran, II M.A. History**, won the **Place - II** in **Silambam** (Thodu Potti 70-75 kg Weight Category), **Mr. M. Kishore, II B.A. History**, bagged the **Place - I** in **Silambam** (Thodu Potti 45-50 kg Weight Category) and **Mr. U. S. Sharuk, II B.Com.**, secured **Place - I** in **Athletic Track Events (400mts & 800mts)**.

Our **Volleyball Men Team** players secured **Place - III** in the **Theni District Level Chief Minister's Trophy Volleyball Men Tournament 2024 - 2025** at Sports Development Authority of Tamil Nadu, Theni, on 17th September 2024.

Mr. S. Sangili Balaji	-	I B.Sc. Chemistry
Mr. M. Arunkumar	-	I B.A. Tamil
Mr. D. Deepakmoorthy	-	II M.A. History
Mr. S. Halith	-	I B.A. Economics
Mr. J. Mathankumar	-	III B.A. Tamil
Mr. A. Mohammed Afrith	-	I B.Sc. Chemistry
Mr. A. Afsal Ahmed	-	II B.Sc. Zoology
Mr. N. Deepan	-	II B.Sc. CS
Mr. N. Santhosh	-	II B.A. History

Mr. A. Charukesh	-	I BBA
Mr. R. Sanjeev Raj	-	I B.A. Economics

Further our **Kabaddi Men Team** players secured **Place - IV** in the **Theni District Level Chief Minister's Trophy Kabaddi Men Tournament 2024 - 2025** held at Sports Development Authority of Tamil Nadu, Theni, on 17th September 2024.

Mr. S. Ruthramoorthy	-	I B.A. Tamil
Mr. R. Deivendran	-	I B.A. History
Mr. S. Saranesh	-	I B.Sc. IT
Mr. M. Yogesh	-	I BBA
Mr. Kishorebala	-	I BBA
Mr. N. Yogesh	-	I BBA
Mr. G. Thirusath	-	I BBA
Mr. P. Yuges	-	I BBA
Mr. K. Bharath	-	II BBA
Mr. S. Sathriyan	-	II B.Com. CA
Mr. M. Bharathram	-	I BBA
Mr. M. Kalaiselvan	-	I BBA
Mr. V. Malaisamy	-	II B.A. Economics

Similarly **Mr. Mohamed Safik, II BBA**, also participated in the **Theni District Level Chief Minister's Trophy Carrom Men Competition** held at Sports Development Authority of Tamil Nadu, Theni, on 17th September 2024.

The following **Badminton Men Team** players participated in the **Theni District Level Chief Minister's Trophy Badminton Men Tournament 2024 - 2025** held at Sports Development Authority of Tamil Nadu, Theni, on 17th September 2024.

Mr. S. Sabeer Ahamed	-	II B.Com. CA
Mr. M. Afsar	-	II B.A. Economics
Mr. S. Mohamed Abdul Jalil	-	II BBA
Mr. A. Shami Ul Haq	-	III B.Sc. Zoology
Mr. A. Irfan Pathan	-	II B.A. Economics

The **three Athletics Men Team** players who participated in the **Theni District Level Chief Minister's Trophy Athletics Men Competition 2024 - 2025** held at Sports Development Authority of Tamil Nadu, Theni, on 17th September 2024 are:

Mr. P. Vignesh	-	I B.Sc. Zoology
Mr. R. Ram Prasath	-	II B.A. Economics
Mr. M. Akash	-	I BBA

Meanwhile **Chess Men Team** players **Mr. A. Mohammedashraf, I B.Sc. Microbiology**, and **Mr. M. Mohamed Faizul, II M.A. History**, participated in the **Theni District Level Chief Minister's Trophy Chess Men Competition 2024 - 2025** held at Sports Development Authority of Tamil Nadu, Theni, on 17th September 2024.

Our **Football Men Team** comprising the following players secured **Place - II** in the **Theni District Level Chief Minister's Trophy Football Men Tournament 2024 - 2025** held at Nadar Saraswathi Higher Secondary School, Theni, on 17th and 18th September 2024.

Mr. M. Navaneethan	-	I BBA
Mr. R. Hariharan	-	I B.Sc. CS
Mr. A. Vijaysarathi	-	II B.A. Economics
Mr. A. Dravidan	-	III B.Com.
Mr. G. Kannan	-	III B.A. History
Mr. P. Manimuthu	-	II B.A. English
Mr. K. Jegan	-	III B.Com. Banking
Mr. R. Ayyanar	-	III B.Com. Banking
Mr. S. Raguraman	-	II M.A. English
Mr. R. RihayathulShalik	-	III B.Sc. CS
Mr. S. Anburaj	-	II M.A. Economics
Mr. V. Anbupriyan	-	II M.A. Economics
Mr. A. SahilAhamed	-	III B.A. History
Mr. A. Sharun	-	II B.Sc. CS
Mr. Sihabudeen	-	III B.Sc. CS
Mr. S. Kamalesan	-	III B.Com. CA
Mr. S. Karthikeyan	-	III B.Sc. IT
Mr. J. Antony	-	III B.A. History

The **Cricket Men Team** players who secured **Place - II** in the **Theni District Level Chief Minister's Trophy Cricket Men Tournament 2024 - 2025** held at ARR Police Ground, Theni, on 17th and 18th September 2024 are:

