



## Dr. B. Akbar Ali

**B.A., B.P.Ed., M.P.Ed., M.Phil., Ph.D., NIS (Cert-VB & BB)**

Director of Physical Education

Hajee Karutha Rowther Howdia College

Uthamapalayam (Post), Theni (District),

Tamilnadu, India, Pin Code: 625533.

Mobile Number: 9444280612

Email ID: bakbarali80@gmail.com

Face Book ID – Akbar Ali

Messenger ID – Akbar Ali

Instagram ID – akbaralisports

### Academic Qualification:

Course	Institutions	University	Year of Passing
<b>B.A.</b>	St. Joseph's College, Trichy, Tamilnadu.	Bharathidasan University, Trichy, Tamilnadu.	April 2001
<b>B.P.Ed</b>	Y.M.C.A College of Physical Education, Chennai, Tamilnadu.	University of Madras, Chennai, Tamilnadu.	April 2002
<b>M.P.Ed</b>	Y.M.C.A College of Physical Education, Chennai, Tamilnadu.	University of Madras, Chennai, Tamilnadu.	April 2004
<b>M.Phil</b>	Annamalai University, Chidambaram, Tamilnadu.	Annamalai University, Chidambaram, Tamilnadu.	May 2006
<b>Ph.D</b>	Tamilnadu Physical Education and Sports University, Chennai, Tamilnadu.	Tamilnadu Physical Education and Sports University, Chennai, Tamilnadu.	December 2013
<b>NIS (Cert) Volleyball</b>	Lakshmi Bai College of Physical Education, Trivandrum, Kerala.	Lakshmi Bai College of Physical Education, Trivandrum, Kerala.	July 2002
<b>NIS (Cert) Basketball</b>	Sports Authority of India Nethaji Subash Eastern Centre, Kolkatta, West Bengal.	Sports Authority of India Nethaji Subash Eastern Centre, Kolkatta, West Bengal.	July 2003
<b>GYM Instructor</b>	Fitness Foundation Academy, Chennai, Tamilnadu.	Fitness Foundation Academy, Chennai, Tamilnadu.	March 2004
<b>State Technical Official</b>	Tamilnadu Amateur, Athletic Association, Chennai, Tamilnadu.	Tamilnadu Amateur, Athletic Association, Chennai, Tamilnadu.	February 2003

## Approved Research Guide:

**Approved Research Guide for Ph.D and M.Phil Physical Education**, Madurai Kamaraj University, Madurai, Tamilnadu.

## Book Published:

**Published Book on Ideal Concepts of Health 6-60** in Shanlax Publications, Tamilnadu, India on **July 2020**, ISBN: 978-93-90082-35-3

**Published Book on Yoga for Fitness** in Shanlax Publications, Tamilnadu, India on **July 2020**, ISBN: 978-93-90082-34-6

## Associate Editor:

**Associate Editor, International Journal of Physical, Yoga and Health Sciences**, Peer Reviewed – ISSN 2349-6312.

## Registered Member:

**Registered Member of Physical Education Foundation of India, New Delhi** (National Sports Promotion Organization) **recognized by Ministry of Youth Affairs and Sports, Government of India** from 11<sup>th</sup> June 2021 to 11<sup>th</sup> June 2022.

## Yoga Professionals:

**Approved Yoga Volunteer Certification Professionals** recognized by Yoga Certification Board, Fit India Movement, **Ministry of Ayush and Ministry of Youth Affairs & Sports, Government of India.**

**Platinum Yoga Teacher Certification** recognized by Yoga Certification Board, **Ministry of Ayush and Ministry of Youth Affairs & Sports, Government of India.**

## Online Certification Course:

- ♦ **Basic Yogic Exercise** Organized by **Bapumiya Sirajoddin Patel Arts, Commerce and Science College, Pimpalgaon Kale, Maharashtra** on 06.06.2020.
- ♦ **Covid Safe Sports Coaches and Officials Certification** Organized by **Coaching Council and the Martial Arts Industry Association, Australia** on 07.06.2020.
- ♦ **Psychological First Aid** Organized by **Coursera, Johns Hopkins University, United States** on 12.06.2020.
- ♦ **Covid-19 Contact Tracing** Organized by **Coursera, Johns Hopkins University, United States** on 12.06.2020.
- ♦ **Global Health: An Interdisciplinary Overview** Organized by **Coursera, Universite De Geneve, Switzerland** on 12.06.2020.

- ♦ **Science of Exercise** Organized by **Coursera, University of Colorado, United States** on 14.06.2020.
- ♦ **Yoga** Organized by **Poshan Abhiyaan, E-Learning ICMR-NIN Modules, Ministry of Women & Child Development, Government of India** on 29.06.2021.
- ♦ **Basic Nutrition** Organized by **Poshan Abhiyaan, E-Learning ICMR-NIN Modules, Ministry of Women & Child Development, Government of India** on 29.06.2021.
- ♦ **Food Fortification** Organized by **Poshan Abhiyaan, E-Learning ICMR-NIN Modules, Ministry of Women & Child Development, Government of India** on 29.06.2021.
- ♦ **Mother Health & Nutrition** Organized by **Poshan Abhiyaan, E-Learning ICMR-NIN Modules, Ministry of Women & Child Development, Government of India** on 29.06.2021.
- ♦ **Non Communicable Disease (NCDs)** Organized by **Poshan Abhiyaan, E-Learning ICMR-NIN Modules, Ministry of Women & Child Development, Government of India** on 29.06.2021.
- ♦ **Educational Leadership (Swayam-NPTEL Online Certification Course)**, Funded by the Ministry of HRD, Govt. of India) Organized by Indian Institute of Technology, Kharagpur from July to September 2021.

#### Awards:

- ♦ Received **International Yoga Achievers Award (Yoga Jothi Award 2021)** recognition of my **outstanding Contributions in the field of Yoga** organized by **Patanjali College of yoga & Research Centre, Chennai, Tamilnadu, India** on 21.06.2021.
- ♦ Received **International Achievers Award (YuvaBharathi Award 2020)** recognition of my **outstanding Contributions in the field of Physical Education** organized by **Patanjali College of yoga & Research Centre, Chennai, Tamilnadu, India** on 22.11.2020.
- ♦ Received **Best Yoga Seva Award** in **recognition of Futuristic and outstanding Contributions in Best Practices in the field of Education** by **DK International Research Foundation, Perumbalur** held at **Dhanalakshmi Srinivasan Hotel, Perambalur** on 27.05.2018.
- ♦ Received **Best Teacher Award (IlamYuvashree Kala Vibhusan)** in **recognition of my outstanding Contributions in the field of Physical Education** by **Patanjali College of Yoga and Research Centre, Chennai** (Affiliated to Tamilnadu Physical Education and Sports University) held at **St. John's College of Physical Education, Tirunelveli** on 07.01.2018.
- ♦ Received **Best Faculty in Rural Institution Award** in **recognition of my futuristic and outstanding Best Practices in the field of Physical Education** by **Arunai International Research Foundation, Tiruvanmalai** held at **Hotel Ambica Empire, Chennai** on 25.11.2017.
- ♦ Received **Best Physical Education Director Award** in **recognition of my outstanding contributions in the field of Physical Education** by **Pearl Foundation Educational Excellence Awards to Higher Education in India 2016**. The Award was conferred in the National Conference "Smart Summit-2016" (Science, Medicine, Agriculture, Research and Technology) on 10.12.2016 at **Fortune Pandian Hotel, Madurai**.
- ♦ Received **Best Teacher Award** for the Academic year **2011-12** in **Dhaanish Ahmed College of Engineering, Padappai, Chennai**.

