

Hajee Karutha Rowther Howdia College

Uthamapalayam (Post), Theni (District), Pin code – 625533.

Sports Report for the Academic Year 2020 – 2021 From June 2020 – June 2021

The Department of Physical Education, Hajee Karutha Rowther Howdia College, Uthamapalayam organized “**International Yoga Day Celebrations**”. from **20th June 2020 to 23rd June 2020**.

The Department of Physical Education, Hajee Karutha Rowther Howdia College, Uthamapalayam organized “**Online International Level Sports Guess competition**”. from **22nd July 2020 to 30th July 2020**.

Mr. R. Jeya Balaji, III B.Com received **Shathanaiyalar (Kanavu Manavar) Achievers Award 2020** organized by **Dr. Abdul kalam Kalvi & Arakattalai, Sengalpattu** on **27th July 2020**.

Dr. B. Akbar Ali, Director of Physical Education Published two Books on **Ideal Concepts of Health 6-60** and **Yoga for Fitness** in Shanlax Publications on **July 2020**.

Dr. B. Akbar Ali, Director of Physical Education Nominated as an organizing committee member of **1st ever virtual WORLD RECORD** event titled of “**TRUE & HEALTH work out challenge**” **Asia’s largest fitness event** where in maximum people performed a workout routine virtually together organized by the **National Youth Council of India, New Delhi** on **09th August 2020**, recorded in the **ASIA BOOK OF RECORDS**.

Hajee Karutha Rowther Howdia College Sports Students Participated in the **1st ever virtual WORLD RECORD** event titled of “**TRUE & HEALTH work out challenge**” **Asia’s largest fitness event** where in maximum people performed a workout routine virtually together organized by the **National Youth Council of India, New Delhi** on **09th August 2020**, recorded in the **ASIA BOOK OF RECORDS**.

Dr. B. Akbar Ali, Director of Physical Education participate in the **National Building Project, India’s** Largest Career Guidance Digital Conference to create 1 Million Career Coaches addressing world Employment Crisis due to Artificial Intelligence and COVID-19, INITIATED BY 3G Institute of Research & Policy Studies, IIT Madras Research Park on “**A Vision to give Free Career Guidance to 315 Million Indian Students to Build India to Serve the World**” **19 August 2020**.

Dr. B. Akbar Ali, Director of Physical Education Acted as a Resource Person - **Students Induction Programme** for first year UG students regarding Physical activity on **10th September 2020**.

Mr. H. Ashiq, II B.B.A, and Mr. K. Mohamed Thasthashir, I B.A Arabic Secured Place III in Theni District Badminton Men Tournament, held at S.S Badminton Shuttlers Club, Theni from 24th to 25th October 2020.

Dr. B. Akbar Ali, Director of Physical Education received International Achievers Award Yuva Bharathi Award 2020 organized by Patanjali College of yoga & research centre, Chennai, Tamilnadu, India on 22nd November 2020.

Mr. H. Ashiq, II B.B.A, and Mr. K. Mohamed Thasthashir, I B.A Arabic Secured Place II in Badminton Championship Men Tournament, held at Shree Rukmani Memorial, Udumalaipattai from 28th to 29th November 2020.

Mr. H. Ashiq, II B.B.A, and Mr. K. Mohamed Thasthashir, I B.A Arabic Secured Place II in State Level Open Non-Medalist Badminton Tournament (Doubles), held at R.R.C. Badminton & Cumbum Badminton Academy (CBA), Cumbum on 12th December 2020.

Mr. H. Ashiq, II B.B.A, and Mr. K. Mohamed Thasthashir, I B.A Arabic Secured Place III in Open Non-Medalist Men's Doubles Badminton Tournament, held at Gandhiji Poonga Road, Nondikovilpatti, Melur, Madurai on 27th December 2020.

Mr. H. Ashiq, II B.B.A, and Mr. K. Mohamed Thasthashir, I B.A Arabic Secured Place II in Avinasi Badminton Tournament Open Pure Non Medalist, held at, Madurai on 27th December 2020.

Mr. H. Ashiq, II B.B.A, and Mr. K. Mohamed Thasthashir, I B.A Arabic Secured Place I in Pure Non Medalist Badminton Men Open Tournament (Doubles), held at Rotary Club of Kumarapalayam, Kumarapalayam from 09th 10 January 2021.