Mr. Muthukaruppasamy	-	I B.Com.
Mr. V. Ajai	-	I B.Sc. Microbiology
Mr. M. Suryadevan	-	I B.Sc. Microbiology
Mr. S. Nendras	-	I B.Com.
Mr. E. Dinesh	-	I B.Sc. IT
Mr. P. Yuvandharsan	-	II B.Com. CA
Mr. V. Sanjeev	-	III B.Sc. Physics
Mr. K. Sivakumar	-	II B.Com. Banking
Mr. B. BharathiKannan	-	II B.Com. Banking
Mr. S. Sabeen	-	III B.Com.
Mr. M. Mohamed Sameer	-	I M.Com. CA

Three Silambam Women Team players **Ms. T. Thanishka Thariq, I B.Com., Ms. H. Mazlina Fathima, I B.Sc. Microbiology,** and **Ms. R. Keerthika, I B.Com. Banking,** participated in the **Theni District Level Chief Minister's Trophy Silambam Women Competition 2024 - 2025** held at Sports Development Authority of Tamil Nadu, Theni, on 18th September 2024. While **Ms. H. Mazlina Fathima, I B.Sc. Microbiology,** secured **Place - I** in **Silambam** (Thodu Potti 70-75 kg Weight Category), **Ms. R. Keerthika, I B.Com. (Banking),** won the **Place - III** in **Silambam** (Thodu Potti 42-52 kg Weight Category) at the **Theni District Level Chief Minister's Trophy Silambam Women Competition 2024 - 2025.**

Ms. M. Abitha, I M.Com. (CA) bagged the **Place - II** in **Carrom - Singles** and the pair **Ms. R. Mareeswari, II B.Com. (Banking), & Ms. S. Monisha, I BBA,** won the **Place - I** in the **Carrom - Doubles** at the **Theni District Level Chief Minister's Trophy Carrom Women Competition 2024 - 2025** held at Sports Development Authority of Tamil Nadu, Theni, on 18th September 2024.

The following **Table Tennis Women Team** players participated in the **Theni District Level Chief Minister's Trophy Table Tennis Women Tournament 2024 - 2025** held at Sports Development Authority of Tamil Nadu, Theni, on 18th September 2024.

Ms. V. Swathi	-	III B.A. English
Ms. C. Harini	-	III B.A. Tamil
Ms. B. Priyanka	-	II B.Sc. Chemistry
Ms. T. Dharani	-	II B.Sc. Microbiology

The **Badminton Women Team** comprising the following players participated in the **Theni District Level Chief Minister's Trophy Badminton Women Tournament 2024 - 2025** held at Sports Development Authority of Tamil Nadu, Theni, on 18th September 2024.

Ms. R. Suba Prabha	-	I B.Com. Banking
Ms. K. Rajashri	-	I B.Sc. IT
Ms. S. Jayanisree	-	I B.Sc. Chemistry
Ms. J. Bhavatharini	-	II B.Com. Banking
Ms. P. Gayathri	-	II BBA
Ms. J. Satheessri	-	I B.A. History
Ms. A. Reshmika Pavulin	-	I B.Sc. Chemistry
Ms. J. Deepika	-	I BBA
Ms. R. Vishalini	-	I B.Sc. Chemistry

Our **Athletics Women Team** players who participated in the **Theni District Level Chief Minister's Trophy Athletics Women Competition 2024 - 2025** held at Sports Development Authority of Tamil Nadu, Theni, on 18th September 2024 are:

Ms. A. Srinithya	-	II B.Sc. Biochemistry
Ms. B. Suneha Fathima	-	III B.Com.
Ms. A. Sushmitha	-	I B.A. Economics
Ms. S. Raihana Barveen	-	I B.Com.
Ms. E. Yogitha	-	II B.Sc. CS
Ms. P. Sameem Sowbika	-	III B.A. English
Ms. J. Gayana Devi	-	I B.A. History
Ms. M. Jeya Sakthi	-	II B.Sc. Zoology
Ms. C. Swathi	-	I B.Sc. IT
Ms. S. Thilaga	-	I B.A. Tamil
Ms. P. Roobiya	-	II M.A. Tamil
Ms. Y. Jeniro Christina	-	II B.A. History

The following **five Carrom Women Team** players participated in the **Theni District Level Chief Minister's Trophy Carrom Women Competition 2024 - 2025** held at Sports Development Authority of Tamil Nadu, Theni, on 18th September 2024.

Ms. Muthuroshini	-	II B.Sc. CS
Ms. R. Mareeshwari	-	II B.Com. Banking
Ms. K. Anbarasi	-	I B.Sc. IT
Ms. S. Monisha	-	I BBA
Ms. M. Abitha	-	I M.Com. CA

Further the **Chess Women Team** with the following players participated in the **Theni District Level Chief Minister's Trophy Chess Women Competition 2024 - 2025** held at Sports Development Authority of Tamil Nadu, Theni, on 18th September 2024.

Ms. S. Vaishnavi	-	II B.Sc. Maths
Ms. R. Hemalatha	-	II B.Sc. Maths
Ms. M. Iniya Dharshini	-	I B.A. Tamil
Ms. T. Dhivyaasree	-	I B.Sc. CS

In addition to having participated in the **Theni District Level Chief Minister's Trophy Football Women Tournament 2024 - 2025** held at Sports Development Authority of Tamil Nadu, Theni, on 19th September 2024, **Ms. M. Gowsalya, III B.Sc. Microbiology**, represented the **Theni District Level CM Trophy Football Women Team** and participated in the **State**

Level CM Trophy Football Women Tournament 2024 - 2025 held at Jawaharlal Nehru Stadium, Chennai, from 13th to 15th October 2024.