## Other Credential / Responsibility:

- ◆ **Nominated as an Organizing Committee Member** of **1<sup>st</sup> ever virtual WORLD RECORD** event titled of **“TRUE & HEALTH work out challenge” Asia’s largest Fitness Event** where in maximum people performed a workout routine virtually together organized by the **National Youth Council of India, New Delhi** on **09.08.2020**, recorded in the **ASIA BOOK OF RECORDS**.
- ◆ Participated **WORLD RECORD Event - National Building Project, India’s Largest Career Guidance Digital Conference** to create 1 Million Career Coaches addressing world Employment Crisis due to Artificial Intelligence and COVID-19, Initiated by 3G Institute of Research & Policy Studies, IIT Madras Research Park on **“A Vision to give Free Career Guidance to 315 Million Indian Students to Build India to Serve the World”** on **19.08.2020**.
- ◆ Participated **WORLD RECORD Event – Indian’s Largest Psychology Virtual Conference** with 40+ Speakers, 3000+ College participation, 10,000+ registration and 3000+ Volunteers on a Mission to create an Artificial Intelligence integrated Psychology Platform Initiated by 3G Institute of Research & Policy Studies, IIT Madras Research Park from **30.01.2021 to 01.02.2021**.
- ◆ Participated **75 Crore Surya Namaskar** – in the **750 Million Suryanamaskar Challenge** for 21 days Organized on the auspicious occasion of the 75<sup>th</sup> Anniversary of Independence of India-Azadi Ka Amrit Mahotsav from **23.01.2022 to 12.02.2022**.
- ◆ **Nominated** as a **Selection Committee Member** to **select a Physical Education Teacher** (Permanent Post) for **Z. K. M Hr. Sec. School, Bodinayakkanur** on **30.08.2019**.
- ◆ Anna University Nominated **Anna University Zone IV- A Sports Secretary** for Coordinating all the Anna University Zone IV-A Tournaments **2010-2011 & 2011-2012**.
- ◆ Madurai Kamaraj University Nominated **Madurai Kamaraj University Zone-C Sports Convener** for coordinating all the Madurai Kamaraj University Zone-C Sports Tournaments **2015-2016, 2016-2017 and 2017-2018**.
- ◆ Madurai Kamaraj University Nominated **Scrutiny Committee Member** for **South Zone Inter University Badminton Men and Women Tournament 2016-2017** held at A.N.J.A College, Sivakasi from **03.10.2016 to 07.10.2016**.
- ◆ **Member** for **Sports Rules Framing Committee** in the Madurai Kamaraj University Inter-Collegiate Tournaments held at Madurai Kamaraj University, Madurai on **29.06.2016**.
- ◆ **Tamilnadu Young Olympian Association**, Affiliated to International Yoga Federation, has Nominated Theni District **Young Olympic Association Secretary** from **01.04.2020 to 30.03.2021**.
- ◆ **Yogasana Sports Association of Tamilnadu**, Affiliated to International Yoga Federation, has Nominated Technical Committee **Member** from **01.01.2021 to 01.01.2022**.
- ◆ Milestones at Hajee Karutha Rowther Howdia College with a history of 60 years of educating the students in and around rural areas of Uthamapalayam, Cumbum and Chinamanoor has around 1700 Women Students out of the total strength of 2700. In the history of HKRH College only in **my tenure I took the challenge of including Women Students to the Sports field** to achieve and enlighten the Women students in the field of Sports. Today more than **300 Women Students participate** in Madurai Kamaraj University Zone-C and Inter Zone Tournament and have also been successful in various events.

- ◆ As mark of yet another milestone in my career at **Hajee Karutha Rowther Howdia College** an exclusive **Sports Outdoor Gallery with a Capacity of 700 Audience** and a grand **Indoor Stadium with a Capacity of 1700 Audience** with the help of the UGC and Management.
- ◆ As an initiative to benefit my Students and Colleagues I have started a **Facebook Account** in the Name of **Sports-Hajee Karutha Rowther Howdia College** where they can get to know the day-to-day Sports events, Students Achievements, Sports Photos, Sports facilities are available in the Department of Physical Education.
- ◆ Added to this to encourage the oneness that Sports can bring **I have formed the Sports Alumni Association** of Hajee Karutha Rowther Howdia College where a neat record of the passed-out Students is updated and maintained. **Every year the Sports Alumni Association also conducts a get-together** before the Annual Sports Day is held in every year.

### Chairperson / Resource Person:

- ◆ **Resource Person** for the Certificate Course for UG and PG Students regarding in Physical Fitness Activity organized by **Hajee Karutha Rowther Howdia College** from **01.01.2018 to 06.03.2018**.
- ◆ **Resource Person** for the **International Yoga Day for Part V Yoga Club Students of Hajee Karutha Rowther Howdia College** organized by **Yoga Club** on **21<sup>st</sup> June 2019**. I created awareness among the students on the various asana of Yoga.
- ◆ **Resource Person** for the **Students Induction Programme** for First Year UG Students regarding Physical Activity organized by **Hajee Karutha Rowther Howdia College** on **24<sup>th</sup> June 2019**.
- ◆ **Resource Person** for the **Students Induction Programme** for First year UG students regarding Physical Activity organized by **Hajee Karutha Rowther Howdia College** on **10<sup>th</sup> September 2020**.
- ◆ **Resource Person** Delivered a Special E-Lecture on **"Leadership Quality"** organized by **Post Graduate and Research Department of Economics, The New College, Chennai** held on **17<sup>th</sup> February, 2021**.
- ◆ **Chairperson** for **One Day Multidisciplinary International e-Conference on Global Environmental Health and Sustainable Development** organized by the **Gondwana University, Gadchiroli, Maharashtra** on **20<sup>th</sup> August 2021**.