Mr. H. Ashiq, II B.B.A, and Mr. K. Mohamed Thasthashir, I B.A Arabic Secured Place II in State Level Open (B. Level Match A.R. Rafeek Rolling Trophy held at Thopputhurai Badminton Association (TAB), Thopputhurai on 15th January 2021.

Ms. R. Vaishnavi, I B.A English, for Participating in the 34th Tamilnadu State Junior and Senior Open Athletic Championship organized by Virudhunagar District Athletic Association at Shivakasi from 22nd to 24th January, 2021.

I Place – Javelin Throw (Under 20 Girls)

II Place – Hammer Throw (Under 20 Girls)

II Place - Javelin Throw (Women Senior Category)

Mr. A.O. Sharun Kumar, III B.Com, Secured III Place in the 34th Tamilnadu State Junior and Senior Open Athletic Championship organized by **Virudhunagar District Athletic Association** at **Shivakasi** from **22nd to 24th January, 2021**.

Mr. H. Ashiq, II B.B.A, and Mr. K. Mohamed Thasthashir, I B.A Arabic Secured Place II in State Level Non Medalist Badminton Tournament held at **Freedom Academy & Sports, Cumbum** on **24th January 2021**.

Mr. H. Ashiq, II B.B.A, and Mr. K. Mohamed Thasthashir, I B.A Arabic Secured Place I in Penniquick Badminton Club (PBC)Tournament held at **Hed & Shefapark Silks ,Kattapannai, Cumbum** on **31stJanuary 2021**.

Ms. R. Vaishnavi, I B.A English, for Participating Javelin Throw 7th Position in the 36th National Junior Athletic Championships 2021 organized by **Sarusajai Stadium, Guwahati (Assam)** from **06th to 10th February, 2021**.

Dr. B. Akbar Ali, Director of Physical Education invited as a Chief Guest for Theni District Level Open Non Medalist and Under 15 Age Category Badminton Tounament organized by **Winner Badminton Academy, Cumbum, Tamil Nadu** on **14 February 2021**.

Mr. H. Ashiq, II B.B.A, and Mr. K. Mohamed Thasthashir, I B.A Arabic Secured II Place in the Theni District open Level Non Medalist Badminton Tournament held at **Winner Badminton Academy, Cumbum** on **14th February2021**.

Dr. B. Akbar Ali, Director of Physical Education Hajee Karutha Rowther Howdia College (Affiliated to Madurai Kamaraj University) Uthamapalayam, Tamilnadu, India. Has delivered a Special E-Lecture on "Leadership Quality" organized by **Post Graduate and Research Department of Econmics** held on **17th February, 2021**.

Mr. H. Ashiq, II B.B.A, and Mr. K. Mohamed Thasthashir, I B.A Arabic Secured I Place in the Theni District Badminton Tournament held at **Tamil Sports, Cumbum** from **27th to 28th February 2021**.

Ms. R. Vaishnavi, I B.A English, for Participating in the 32nd South Zone Junior Athletics Championship organized by **University of Calicut, Calicut, Kerala.** from **25th to 28th February 2021**.

Dr. B. Akbar Ali, Director of Physical Education **nominated as Team Manager** for the **Madurai Kamaraj University Athletics team to the World University Seleccion Trails for the Year 2021 (Men/Women) to be held at Kalinga Institute of Industrial Technology, KIIT Road, Patia, Bhubaneswar, Odisha from 07th March 2021 to 10th March 2021.**

Ms. R. Vaishnavi, I B.A English selected and represented as the **Madurai Kamaraj University Athletics team Secured V Place to the World University Seleccion Trails for the Year 2021 (Men/Women) to be held at Kalinga Institute of Industrial Technology, KIIT Road, Patia, Bhubaneswar, Odisha from 07th March 2021 to 10th March 2021.**

Mr. R. Jeya Balaji, III B.Com Secured **I Place** in the **Theni District Roller Skating Basketball Men Team in the Above 17 Age Category** and **Best Player Award** in the **State Level Roller Skating Basketball Championship** Organised by **Tamil Nadu Roller Skating Basketball Sport Association at Vidhya Parathi International Skating Rink, Dindigul, on 07th March 2021.**

Mr. H. Ashiq, II B.B.A, and **Mr. K. Mohamed Thasthashir**, I B.A Arabic Secured **II Place** in the **State Level Badminton Tournament** held at **Men's & Young Vetergan's 30+ Doubles Badminton Tournament, Salem on 14th March 2021.**