Our **Volleyball Women Team** players secured **Place - IV** in the **Theni District Level Chief Minister's Trophy Volleyball Women Tournament 2024 - 2025** held at Sports Development Authority of Tamil Nadu, Theni, on 19th September 2024.

Ms. E. Yogitha	-	II B.Sc. CS
Ms. A. Srinithya	-	II B.Sc. Biochemistry
Ms. C. Harini	-	III B.A. Tamil
Ms. T. Dharani	-	II B.Sc. Microbiology
Ms. M. Jeyasakthi	-	II B.Sc. Zoology
Ms. S. Banusri	-	II B.Sc. Biochemistry
Ms. M. Rubika	-	I B.Com. Banking
Ms. Y. Jeniro Christina	-	II B.A. History
Ms. P. Roobiya	-	II M.A. Tamil
Ms. A. Susmitha	-	I B.A. Economics
Ms. R. Dharshini	-	I B.Com. Banking
Ms. R. Keerthana	-	II M.Com.

Our sportsmen **Mr. M. Yogesh, I BBA, Mr. N. Deepak, I BBA, and Mr. M. Bharath Ram, I BBA**, participated in the **Madurai Regional Level Chief Minister's Trophy Competition 2024 - 2025** held at Dr. M.G.R. Stadium, Madurai, on 19th September 2024. **Mr. M. Yogesh, I BBA**, secured **Place - III** in **Judo** (73kg Weight Category) and **Mr. N. Deepak, I BBA**, won the **Place - II** in **Judo** (66kg Weight Category). Furthermore, at the **Madurai Kamaraj University Intercollegiate Judo Men Competition 2024 - 2025** held at G.T.N. Arts College, Dindigul, on 05th October 2024 also **Mr. M. Yogesh, I BBA**, secured **Place - II** in **Judo** (73kg Weight Category) and **Mr. N. Deepak, I BBA**, bagged the **Place - II** in **Judo** (66kg Weight Category). **Mr. M. Yogesh** secured the **Bronze Medal** also in **Judo** (73kg Weight Category) at the **Tamil Nadu State Level Chief Minister's Trophy Judo Men Championship 2024 - 2025** held at Jawaharlal Nehru Stadium, Chennai, from 13th to 15th October 2024 as well as the **Place - II** at the **Tamil Nadu State Level Junior Judo Championship 2024 - 2025**. **Mr. N. Deepak** also won the **Place - III** at the **Tamil Nadu State Level Junior Judo Championship 2024 - 2025** and participated in **Judo** (66kg Weight Category) at the **Tamil Nadu State Level Chief Minister's Trophy Judo Men Championship 2024 - 2025** held at Jawaharlal Nehru Stadium, Chennai, from 13th to 15th October 2024. Similarly **Mr. M. Yogesh, I BBA**, secured **Place - II** in **Judo** (73kg Weight Category) and **Mr. N. Deepak, I BBA**, got **Place**

- **III** in **Judo** (66kg Weight Category) in the **Tamil Nadu State Level Junior Judo Championship 2024 - 2025** organized by Tamil Nadu Judo Association affiliated to Judo Federation of India held at Sports Development Authority of Tamil Nadu Indoor Stadium, Thoothukudi, from 19th to 22nd December 2024.

Mr. S. Shivesh, I B.Sc. Computer Science, participated in the **Madurai Regional Level Chief Minister's Trophy Boxing Men Competition 2024 - 2025** held at Dr. M.G.R. Sports Stadium, Madurai, on 23rd and 24th September 2024.

The **Ball Badminton Women Team** comprising the following players participated in the **Madurai Kamaraj University Intercollegiate Ball Badminton Women Tournament 2024 - 2025** held at Lady Doak College, Madurai, on 25th September 2024.

Ms. P. Sameem Sowbika	-	III B.A. English
Ms. A. Priya Dharshini	-	I B.Sc. IT
Ms. B. Suneha Fathima	-	III B.Com.
Ms. S. Raihana Barveen	-	I B.Com.
Ms. S. Monisha	-	I BBA
Ms. R. Mareeswari	-	II B.Com. Banking
Ms. J. Bhavatharini	-	II B.Com. Banking
Ms. S. Muthuroshini	-	II B.Sc. CS
Ms. M. Abitha	-	I M.Com. CA
Ms. G. S. Karunya	-	I B.Sc. Mathematics

The following **Table Tennis Men Team** players participated in the **Madurai Kamaraj University Zone - C Table Tennis Men Tournament 2024 - 2025** held at G.T.N. Arts College, Dindigul, on 25th September 2024.

Mr. S. Sabeen	-	III B.Com.
Mr. C. Kavin Prasath	-	III B.Com. Banking
Mr. N. Deepan	-	II B.Sc. Computer Science
Mr. S. Sangili Balaji	-	I B.Sc. Chemistry

Our **Ball Badminton Men Team** players who secured the **Runners - Up position** in the **Madurai Kamaraj University Zone - C Ball Badminton Men Tournament 2024 - 2025** held at SSM Arts and Science College, Dindigul, on 26th September 2024 are:

Mr. A. Shami Ul Haq	-	III B.Sc. Zoology
Mr. M. Peer Mohamed	-	III B.A. History
Mr. M. Mohamed Jasim	-	II B.A. Economics
Mr. S. Mohamed Thoufik	-	II B.A. Economics
Mr. M. Afsar	-	II B.A. Economics

Mr. S. Mohamed Abdul Jalil	-	II BBA
Mr. S. Sabeer Ahamed	-	II B.Com. CA
Mr. A. Faizul Rahman	-	II B.Sc. Microbiology

Mr. S. Sabeen, III B.Com., participated in the **Madurai Kamaraj University Zone - C Chess Men Competition 2024 - 2025** held at C. P. A College, Bodinayakanur, on 27th and 28th September 2024.