### Inter National Journals Published:

- ◆ **International Research Journal on Health Fitness and Sports Sciences** - "Efficacy of Yoga Nidra and Autogenic Training on Mood States among Inter Collegiate Level Cricket Players" **January 2013, ISSN No: 2320 – 5202, Volume 1, Issue – 1, Page No: 54-60**
- ◆ **International Journal of Sports Technology, Management and Allied Sciences** - "Effect of Varied Packages of Training on Selected Physical and Performance Variables among Volleyball Players at University Level" **October - December 2013, ISSN No: 2319 – 5274, Volume 2, Issue – 4, Page No: 90-101**
- ◆ **International Research Journal on Health Fitness and Sports Sciences** - "Isolated and Combined Effect of Swiss Ball and Medicine Ball Training on Selected Physical Fitness and Playing Ability Among Inter Collegiate Volleyball Players" **October 2013, ISSN No: 2320 – 5202, Volume 1, Issue – 2, Page No: 95-100**

## Coach / Team Manager:

- ♦ **Coach** for the **Anna University Zone IV Volleyball Men Combined Team** in the academic year 2006-2007.
- ♦ **Coach** for the **Anna University Zone IV Volleyball Men Combined Team** in the academic year 2007-2008.
- ♦ **Coach cum Team Manager** for the **Anna University Squash Men team** in the **All India Inter University** Squash Men Tournament held at Mumbai University, Mumbai in the Academic Year 2010-2011.
- ♦ **Team Manager** for the **Anna University Volleyball Men team** in the **South Zone Inter University** Volleyball Men tournament held at Bharathiar University, Coimbatore in the Academic Year 2011-2012.
- ♦ **Coach cum Team Manager** for the **B.S. Abdur Rahman University Ball Badminton Men Team** in the **All India Inter University** Ball Badminton Men Tournament held at Mangalore University, Mangalore in the Academic Year 2011-2012.
- ♦ **Coach cum Team Manager** for the **B.S. Abdur Rahman University Volleyball Men Team** in the **South Zone Inter University** Volleyball Men Tournament held at SRM University, Kattankulathur, Tamilnadu in the Academic Year 2012-2013.
- ♦ **Coach cum Team Manager** for the **B.S. Abdur Rahman University Badminton Men Team** in the **South Zone Inter University** Badminton Men Tournament held at Jawaharlal Nehru Technological University, Andhra Pradesh in the Academic Year 2012-2013.
- ♦ **Coach cum Team Manager** for the **B.S. Abdur Rahman University Tennis Men Team** in the **South Zone Inter University** Tennis Men Tournament held at Vijayawada, Andhra Pradesh in the Academic Year 2012-2013.
- ♦ **Coach cum Team Manager** for the **B.S. Abdur Rahman University Athletic Men Team** in the **All India Inter University** Athletic Competition held at University of Kalyani, Nadia, West Bengal in the Academic Year 2012-2013.
- ♦ **Coach cum Team Manager** for the **B.S. Abdur Rahman University Chess Men and Women Team** in the **South Zone Inter University** Chess Tournament held at SRM University, Kattankulathur, Tamilnadu in the Academic Year 2013-2014.
- ♦ **Coach cum Team Manager** for the **B.S. Abdur Rahman University Badminton Men Team** in the **South Zone Inter University** Badminton Tournament held at Manipal University, Manipal, Karnataka in the Academic Year 2013-2014.
- ♦ **Coach cum Team Manager** for the **B.S. Abdur Rahman University Foot Ball Men Team** in the **South Zone Inter University** Foot Ball Tournament held at Mahatma Gandhi University, Kottayam, Kerala in the Academic Year 2013-2014.
- ♦ **Coach cum Team Manager** for the **B.S. Abdur Rahman University Volleyball Men Team** in the **South Zone Inter University** Volleyball Tournament held at Sri Venkateswara University, Tirupati, Andhra Pradesh in the Academic Year 2013-2014.
- ♦ **Coach cum Team Manager** for the **Madurai Kamaraj University Volleyball Men Team** in the **South Zone Inter University Tournament**, held at Krishna University, Vijayawada in Andhra Pradesh from 8<sup>th</sup> to 12<sup>th</sup> October 2014.



- ♦ **Coach cum Team Manager** for the **Madurai Kamaraj University Volleyball Men Team** in the **South Zone Inter University Volleyball Tournament**, held at Andhra University, Vishakapattinam from 24<sup>th</sup> to 28<sup>th</sup> October 2015.
- ♦ **Official** for Jumping Events in the **Madurai Kamaraj University 50<sup>th</sup> Inter Collegiate Athletics Meet**, held at Dr. M.G.R Stadium, Madurai from 10<sup>th</sup> to 12<sup>th</sup> December 2015.
- ♦ **Team Manager** for the **Madurai Kamaraj University Cricket Men Team** in the **South Zone Inter University Cricket Tournament**, held at Saveetha University, Chennai from 19<sup>th</sup> to 22<sup>nd</sup> January 2016.
- ♦ **Coach cum Team Manager** for the **Madurai Kamaraj University Volleyball Men Team** in the **South Zone Inter University Volleyball Tournament** held at M.G University, Kerala from 1<sup>st</sup> to 5<sup>th</sup> December 2016.
- ♦ **Official** for **Track Event** in the **Madurai Kamaraj University Inter Collegiate Athletic Meet**, held at Dr. M.G.R Stadium, Madurai from 14<sup>th</sup> to 16<sup>th</sup> December 2016.
- ♦ **Coach Cum Team Manager** for the **Madurai Kamaraj University Boxing Women Team** in the **All India Inter University Boxing Women Competition** held at Lovely Professional University, Jalandhar, Punjab from 22<sup>nd</sup> January 2017 to 2<sup>nd</sup> February 2017.
- ♦ **Official** for **Track Event** in the **Madurai Kamaraj University Inter Collegiate Athletic Meet**, held at Dr. M.G.R Stadium, Madurai, Madurai from 4<sup>th</sup> to 6<sup>th</sup> December 2017.
- ♦ **Coach cum Team Manager** for the **Madurai Kamaraj University Volleyball Men Team** in the **South Zone Inter University Volleyball Tournament** held at SRM University, Chennai from 18<sup>th</sup> to 29<sup>th</sup> December 2017.
- ♦ **Coach cum Team Manager** for the **Madurai Kamaraj University Volleyball Men Team** in the **South Zone Inter University Volleyball Tournament** held at SRM University, Chennai from 9<sup>th</sup> to 14<sup>th</sup> November 2018.
- ♦ **Coach cum Team Manager** for the **Madurai Kamaraj University Boxing Men Team** in the **All India Inter University Boxing Men Competition** held at Janaradan Rai Nagar, Rajasthan from 21<sup>st</sup> to 28<sup>th</sup> February 2019.
- ♦ **Time Keeper** for the **Madurai Kamaraj University 54<sup>th</sup> Inter Collegiate Athletics Meet** held at Dr. M.G.R Stadium, Madurai from 17<sup>th</sup> to 18<sup>th</sup> October 2019.
- ♦ **Team Manager** for the **Madurai Kamaraj University Volleyball Men Team** in the **South Zone Inter University Tournament** held at Krishna University, Vijayavada, Andhra Pradesh from 26<sup>th</sup> to 30<sup>th</sup> November 2019.
- ♦ **Coach** for the **Madurai Kamaraj University Boxing Men Team** in the **All India Inter University Boxing Competition** held at Samrat Prathviraj Chauhan College, Baghpat, Meerut, Uttar Pradesh from 24<sup>th</sup> December 2019 to 03<sup>rd</sup> January 2020.
- ♦ **Athletic Event Organizer** of **Theni District Level Chief Minister's Trophy** held at Sports Development Authority of Tamilnadu, Theni from 15<sup>th</sup> to 16<sup>th</sup> February 2020.
- ♦ **Coach cum Team Manager** for the **Madurai Kamaraj University Athletics team** in the **Indian University Athletic Team Selection Trials for World University Games Athletic 2021 (Men / Women)** to be held at Kalinga Institute of Industrial Technology, KIIT Road, Patia, Bhubaneswar, Odisha from 07<sup>th</sup> to 10<sup>th</sup> March 2021.

- ♦ **Time Keeper** for the **Madurai Kamaraj University 56<sup>th</sup> Inter Collegiate Athletics Meet** held at Dr. M.G.R Stadium, Madurai from 15<sup>th</sup> to 16<sup>th</sup> December 2021.
- ♦ **Coach cum Team Manager** for the **Madurai Kamaraj University Volleyball Men Team** in the **South Zone Inter University Tournament** held at SRM University, Chennai, Tamilnadu from 17<sup>th</sup> to 23<sup>rd</sup> December 2021.
- ♦ **Coach cum Team Manager** for the **Madurai Kamaraj University Boxing Men Team** in the **All India Inter University Competition** held at Lovely Professional University, Jalandhar, Punjab from 24<sup>th</sup> December 2021 to 04<sup>th</sup> January 2022.

#### Selection Committee Member:

- ♦ **Selection Committee** Member for **Anna University Zone IV Volleyball Men team** in the academic year 2006-2007.
- ♦ **Selection Committee** Member for **Anna University Zone IV Athletic Men and Women teams** in the academic year 2006-2007.
- ♦ **Selection Committee** Member for **Anna University Zone IV Volleyball Men team** in the academic year 2007-2008.
- ♦ **Selection Committee** Member for **Anna University Zone IV Badminton Men team** in the academic year 2007-2008.
- ♦ **Selection Committee** Member for **Anna University Zone IV Volleyball Men team** in the academic year 2009-2010.
- ♦ **Selection Committee** Member for **Anna University Table Tennis Men & Women teams** in the academic year 2009-2010.
- ♦ **Selection Committee** Member for **Anna University Zone IV Basketball Men team** in the academic year 2009-2010.
- ♦ **Selection Committee** Member for **Anna University Zone IV– A Athletic Men & Women teams** in the academic year 2010-2011.
- ♦ **Selection Committee** Member for **Anna University Tennis Men team** in the academic year 2010-2011.
- ♦ **Selection Committee** Member for **Anna University Volleyball Men team** in the academic year 2011-2012.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Zone-C Volleyball Men team** in the Zone-C Volleyball Men Tournament, held at G.T.N Arts College, Dindigul from 7<sup>th</sup> to 8<sup>th</sup> August 2014.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Volleyball Men team** in the Inter Zone Volleyball Men Tournament, held at American College, Madurai from 21<sup>st</sup> to 23<sup>rd</sup> August 2014.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Hockey Men team** in the Inter Zone Hockey Men Tournament, held at American College, Madurai from 15<sup>th</sup> to 17<sup>th</sup> October 2014.



- ♦ **Selection Committee** Member for **Madurai Kamaraj University Zone-C Volleyball Men team** in the Zone-C Volleyball Men Tournament, organized by Hajee Karutha Rowther Howdia College, held at Uthamapalayam from 17<sup>th</sup> to 18<sup>th</sup> August 2015.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Volleyball Men team** in the Inter Zone Volleyball Men Tournament, held at SVN College, Madurai from 9<sup>th</sup> to 11<sup>th</sup> September 2015.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Zone-C Ball Badminton Men team** in the Zone-C Ball Badminton Men Tournament, held at Madurai Kamaraj University, Madurai on 21<sup>st</sup> September 2015.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Hockey Men team** in the Inter Zone Hockey Men Tournament, held at Race Course Ground, Madurai from 21<sup>st</sup> to 22<sup>nd</sup> November 2015.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Zone-C Volleyball Men team** in the Zone-C Volleyball Men Tournament, held at GTN Arts College, Dindigul from 30<sup>th</sup> to 31<sup>th</sup> August 2016.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Volleyball Men team** in the Inter Zone Volleyball Men Tournament, held at The American College, Madurai from 6<sup>th</sup> to 8<sup>th</sup> September 2016.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Zone-C Ball Badminton Men team** in the Zone-C Ball Badminton Men Tournament, held at GTN Arts College, Dindigul on 26<sup>th</sup> September 2016.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Hockey Men team** in the Inter Zone Hockey Men Tournament, held at The American College, Madurai from 28<sup>th</sup> to 30<sup>th</sup> September 2016.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Zone-C Cricket Men team** in the Zone-C Cricket Men Tournament, held at Hajee Karutha Rowther Howdia College, Uthamapalayam from 13<sup>th</sup> to 17<sup>th</sup> October 2016.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Cricket Men team** in the Inter Zone Cricket Men Tournament, held at Hajee Karutha Rowther Howdia College, Uthamapalayam from 24<sup>th</sup> to 26<sup>th</sup> October 2016.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Zone-C Chess Men team** in the Zone-C Chess Men Competition held at Hajee Karutha Rowther Howdia College, Uthamapalayam from 26<sup>th</sup> to 27<sup>th</sup> July 2017.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Zone-C Table Tennis Men team** in the Zone-C Table Tennis Men Tournament held at Hajee Karutha Rowther Howdia College, Uthamapalayam from 26<sup>th</sup> to 27<sup>th</sup> July 2017.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Zone-C Volleyball Men team** in the Zone-C Volleyball Men Tournament, held at GTN Arts College, Dindigul from 10<sup>th</sup> to 11<sup>th</sup> August 2017.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Volleyball Men team** in the Inter Zone Volleyball Men Tournament, held at The American College, Madurai from 21<sup>st</sup> to 22<sup>nd</sup> August 2017.