The following **Badminton Men Team** players secured the **Runners - Up position** in the **Madurai Kamaraj University Zone - C Badminton Men Tournament 2024 - 2025** held at C. P. A College, Bodinayakanur, on 27th and 28th September 2024.

Mr. A. Shami Ul Haq	-	III B.Sc. Zoology
Mr. M. Peer Mohamed	-	III B.A. History
Mr. S. Sabeer Ahamed	-	II B.Com. CA
Mr. M. Afsar	-	II B.A. Economics

Mr. S. Arulmurugan, I BBA, participated in the **Madurai Kamaraj University Intercollegiate Swimming Men Competition 2024 - 2025** held at Sports Development Authority of Tamil Nadu, Madurai, on 30th September 2024.

Our **Ball Badminton Men Team (Combined Team)** with the following players were the **Winners** at the **Madurai Kamaraj University Interzone Ball Badminton Men Tournament 2024 - 2025** held at Rajapalayam Rajus' College, Rajapalayam, on 1st October 2024.

Mr. A. Shami Ul Haq	-	III B.Sc. Zoology
Mr. M. Peer Mohamed	-	III B.A. History
Mr. M. Mohamed Jasim	-	II B.A. Economics
Mr. S. Mohamed Thoufik	-	II B.A. Economics
Mr. M. Afsar	-	II B.A. Economics
Mr. S. Mohamed Abdul Jalil	-	II BBA
Mr. S. Sabeer Ahamed	-	II B.Com. CA

The **Volleyball Women Team** players who participated in the **Madurai Kamaraj University Intercollegiate Volleyball Women Tournament 2024 - 2025** held at AKDR Arts and Science College, Rajapalayam, on 3rd October 2024 are:

Ms. S. Banu Sri	-	II B.Sc. Biochemistry
Ms. M. Rubika	-	I B.Com. Banking
Ms. E. Yogitha	-	II B.Sc. CS

Ms. M. JeyaSakthi	-	II B.Sc. Zoology
Ms. A. Srinithya	-	II B.Sc. Biochemistry
Ms. Y. Jeniro Christina	-	II B.A. History
Ms. C. Harini	-	III B.A. Tamil
Ms. T. Divya	-	II B.Sc. Zoology
Ms. R. Keerthika	-	I B.Com. Banking
Ms. R. Dharshini	-	I B.Com. Banking
Ms. R. Reena Sri	-	II B.Com. CA

The **Table Tennis Men Team** players **Mr. S. Sabeen, III B.Com.,** and **Mr. N. Deepan, II B.Sc. Computer Science,** participated in the **Madurai Kamaraj University Interzone Table Tennis Men Tournament** held at The American College, Madurai, on 04th October 2024.

Our **Volleyball Men Team** players secured the **Runners - Up position** in the **Madurai Kamaraj University Zone - C Volleyball Men Tournament 2024 - 2025** held at G.T.N. Arts College, Dindigul, on 8th October 2024.

Mr. S. Sangili Balaji	-	I B.Sc. Chemistry
Mr. M. Arunkumar	-	I B.A. Tamil
Mr. D. Deepak Moorthy	-	II M.A. History
Mr. J. Mathan Kumar	-	III B.A. Tamil
Mr. A. Mohammed Afrith	-	I B.Sc. Chemistry
Mr. N. Deepan	-	II B.Sc. CS
Mr. A. Afsal Ahmed	-	II B.Sc. Zoology
Mr. A. Charukesh	-	I BBA
Mr. N. Santhosh	-	II B.A. History

Furthermore, the **Football Men Team** players also participated in the **Madurai Kamaraj University Zone - C Football Men Tournament 2024 - 2025** held at G.T.N. Arts College, Dindigul, on 8th and 9th October 2024.

Mr. M. Navaneethan	-	I BBA
Mr. A. Vijaysarathi	-	II B.A. Economics
Mr. A. Dravidan	-	III B.Com.
Mr. G. Kannan	-	III B.A. History
Mr. P. Manimuthu	-	II B.A. English
Mr. K. Jegan	-	III B.Com. Banking
Mr. S. Raguraman	-	II M.A. English
Mr. S. Anburaj	-	II M.A. Economics
Mr. A. SahilAhamed	-	III B.A. History
Mr. A. Sharun	-	II B.Sc. CS
Mr. S. Kamalesan	-	III B.Com. CA
Mr. S. Karthikeyan	-	III B.Sc. IT

Mr. J. Antony

- III B.A. History

Mr. M. Kishore, II B.A. History, represented the **Theni District CM Trophy Silambam Men Team** and participated in the **State Level CM Trophy Silambam Men Competition 2024 - 2025** held at Tamil Nadu Physical Education and Sports University, Chengalpattu, from 08th to 10th October 2024.

While **Mr. K. Bharath, II BBA**, represented the **Theni District CM Trophy Kabaddi Men Team** and participated in the **State Level CM Trophy Kabaddi Men Tournament 2024 - 2025** held at Jawaharlal Nehru Stadium, Chennai, from 09th to 13th October 2024, **Mr. U. S. Sharuk, II B.Com.**, represented the **Theni District Level CM Trophy Athletics Men Competition** and participated in the **State Level CM Trophy Athletics Men Competition 2024 - 2025** held at Jawaharlal Nehru Stadium, Chennai, from 11th to 13th October 2024.