- ♦ **Selection Committee** Member for **Madurai Kamaraj University Volleyball Women team** in the Inter Collegiate Volleyball Women Tournament, held at Hajee Karutha Rowther Howdia College, Uthamapalayam from 23<sup>rd</sup> to 24<sup>th</sup> August 2017.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Ball Badminton Women team** in the Inter Collegiate Ball Badminton Women Tournament, held at VHNSN College, Virudhunagar from 29<sup>th</sup> to 30<sup>th</sup> August 2017.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Power Lifting and Weight Lifting Men team** in the Inter Collegiate Power Lifting and Weight Lifting Men Competition, held at VHNSN College, Virudhunagar from 11<sup>th</sup> to 13<sup>th</sup> September 2017.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Hockey Men team** in the Inter Zone Hockey Men Tournament, held at The American College, Madurai from 14<sup>th</sup> to 15<sup>th</sup> December 2017.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Football Men team** in the Inter Zone Football Men Tournament, held at GTN Arts College, Dindigul from 24<sup>th</sup> to 26<sup>th</sup> September 2018.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Volleyball Men team** in the Inter Zone Volleyball Men Tournament, held at The American College, Madurai from 29<sup>th</sup> to 30<sup>th</sup> September 2018.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Volleyball Women team** in the Inter Zone Volleyball Women Tournament, held at Mangayarkasi College, Paravi, Madurai from 3<sup>rd</sup> to 4<sup>th</sup> October 2018.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Ball Badminton Men team** in the Inter Zone Ball Badminton Men Tournament held at Hajee Karutha Rowther Howdia College, Uthamapalayam on 3<sup>rd</sup> September 2019.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Volleyball Women team** in the Inter Collegiate Volleyball Women Tournament held at Lady Doak College, Madurai from 17<sup>th</sup> to 18<sup>th</sup> September 2019.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Football Women team** in the Inter Collegiate Football Women Tournament held at Hajee Karutha Rowther Howdia College, Uthamapalayam from 09<sup>th</sup> to 10<sup>th</sup> October 2019.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Volleyball Men team** in the Inter Collegiate Volleyball Men Tournament held at The American College, Madurai from 22<sup>nd</sup> to 23<sup>rd</sup> October 2019.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Badminton Men team** in the Inter Collegiate Badminton Men Tournament held at The American College, Madurai on 01<sup>st</sup> December 2021.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Volleyball Men team** in the Inter Collegiate Volleyball Men Tournament held at SVN College, Madurai on 02<sup>nd</sup> December 2021.
- ♦ **Selection Committee** Member for **Madurai Kamaraj University Table Tennis Men team** in the Inter Collegiate Table Tennis Men Tournament held at The American College, Madurai on 03<sup>rd</sup> December 2021.

## Organized - Tournament / Other Programme:

- ♦ **Organized** Dhaanish Ahmed College of Engineering **Sports Day “Kreedotsav” 2005-2006 to 2010-2011 (6years)** - Intramural matches are being conducted 9 games for Men Section, 7 games for Women section. Around 450 Men Students and 150 Women Students participate in various events. In addition to that around 150 Men and Women Athletes compete in 12 Athletic events and 10 events respectively.
- ♦ **Organized** the **State Level Inter Collegiate Ball Badminton Men Tournament** in the academic year 2006-2007.
- ♦ **Organizing Secretary** for **Anna University Zone IV Volleyball Men Tournament** in the academic year 2006-2007.
- ♦ **Organizing Secretary** for **Anna University Zone IV Ball Badminton Men Tournament** in the academic year 2006-2007.
- ♦ **Organizing Secretary** for **Anna University Zone IV–A Athletic Men & Women Meet** in the academic year 2010-2011.
- ♦ **Organized** the **State Level Inter Collegiate Tournaments** Dr. B.S. Abdur Rahman - Founder's Trophy Foot Ball, Prof. S. Peer Mohamed Memorial Basket Ball Trophy and Silver Jubilee Ball Badminton Men & Women Trophy in the Academic Year 2011-2012.
- ♦ **Organizing Secretary** for **Anna University Zone IV–A Athletic Men & Women Meet** in the academic year 2011-2012.
- ♦ **Organized** the B.S. AbdurRahmn University **Sports Day** - Intramural Matches are being conducted 12 Games for Men Section, 9 Games for Women Section. Around 600 Men Students and 200 Women Students participate in various Events. In addition to that around 250 Men and Women Athletes Compete in 15 Athletic Events and 12 Events respectively in the academic year 2011-2012.
- ♦ **Organized** the **State Level Ball Badmintonabove 50 Years Tournament** in the Academic Year 2012-2013.
- ♦ **Organized** the B.S. AbdurRahmn University **Sports Day** - Intramural Matches are being conducted 12 Games for Men Section, 9 Games for Women Section. Around 650 Men Students & 230 Women Students participate in various Events. In addition to that around 300 Men and Women Athletes Compete in 15 Athletic Events and 12 Events respectively in the academic year 2012-2013.
- ♦ **Organized** the **State Level Inter Collegiate Tournaments** Dr. B.S. Abdur Rahman - Founder's Trophy Foot Ball, Prof. S. Peer Mohamed Memorial Basket Ball Trophy and Silver Jubilee Ball Badminton Men & Women Trophy in the Academic Year 2012-2013.
- ♦ **Organized** the **State Level Inter Institutional Staff Men and Women Tournaments** in the Academic Year 2013-2014.
- ♦ **Organized** the Hajee Karutha Rowther Howdia College **Sports Day** - Intramural matches are being conducted 11 games for Men Section, 9 games for Women section. Around 600 Men and Women Students participate in various events. In addition to that around 300 Men and Women Athletes compete in 15 Athletic events and 13 events respectively in the academic year 2014-2015.