The following **Football Men Team Players** represented the **Theni District CM Trophy Football Men Team** and participated in the **State Level CM Trophy Football Men Tournament 2024 - 2025** held at Jawaharlal Nehru Stadium, Chennai, from 13th to 15th October 2024.

Mr. G. Kannan

- III B.A. History

Mr. S. Raguraman

- II M.A. English

Mr. A. Sahil Ahamed

- III B.A. History

Our **Kabaddi Men Team** comprising the following players participated in the **Madurai Kamaraj University Zone - C Kabaddi Men Tournament 2024 - 2025** held at G.T.N. Arts College, Dindigul, on 16th October 2024.

Mr. S. Ruthramoorthy

- I B.A. Tamil

Mr. R. Deivendran

- I B.A. History

Mr. S. Saranesh

- I B.Sc. IT

Mr. M. Yogesh

- I BBA

Mr. K. Bharath

- II BBA

Mr. N. Yogesh

- I BBA

Mr. P. Yugesh

- I BBA

Mr. S. Kishore Bala

- I BBA

Mr. M. Bharath Ram

- I BBA

Mr. G. Thirusath

- I BBA

Mr. M. Kalaiselvan

- I BBA

Mr. S. Arulmurugan

- I BBA

Mr. V. Malaisamy

- II B.A. Economics

Mr. S. Mohamed Asif

- III B.A. History

Mr. S. Sridhar - II M.A. Tamil

The **Volleyball Men (Combined Team)** players who secured **Place - I** in the **Madurai Kamaraj University Interzone Volleyball Men Tournament 2024 - 2025** held at ANJA College, Sivakasi, on 16th and 17th October 2024 are:

Mr. S. Sangili Balaji	-	I B.Sc. Chemistry
Mr. M. Arunkumar	-	I B.A. Tamil
Mr. D. Deepak Moorthy	-	II M.A. History
Mr. J. Mathan Kumar	-	III B.A. Tamil
Mr. A. Mohammed Afrith	-	I B.Sc. Chemistry
Mr. N. Deepan	-	II B.Sc. CS
Mr. A. Afsal Ahmed	-	II B.Sc. Zoology
Mr. A. Charukesh	-	I BBA
Mr. N. Santhosh	-	II B.A. History

Meanwhile the **Kabaddi Women Team** players participated in the **Madurai Kamaraj University Intercollegiate Kabaddi Women Tournament 2024 - 2025** held at Rajapalayam Rajus' College, Rajapalayam, on 17th October 2024.

Ms. S. Banu Sri	-	II B.Sc. Biochemistry
Ms. A. Srinithya	-	II B.Sc. Biochemistry
Ms. A. Sushmitha	-	I B.A. Economics
Ms. R. Hemavarna	-	II B.Sc. Chemistry
Ms. Y. Jeniro Christina	-	II B.A. History
Ms. M. Aarthi	-	II B.Com. Banking
Ms. P. Roobiya	-	II M.A. Tamil
Ms. E. Elakkiya	-	II B.Com. Banking
Ms. A. Priyadharshini	-	II B.Sc. Chemistry
Ms. C. Harini	-	III B.A. Tamil
Ms. M. Parameshwari	-	II B.A. English
Ms. E. Yogitha	-	II B.Sc. CS

Badminton Men Team players **Mr. A. Shami Ul Haq, III B.Sc. Zoology**, and **Mr. S. Sabeer Ahamed, II B.Com. CA**, participated in the **Madurai Kamaraj University Interzone Badminton Men Tournament 2024 - 2025** held at The American College, Madurai, on 18th October 2024.

Ms. R. Mareeshwari, II B.Com. Banking, and **Ms. S. Monisha, I BBA**, represented the **Theni District CM Trophy Carrom Women Team** and participated in the **State Level Chief**

Minister's Trophy Carrom Women Competition 2024 - 2025 held at Sports Development Authority of Tamil Nadu, Trichy, from 18th to 20th October 2024.

Mr. M. Arunkumar, I B.A. Tamil, represented the **Theni District CM Trophy Volleyball Men Team** and participated in the **State Level CM Trophy Volleyball Men Tournament 2024 - 2025** held at Jawaharlal Nehru Stadium, Chennai, from 19th to 22nd October 2024.

Our **Cricket Men Team** players **Mr. M. Mohamed Sameer, I M.Com. CA**, and **Mr. V. Sanjeev, III B.Sc. Physics**, represented the **Theni District CM Trophy Cricket Men Team** and participated in the **State Level CM Trophy Cricket Men Tournament 2024 - 2025** held at Sports Development Authority of Tamil Nadu, Chennai, from 19th to 22nd October 2024.

The **Kabaddi Men Team** players (**Combined Team**) **Mr. S. Mohamed Asif, III B.A. History** and **Mr. M. Yogesh, I BBA** participated in the **Madurai Kamaraj University Interzone Kabaddi Men Tournament 2024 - 2025** held at Rajapalayam Rajus' College, Rajapalayam, on 22nd and 23rd October 2024.

Three of our **Chess Men Team** players **Mr. S. Sabeen, III B.Com.**, **Mr. A. Mohammedashraf, I B.Sc. Microbiology**, and **Mr. M. Mohamed Faizul, II M.A. History**, participated in the **Madurai Kamaraj University Interzone Chess Men Competition 2024 - 2025** held at The American College, Madurai, on 24th and 25th October 2024.

The following **Football Men Team** players (**Combined Team**) participated in the **Madurai Kamaraj University Interzone Football Men Tournament 2024 - 2025** held at VHNSN College, Virudhunagar, on 28th and 29th October 2024.