- ♦ **Organized** the **Madurai Kamaraj University Zone-C Volleyball Men Tournament**, held at Hajee Karutha Rowther Howdia College, Uthamapalayam from 17<sup>th</sup> to 18<sup>th</sup> August 2015.
- ♦ **Organized** the Hajee Karutha Rowther Howdia College **Sports Day** - Intramural matches are being conducted 11 games for Men Section, 9 games for Women section. Around 650 Men and Women Students participate in various events. In addition to that around 320 Men and Women Athletes compete in 15 Athletic events and 13 events respectively in the academic year 2015-16.
- ♦ **Organized** the **Madurai Kamaraj University Zone-C Cricket Men Tournament**, held at Hajee Karutha Rowther Howdia College, Uthamapalayam from 13<sup>th</sup> to 17<sup>th</sup> October 2016.
- ♦ **Organized** the **Madurai Kamaraj University Inter Zone Cricket Men Tournament**, held at Hajee Karutha Rowther Howdia College, Uthamapalayam from 24<sup>th</sup> to 26<sup>th</sup> October 2016.
- ♦ **Organized** the Hajee Karutha Rowther Howdia College **Sports Day** - Intramural matches are being conducted 11 games for Men Section, 9 games for Women section. Around 700 Men and Women Students participate in various events. In addition to that around 350 Men and Women Athletes compete in 15 Athletic events and 13 events respectively in the academic year 2016-2017.
- ♦ **Organized** the **Madurai Kamaraj University Zone-C Chess Men Competition**, held at Hajee Karutha Rowther Howdia College, Uthamapalayam from 27<sup>th</sup> to 28<sup>th</sup> July 2017.
- ♦ **Organized** the **Madurai Kamaraj University Zone-C Table Tennis Men Tournament**, held at Hajee Karutha Rowther Howdia College, Uthamapalayam from 27<sup>th</sup> to 28<sup>th</sup> July 2017.
- ♦ **Organized** the **Madurai Kamaraj University Inter Collegiate Volleyball Women Tournament**, held at Hajee Karutha Rowther Howdia College, Uthamapalayam from 23<sup>rd</sup> to 24<sup>th</sup> August 2017.
- ♦ **Organized** the Hajee Karutha Rowther Howdia College **Sports Day** - Intramural matches are being conducted 11 games for Men Section, 9 games for Women section. Around 800 Men and Women Students participate in various events. In addition to that around 450 Men and Women Athletes compete in 15 Athletic events and 13 events respectively in the academic year 2017-2018.
- ♦ **Organized** the **63<sup>rd</sup> Sports Day Celebration of** Hajee Karutha Rowther Howdia College, Uthamapalayam and **released a CD at Thekkady** on 16<sup>th</sup> March 2019.
- ♦ **Organized** a **Trekking Trip to Thekkady, Anjuruli Tunnel and KuravanKurathi Hills for Part – V Physical Education Extension Activity** on 16<sup>th</sup> March 2019.
- ♦ **Organized** a **Jungle Walk Trip at Kodaikanal for Part – V Physical Education Extension Activity** on 30<sup>th</sup> March 2019.
- ♦ **Organized One Day National Level Workshop** on “**Pedagogy of Fitness Workouts**” in this workshop **Mr. K. Prasad, Founder & Director IGNITE 101 Fitness Studio, Chennai** acted as a Resource Person held at Hajee Karutha Rowther Howdia College, Uthamapalayam on 21<sup>st</sup> June 2019.
- ♦ **Organized One Day National Level Clinic Programme** on “**Hands on Experience in GYM Workouts**” in this Clinic Programme **Mr. K. Prasad, Founder & Director IGNITE 101 Fitness Studio, Chennai** acted as a Resource Person held at Hajee Karutha Rowther Howdia College, Uthamapalayam on 01<sup>st</sup> July 2019.

- ♦ **Organized “An Awareness Programme on News and Press Media”**. News reporters, editors from the newspapers like The Hindu, the Dhinakaran, the Dhinamani, and The Dinathanthi etc... were participated in this programme. Among the students they gave an awareness speech on news and press media. This programme was held at Founder's Memorial Auditorium of Hajee Karutha Rowther Howdia College, Uthamapalayam on 18<sup>th</sup> July 2019.
- ♦ **Organized the Founder's Trophy State Level Inter Collegiate Staff Cricket Men Tournament** held at Hajee Karutha Rowther Howdia College, Uthamapalayam from 03<sup>rd</sup> to 04<sup>th</sup> August 2019.
- ♦ **Organized the Madurai Kamaraj University Zone-C Table Tennis Men Tournament**, held at Hajee Karutha Rowther Howdia College, Uthamapalayam on 08<sup>th</sup> August 2019.
- ♦ **Organized “Congratulation Ceremony” on 22nd August 2019 to Mr. R. Jeya Balaji, II B.Com** representing **Indian Skating Team and won 3 Gold Medals (500 meters and 1000 meters Race** in Standard - D Category and Best Timer Award) in the International Level V3 Open 2019. **International Skating Competition** held at **BSD Tangerang State Track, Tangerang, Jakarta, Indonesia** from 13<sup>th</sup> to 21<sup>st</sup> August 2019.
- ♦ **Organized the School Zone-B Sports Games** (Kho-Kho Boys and Girls) jointly organized **Hajee Karutha Rowther Howdia College, Uthamapalayam** and **Sri Vikasa Vidyalaya Matric. Hr. Sec. School, Uthamapalayam** from 17<sup>th</sup> to 20<sup>th</sup> August 2019.
- ♦ **Organized the Madurai Kamaraj University Zone-C Ball Badminton Men Tournament**, held at Hajee Karutha Rowther Howdia College, Uthamapalayam on 28<sup>th</sup> August 2019.
- ♦ **Organized “National Sports Day”** in the memory of **Hockey Wizard-Major Dhayanchand Singh's** Birthday held at Hajee Karutha Rowther Howdia College, Uthamapalayam on 29<sup>th</sup> August 2019.
- ♦ **Organized the School Zone-B Sports Meet Fest 2019-2020** jointly organized **Hajee Karutha Rowther Howdia College, Uthamapalayam** and **Sri Vikasa Vidyalaya Matric. Hr. Sec. School, Uthamapalayam** on 30<sup>th</sup> August 2019.
- ♦ **Organized the Madurai Kamaraj University Inter Zone Ball Badminton Men Tournament**, held at Hajee Karutha Rowther Howdia College, Uthamapalayam on 03<sup>rd</sup> September 2019.
- ♦ **Organized “Teachers Day”** in the memory of **our Ex- President Dr. Radhakrishnan** and to honour our great teachers held at Hajee Karutha Rowther Howdia College, Uthamapalayam on 05<sup>th</sup> September 2019.
- ♦ **Organized “National Volleyball Day”** held at Hajee Karutha Rowther Howdia College, Uthamapalayam on 30<sup>th</sup> September 2019.
- ♦ **Organized “150 YEAR OF CELEBRATING THE MAHATMA”** held at Hajee Karutha Rowther Howdia College, Uthamapalayam on 02<sup>nd</sup> October 2019.
- ♦ **Organized the Madurai Kamaraj University Inter Collegiate Football Women Tournament** held at Hajee Karutha Rowther Howdia College, Uthamapalayam on 09<sup>th</sup> October 2019.
- ♦ **Organized the Hajee Karutha Rowther Howdia College Sports Day** - Intramural matches are being conducted 11 games for Men Section, 9 games for Women section. Around 840 Men and Women Students participate in various events. In addition to that around 470 Men and Women Athletes compete in 15 Athletic events and 13 events respectively in the academic year 2019-2020.

- ♦ **Organized the International Level Online Quiz Competition “International Yoga Day Celebrations”** from 20<sup>th</sup> to 23<sup>rd</sup> June 2020.
- ♦ **Organized the International Level Online Sports Guess Competition** from 22<sup>nd</sup> to 30<sup>th</sup> July 2020.

### Committee Member:

**Member in the following Committees** in Dhaanish Ahmed College of Engineering.

- ISO Committee
- Discipline Committee
- Purchase Coordinator
- Attendance Coordinator
- Graduation Day Coordinator
- Central Library Coordinator
- Non-Teaching Coordinator

**Member in the following Committees** in B.S. Abdur Rahman University.

- ISO Committee
- Anti Ragging Committee
- Office bearer of Teaching Staff Club
- Admission duty
- Convocation Day Function

**Member in the following Committees** in Hajee Karutha Rowther Howdia College.

- Public Relationship Officer
- Coordinator – Physical Education Certificate Course
- Coordinator – Part V (Physical Education)
- Discipline Committee

### Job Experience:

**Total Experience: 17 years 8 Months**

**Physical Training Instructor**

**B.S.A Crescent Engineering College**

Vandalur, Chennai, Tamilnadu, Pincode-600048.