Mr. A. Vijaysarathi	-	II B.A. Economics
Mr. M. Navaneethan	-	I BBA
Mr. G. Kannan	-	III B.A. History
Mr. A. Sahil Ahamed	-	III B.A. History

It is a moment of pride for the Institution as **Mr. G. Prabhakaran, II M.A. History**, has received the **World Record Award** from **The Cholan Book of World Records for the Double Silambam Sticks while Blindfolded and Standing on One Leg in Silambam** organized by the Semmai Silambam and Adimurai Academy, Chinnamanur, on 24th November 2024. He secured

the **Place - I** in **Silambam (Single Stick and Weapon event)** at the **State Silambam Championship 2025** organized by Star Sports Academy at Theni Arts and Science College, Veerapandi, Theni, on 09th February 2025.

Similarly **Mr. S. Lakshman, II B.A. Tamil**, participated in the **Mass World Record of World's Largest Silambam 30 Minutes in Multiple Locations across the World** organized by Guinness Book of World Records at Jeyam Avenue Ground, Thuraiyur, Trichy, on 09th February 2025.

The **Athletics Women Team** with the following athletes participated in the **Madurai Kamaraj University Intercollegiate Athletic Women Competition 2024 - 2025** held at NPR College, Natham, Dindigul, on 05th and 06th December 2024.

Ms. M. Jeya Sakthi	-	II B.Sc. Zoology
Ms. C. Swathi	-	I B.Sc. IT
Ms. B. Suneha Fathima	-	III B.Com.
Ms. S. Raihana.Barveen	-	I B.Com.
Ms. P. Sameem.Sowbika	-	III B.A. English

Similarly the **Athletics Men Team** also participated in the **Madurai Kamaraj University Intercollegiate Athletic Men Competition 2024 - 2025** held at NPR College, Natham, Dindigul, on 05th and 06th December 2024.

Mr. K. Shoban	-	II B.A. History
Mr. S. Gnana Clement	-	II M.Com. CA
Mr. M. Akash	-	I BBA
Mr. U.S. Sharuk	-	II B.Com.
Mr. S. Ajaykumar	-	I B.Sc. IT
Mr. J. Imran Barith	-	II BBA
Mr. V. Sanjay	-	II BBA

The **Cricket Men Team** comprising the following players participated in the **Madurai Kamaraj University Zone - C Cricket Men Tournament 2024 - 2025** held at G.T.N. Arts College, Dindigul, on 06th January 2025.

Mr. S. Nendras	-	I B.Com.
Mr. E. Dinesh	-	I B.Sc. IT
Mr. P. Yuvandharsan	-	II B.Com. CA
Mr. V. Sanjeev	-	III B.Sc. Physics
Mr. K. Jegan	-	III B.Com. Banking
Mr. B. Bharathi Kannan	-	II B.Com. Banking
Mr. S. Sabeen	-	III B.Com.

Mr. B. Avinesh Karthick Raaj -	I B.A. Economics
Mr. M. Mohamed Sameer -	I M.Com. CA

Our **Shooting Men Team** players who participated in the **Madurai Kamaraj University Intercollegiate Shooting Men Competition 2024 - 2025** held at Madurai Rifle Club, Madurai, on 10th December 2024 are:

Mr. R. Santhoshkumar	-	III B.Com.
Mr. D. Prabhakaran	-	III B.Com.
Mr. S. Suman	-	III B.A. History
Mr. E. Harisankar	-	II B.Sc. Physics
Mr. S.Naga Arjun	-	II B.Sc. Mathematics

Mr. S. Suman, III B.A. History, secured **Place - IV** in **Shooting Event (50 Meters 3 Position Rifle)** in the **Madurai Kamaraj University Intercollegiate Shooting Men Competition 2024 - 2025** held at Madurai Rifle Club, Madurai, on 10th December 2024. He represented the **Madurai Kamaraj University Shooting Men Team** and participated in the **All India Interuniversity Shooting Air Rifle and Air Pistol Men Competition 2024 - 2025** held at Panjab University, Chandigarh, Punjab, from 08th to 18th January 2025.

At the **Madurai Kamaraj University Intercollegiate Shooting Women Competition 2024 - 2025** held at Madurai Rifle Club, Madurai, on 10th December 2024, **Ms. T. Kirubhasri, III B.Sc. IT**, secured **Place - II** in **Shooting (50mts 3 position Rifle)**. **Ms. R. Hemavarna, II B.Sc. Chemistry**, bagged the **Place - III** in **Shooting (Air Pistol)** and **Ms. G. Jeevasakthi, II B.A. History**, won the **Place - II** in **Shooting (Air Rifle)**. However **Ms. T. Kirubha Sri, III B.Sc. IT**, **Ms. G. Jeevasakthi, II B.A. History**, and **Ms. R. Hemavarna, II B.Sc Chemistry** representing the **Madurai Kamaraj University Shooting Women Team** participated in the **All India Interuniversity Shooting Air Rifle and Air Pistol Women Competition 2024 - 2025** held at Panjab University, Chandigarh, Punjab, from 08th to 18th January 2025.

Mr. M. Arunkumar, I B.A. Tamil, represented the **Madurai Kamaraj University Volleyball Men Team** and participated in the **South Zone Interuniversity Volleyball Men Tournament** held at University of Kerala, Thiruvananthapuram, Kerala, from 17th to 22nd December 2024.

Our **Kabaddi Men Team** with the following players participated in the **Open Level State Junior and Senior Kabaddi Men Tournament** held at Dharapuram, from 24th to 26th January 2025.

Mr. S. Ruthramoorthy	-	I B.A. Tamil
Mr. R. Deivendran	-	I B.A. History
Mr. M. Yogesh	-	I BBA
Mr. K. Bharath	-	II BBA
Mr. N. Yogesh	-	I BBA
Mr. M. Bharath Ram	-	I BBA
Mr. M. Kalaiselvan	-	I BBA
Mr. V. Malaisamy	-	II B.A. Economics
Mr. S. Mohamed Asif	-	III B.A. History
Mr. S. Sathriyan	-	II B.Com. CA

The **Kabaddi Men Team** players who participated in the **State Level Intercollegiate Kabaddi Men Tournament** held at Sri Sai Bharath College of Arts and Science, Navamarathupatty, Dindigul, on 14th and 15th February 2025 are:

Mr. R. Deivendran	-	I B.A. History
Mr. M. Yogesh	-	I BBA
Mr. K. Bharath	-	II BBA
Mr. N. Yogesh	-	I BBA
Mr. M. Bharath Ram	-	I BBA
Mr. M. Kalaiselvan	-	I BBA
Mr. V. Malaisamy	-	II B.A. Economics
Mr. S. Sathriyan	-	II B.Com. CA
Mr. S. Kamalesh	-	I B.A. Tamil
Mr. M. Karnesh	-	I B.A. Economics
Mr. S. Ruthramoorthy	-	I B.A. Tamil
Mr. K. Mohamed Rasick	-	III B.A. History

Further, our **Skating** players were the **Winners** at the **Madurai Kamaraj University Intercollegiate Skating Competition 2025** held at MS Sports Academy, Youth Skating Academy, Sivagangai, on 14th March 2025. **Ms. K. Prithika, II B.Com. (Banking)**, secured **Place - I** in **10000mts Rink Race**, **Place - II** in **1000mts Rink Race**, **Place - II** in **1 Lap Road Race**, and **Place - III** in **10000mts Road Race**. **Ms. E. Yogitha, II B.Sc. Computer Science**, bagged the **Place - II** in **10000mts Rink Race**, **Place - II** in **10000mts Road Race** as well as **Place - III** in **1 Lap Road Race**. **Mr. P. Vimal, III B.Com. (Banking)**, secured **Place - I** in **1000mts Rink Race**, **Place - III** in **1 Lap Road Race** and **Place - III** in **10000mts Road Race**.

Mr. S. Sanjith Kanna, I B.A. History, got the **Place - I** in **10000mts Rink Race**, **Place - II** in **500mts Rink Race** and **Place - II** in **10000mts Road Race** as well. **Mr. C. Kavin Prasath, III B.Com. (Banking)**, won the **Place - I** in **1 Lap Road Race**.

Dr. B. Akbar Ali, Director of Physical Education, presented papers entitled **“Effect of Yogic Practices on Selected Physiological Variables among Gymnast Boys”** and **“Impact of Yogic Practices on Selected Physiological Variables among College Level Men Kabaddi Players”** at the International Conference on Recent Trends in Sports and Yogic Sciences - ICRTSY organized by the Department of Physical Education and Health Sciences, Alagappa University College of Physical Education, Alagappa University, Karaikudi, Tamil Nadu, on 26th & 27th March 2024. At the International Conference on Physical Education and Yoga organized by the Department of Physical Education, G.T.N. Arts College, Dindigul, Tamil Nadu, on 27th March 2024, he presented two papers entitled **“Effectiveness of Complex Training and Cross fit Training on Selected Physical and Physiological Parameter among College Women Volleyball Players”** and **“Effect of Gymnastic Training and Yogic Practices on Selected Physical Variables among Gymnast Boys”**. Further the papers entitled **“Effect of Yogic Practices on Systolic and Diastolic Blood Pressure among College Level Men Kabaddi Players”** and **“Relevance of Yoga and Sports in Modern Education System”** were also presented at the same International Conference on 28th March 2024. The paper entitled **“The Effect of Gymnastic Exercises on Balance and Co-ordination Abilities among School Gymnastics”** was presented by him at the International Conference - Enhancing Physical Education and Sports Performance through Sports Science Practices and Innovations organized by Tamil Nadu Physical Education and Sports University, Chennai, from 24th to 26th October 2024. Another paper entitled **“Effectiveness of Gymnastic Training in Developing Physical Variables for Pole Vault Athletes”** was presented in the International Conference on Sports Sciences Trends Challenges Innovations - 2025 organized by the Department of Physical Education, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, on 10th and 11th February 2025.

Meanwhile **Dr. Akbar Ali** acted as **Chief Guest** at Athayi Arabic & VAO Exam Training Academy, Cumbum, on 23rd July 2024 and was the **Guest of Honour** at the Zone - ‘B’

Sports Meet, organized by Alhikmah Matric Hr. Sec. School, Uthamapalayam, at Hajee Karutha Rowther Howdia College, Uthamapalayam, on 02nd September 2024. Further he was the **Guest of Honour** for the **5km Awareness Marathon “Stop Looking at your Phone Look Around You”** organized by the Crescent Matric Hr. Sec. School, Uthamapalayam, on 06th October 2024. Besides being the **Resource Person** for the **Association Inauguration** organized by Theni Kammavar Sangam College of Arts and Science, Koduvilarpatty, on 10th October 2024 he was also the **Chief Guest** of the **“CRESCENT FEST - 2024”** organized by the Crescent Matric Hr. Sec. School, Uthamapalayam, on 08th December 2024. In addition he was the **Resource Person** for the **Workshop “The Impact of Fitness on Academic Achievements”** organized by Health and Fitness Club, Hajee Karutha Rowther Howdia College, Uthamapalayam, on 24th January 2025 as well as for the **National Level Workshop “Yoga for Empowering Youth”** organized by Part-V Yoga Club, Hajee Karutha Rowther Howdia College, Uthamapalayam, held at Sunrise Point, Kanniyakumari, Tamil Nadu, on 23rd February 2025.