**1 year (1<sup>st</sup> July 2004 to 23<sup>rd</sup> July 2005)**

**Director of Physical Education**

**Dhaanish Ahmed College of Engineering**

Padappai, Chennai, Tamilnadu, Pincode-601301.

**6 Years 3 Months (28<sup>th</sup> July 2005 to 31<sup>st</sup> October 2011)**

**Assistant Director of Physical Education**

**B.S. Abdur Rahman University**

Vandalur, Chennai, Tamilnadu, Pincode-600048.

**2 Years 5 Months (1<sup>st</sup> November 2011 to 23 March 2014)**

**Director of Physical Education**

**Hajee Karutha Rowther Howdia College**

Uthamapalayam (Post), Theni (Dist), Tamilnadu, Pincode-625533.

**8 Years (24<sup>th</sup> March 2014 to till Date)**



### Additional Experience:

- ◆ **Gym Instructor** in B.S.A Crescent Engineering College (July 2004 to July 2005)
- ◆ **Gym Instructor** in Dhaanish Ahmed College of Engineering (July 2005 to October 2011)
- ◆ **Chief Warden** in Dhaanish Ahmed College of Engineering (July 2005 to January 2008)
- ◆ **Head of Information Centre** in Dhaanish Ahmed College of Engineering (July 2008 to October 2011)

### Personal Sports Achievements:

- ◆ **Represented Tamil Nadu in IV National Beach Volleyball championship (March 1999)**
- ◆ **Represented Madras University South Division for 3 years continuously (2002-2004)**
- ◆ **Represented Tamil Nadu state Junior Inter-District Championship for 3 years continuously (1998-2000)**
- ◆ **Represented Republic Day Sports for 4 years continuously (1994-1997)**
- ◆ **Represented State Level Inter-Collegiate Volleyball Tournament**
  - Arasan A.M.S.G Vijayakumar Memorial (A.V.Municipal School, Sivakasi) 1999
  - Platinum Tournament (St. Xavier College, Palaymkottai) 1999.
  - FLOOD-LID Tournament (P.S.G. College, Coimbatore) 1999.
  - Dinamalar T.V Ramasubbaiyer Memorial (Moogambigai College of Engineering, Keeranur) 2000.
  - Don Bosco Volleyball Tournament (Sacred Heart College, Tiruputtur) 2000.
  - Centenary Tournament (St. Joseph's College, Trichy) 2000
  - Bertram Tournament (Loyola College, Chennai) 2000
  - MEASI Centenary Tournament (The New College, Chennai) 2001
  - Bro. Louis Bureau Tournament (St. Louis College, Chennai) 2001
  - Bertram Tournament (Loyola College, Chennai) 2001
  - Centenary Tournament (St. Joseph's College, Trichy) 2001.
  - Thiru N. Muthiah Ambalam Memorial (The American College, Madurai) 2002
  - Kongu Trophy tournament (Kongu Engg College, Perundurai) 2002
  - A.S. Lingiayan Chettiar Memorail (Moogambigai College of Engineering, Kalanavur) 2003
  - Kongu Trophy Tournament (Kongu Engg College, Perundurai) 2003.
  - Alagappa Tournament (Alagappa University College of Physical Education, Karaikudi) 2003.

## Programme Attended:

Programme	International Level	National Level	State Level	Total
Webinar	88	203	45	336
Conference	14	6	-	20
Workshop	7	30	4	41
Seminar	6	17	3	26
Faulty Development Proramme	5	20	8	33
Online Certificate Course	5	10	1	16
Certificate of Completion	16	-	-	16
Training Programme	2	36	6	44
UGC Programme	2	1	-	3
HRDC Programme	-	-	5	5
Panel Discussion	-	1	-	1
Quiz	11	168	128	302
Pledge	-	18	1	19
<b>Total Programme Attended</b>	<b>156</b>	<b>510</b>	<b>201</b>	<b>862</b>

## Conference:

Sl.No	Level	Date	Topic	Organize
1	International	29.05.2020	Post Covid Education, Physical Education Scenario	SPDM Arts, SBB Commerce and SMA Science College, Shirpur, Maharastra-425405.
2	International	20.06.2020	Changing Business Dynamics And Sustainability in the VUCA World	LalaLajapatrai College of Commerce and Economics, Mumbai, Maharastra-400034.
3	National	27.06.2020	Asiriyar Kulandaigalin Kalvi Orimaium	Sri Gayathri College of Education, Salem, Tamilnadu-636302.
4	National	30.06.2020	Samayapanuvalgalil Tamil Karutharangam	St.Xavier College, Palayankottai, Tamilnadu-627002.
5	National	10.07.2020-11.07.2020	Need of Sports & Physical Education in Changing Scenario	Senior College Physical Education Teachers Association, Kolhapur, Mahasrtra-416001.
6	International	26.07.2020	International Virtual Conference on Physical Fitness & Yoga Remedy to Covid-19	The Tamilnadu Dr.Ambedkar Law University, Chennai, Tamilnadu-600113.
7	National	04.09.2020	"National Education Policy 2020" Prospects, Challenges and Pathways in Reference to Teacher Education System in India	Dr.Virendra Swarup Institute of Professional Studies, Kidwai Nagar, Kanpur, Madhyapradesh-208011.

8	National	15.09.2020	Nutrition and Physical Fitness for Healthy Life	College of Horticulture, UHG Campus, Bengaluru, Karnataka-560065.
9	International	19.09.2020	Yoga	Patanjali College of Yoga & Research Centre, Chennai, Tamilnadu-683519.
10	International	21.06.2021	Yogic Practices for Healthy Life	YMCA College of Physical Education, Chennai, Tamilnadu-600035.
11	International	21.06.2021-28.06.2021	Yoga, Health, Fitness and Sports During- Covid-19	Seshadripuram First Grade College, Bengaluru, Karnataka-560064
12	International	10.07.2021	Challenges & Strategies: A Mark to Win Tokyo Olympics-2020	YMCA College of Physical Education, Chennai, Tamilnadu-600035.
13	International	17.07.2021	Strategic Preparedness & Response Plan for Physical Education Professionals – SPARP-21	YMCA College of Physical Education, Chennai, Tamilnadu-600035.
14	International	23.07.2021-24.07.2021	Recent Trends in Lifestyle & Health Management	BaburaojiGholap College Sangvi, Pune, Maharashtra-411027.
15	International	24.07.2021	Managerial Approach in Physical Education & Sports – MAPES 2021	YMCA College of Physical Education, Chennai, Tamilnadu-600035.
16	National	28.07.2021	Obesity Manage Through Diet and Fitness	Shri Krishnaswamy College for Women, Annanagar, Chennai, Tamilnadu-600040.
17	International	31.07.2021	Psychological Preparedness on Peak Performance (PPOPP)-2021	YMCA College of Physical Education, Chennai, Tamilnadu-600035.
18	International	06.08.2021-07.08.2021	Holistic Approach of Health Science, Research, Sports Science & Yoga During 21 <sup>st</sup> Century	Sardar Patel Mahavidyalaya College, Chandrapur, Maharashtra-442402.
19	International	21.08.2021	Covid-19 Pandemic: Challenge, Opportunities & Solutions Infront of Higher Education	Shankarlal Khandelwal Arts, Science & Commerce College, Akola & Arts College, Kurha, Amaravati, Maharashtra-444002.
20	International	29.08.2021	Perspectives of Yogic and Sports Science towards Healthy Living	B.K. Biral College, Kalyan, Maharashtra-421301.