Dr. Akbar Ali not only participated in the **One-day National Level Workshop on Strengthening and Functional Training for Sports** organized by the Department of Physical Education, G.T.N. Arts College, Dindigul, in association with the KH3 Wellness Centre, Kancheepuram, on 17th August 2024, but also attended the **Chief Minister’s Trophy Meeting** at SDAT, Theni, on 6th September 2024, the **Sports Annual General Body Meeting** at Madurai Kamaraj University, Madurai, on 13th September 2024 and the **Madurai Kamaraj University Zone - C Annual General Body Meeting** at G.T.N. Arts College, Dindigul, on 20th September 2024. He was nominated as **Selection Committee Member** for selecting the Madurai Kamaraj University Basketball Men team and Volleyball Men team, the selection trials of which were held at VHNSN College, Virudhunagar, on 09th and 10th October 2024 and ANJA College, Sivakasi, on 16th and 17th October 2024 respectively. He was also nominated as **Selection Committee Member** for selecting the Madurai Kamaraj University Skating Men Team. The selection trials were held on 14th March 2025 at MS Sports Academy, Youth Skating Academy, Sivagangai.

Furthermore **Dr. B. Akbar Ali** was nominated as a **Coach cum Team Manager** of the **Madurai Kamaraj University Fencing Men and Women Teams** for the **All India Interuniversity Fencing Men Competition** held at University of Jammu, Jammu and Kashmir from 02nd to 14th November 2024, **Madurai Kamaraj University Judo Women Team** for the **South West Zone Interuniversity Judo Women Competition** held at LNCT University, Bhopal, Madhya Pradesh, from 21st to 24th November 2024, **Madurai Kamaraj University Judo Men Team** for the **South West Zone Interuniversity Judo Men Competition** held at LNCT University, Bhopal, Madhya Pradesh, from 25th November to 1st December 2024 as well as **Madurai Kamaraj University Volleyball Men Team** for the **South Zone Interuniversity Volleyball Men Tournament 2024 - 2025** held at University of Kerala, Thiruvananthapuram, Kerala, from 17th to 22nd December 2024. He was also nominated as **Team Manager** of the **Madurai Kamaraj University Shooting Men and Women Teams** for the **All India Interuniversity Air Rifle and Air Pistol Shooting Competition 2024 - 2025** held at Panjab University, Chandigarh, Punjab, from 08th January to 18th January 2025.

Mega Sports Competition Inauguration

The Inaugural Ceremony of the **Mega Sports Competition** was conducted at the Sports Pavilion of our College on 04th February 2025 at 10.00 am.

The Secretary and Correspondent Hajee M. Dharvesh Mohideen, President Hajee S. Mohamed Meeran, Principal Hajee Dr. H. Mohamed Meeran, Members of the Managing Committee, Deans, HoDs, Teaching and Non-Teaching Staff, as well as Students attended the inauguration ceremony. Six different teams comprising three Men teams and three Women teams with different names and logos from I, II, III UG and PG students were introduced on the occasion.

- Gujarat Titans (I year Men Students)
- Delhi Capitals (II year Men Students)
- Chennai Super Kings (III year & PG Men Students)
- Kolkata Knight Riders (I year Women Students)
- Mumbai Indians (II year Women Students)
- Royal Challengers Bengaluru (III year & PG Women Students)

Dr. B. Akbar Ali, Director of Physical Education, welcomed the gathering. The inaugural speech was delivered by our Principal Hajee Dr. H. Mohamed Meeran and the felicitation speech was rendered by our Secretary and Correspondent Hajee M. Dharvesh Mohideen. Our President Hajee S. Mohamed Meeran graced the occasion. The Sports Meet was declared open by our dignitaries and faculty members with colourful blasts. Following the ceremony, Inter-year Athletics competitions were conducted for both Men and Women teams.

Inter-year matches were conducted in **11 games for Men students** and in **9 games for Women students** during the months of **January 2025** and **February 2025**. Around 780 Men and Women students participated in various events. In addition to that, around 397 Men and Women Athletes competed in 15 Athletic events such as Heats, Trials and Finals of various events.

69th Sports Day

Every year **Sports Day** is organized in a grand manner. This Academic Year also the **69th Sports Day** was celebrated on **7th April 2025** with **Mr. V. Devarajan, Olympian, World Cup Medalist and Arjuna Awardee** as **Chief Guest**. Our Secretary and Correspondent Hajee M. Dharvesh Mohideen as well as our President Hajee S. Mohamed Meeran graced the occasion with their presence. While the Welcome Address was rendered by our Principal Hajee Dr. H. Mohamed Meeran, the Sports Annual Report of the Academic Year 2024 - 2025 was presented by Dr. B. Akbar Ali, Director of Physical Education. The Members of the Managing Committee, Family Members of our Founder, Deans, HoDs, Former Principals, Former Physical Education Director, Teaching and Non - Teaching Staff, Invitees, as well as Students were present at the Sports Day celebration. Medals and Certificates were distributed to Winners and Runners - Up of all the Games and Athletics. Rolling Trophies were awarded to the Overall Team, Men and Women Champions separately. Special Trophies were also awarded to University Blues and Best Sportsmen – Men and Women.

Dr. B. Akbar Ali
Director of Physical Education