### Workshop:

Sl.No	Level	Date	Topic	Organize
1	State	05.11.2003-06.11.2003	Workshop on Physical Education for Primary Schools	YMCA College of Physical Education, Nandanam, Chennai, Tamilnadu-600035.
2	International	02.02.2010-03.02.2010	International Workshop on Advanced Scientific Training and Coaching	Tamilnadu Physical Education And Sports and Sports University, Chennai, Tamilnadu-600035.
3	International	30.06.2018	Teaching & Learning Pedagogy for Faculty	Hajee Karutha Rowther Howdia College, Uthamapalayam, Tamilnadu-625533.
4	National	15.03.2019	Physical Fitness and Performance Enhancing	G.T.N. Arts College, Dindigul, Tamilnadu-624005.

			through Swiss Ball Training	
5	National	25.12.2019	Fit India Movement	Chaudhary Charan Singh University, Meerut, Uttarpradesh-250001.
6	National	29.01.2020	Outcome Based Education	Hajee Karutha Rowther Howdia College, Uthamaplayam, Tamilnadu-625533.
7	State	14.03.2020-15.03.2020	Officiating in Athletics	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
8	National	31.05.2020	Stress Management and Emotion Freedom Techniques	Healthy Mind Consultancy, Maharashtra-411009.
9	International	01.06.2020-02.06.2020	Rejuvenation through Yoga during COVID	Dayanand College, Hisar, Haryana-125011.
10	National	10.06.2020	Documentation & Profile Management for NAAC & API	K.Ramakrishnan College of Technology, Samayapuram, Trichy, Tamilnadu-621112.
11	National	17.06.2020-21.06.2020	Healthy body & Healthy mind	B.K. Birla College, Kalyan, Maharashtra-421301.
12	International	21.06.2020	Yoga at Home and Yoga with Family	Mother Teresa Women's University, Kodaikanal, Tamilnadu-624101.
13	National	07.07.2020	Google Classroom	Nazareth College of Education for Women, Chennai, Tamilnadu-600062.
14	National	29.07.2020	Mask Making	Nazareth College of Education for Women, Chennai, Tamilnadu-600062.
15	International	22.08.2020-23.08.2020	Yoga	Patanjali College of Yoga and Research Centre, Chennai, Tamilnadu-600122.
16	National	21.10.2020	A News & Information Literacy Initiative	Government College for Women, Karnataka-573103.
17	National	22.02.2021-23.02.2021	Alternative Therapies for Physical and Mental Health	Dayanand College, Hisar, Haryana-125001.
18	National	10.05.2021-15.05.2021	Importance of Suryanamaskar in the Period of Corona Pandemic	Dhanaji Nana Mahavidyalaya, Faizpur, Maharashtra-425503.
19	National	17.05.2021-22.05.2021	Importance of Yoga & Pranayama in the Period of Corona Pandemic	Dhanaji Nana Mahavidyalaya, Faizpur, Maharashtra-425503.
20	National	01.06.2021-07.06.2021	7 Ways to Boost Your Immune System	Government First Grade College, Ramanagara, Karnataka-562160.
21	National	05.06.2021	Yoga Nidra	Sahu Ram Swaroop Mahila Mahavidyalaya, Bareilly, Uttarpradesh-243001.
22	National	11.06.2021	Modern Trends in Research Statistics	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
23	International	12.06.2021-15.06.2021	Different Schools of Yoga	Meenakshi Academy of Higher Education & Research, Chennai, Tamilnadu-600078.
24	National	15.06.2021	Rejuvenation of Wellness Through Yoga & Exercise	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
25	National	17.06.2021-21.06.2021	Yoga & Physical Fitness	Mahatma Gandhi ShikshanMandal's Arts, Science and Commerce College, Chopda, Maharashtra-425107.

26	National	19.06.2021	Functional Physiological Fitness for Immunity & Health	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
27	University	19.06.2021	Yoga in Pandemic for Healthy Life	Sardar Patel Mahavidyalaya, Chandrapur, Maharashtra-442402.
28	National	21.06.2021	Yogic Healing in Daily Life	MES College of Arts, Commerce & Science, Bengaluru, Karnataka-560003.
29	National	21.06.2021	International Day of yoga	Shivneri Mahavidyalaya, Latur, Maharashtra-413544.
30	National	21.06.2021	Yoga for Health	Shri Shahaji Chhatrapati Mahavidyalaya, Kolhapur, Maharashtra-416002.
31	State	21.06.2021-22.06.2021	Intellectual Property Rights	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
32	National	26.06.2021	Beat Covid – Helper Skills Workshop	Mahatma Gandhi National Council of Rural Education, Telugana, Hyderabad-500004.
33	State	26.06.2021	Yoga for Holistic Health	Department of History, University College, Thiruvananthapuram, Kerala-695034.
34	National	27.06.2021	Psychosocial Counselling Support & Covid -19 Volunteer Skills	Mahatma Gandhi National Council of Rural Education, Telugana, Hyderabad-500004.
35	National	27.06.2021	Open Access Publications	The Global Association of Social Sciences, Madhyapradesh-451556.
36	National	05.07.2021-09.07.2021	Data Analytics Using R	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
37	National	10.07.2021	Role of Communication, Media & Technology in Youth Development	Gandhi Memorial National College, Ambala Cantt, Hariyana-133001.
38	International	19.07.2021-31.07.2021	Research Methodology & Statistical Applications (SPSS) for Social Sciences	Annamalai University, Chidambaram, Tamilnadu-608002.
39	National	22.07.2021-23.07.2021	Research for Academic Excellence	SRM Institute of Science & Technology, Chennai, Tamilnadu-603203.
40	National	28.07.2021-03.08.2021	Life Skills for Professional Competence	Government First Grade College, Bidadi, Bengaluru, Karnataka-562109.
41	National	03.09.2021	Olympic Movement Workshop	S.V.S's Dadasaheb Rawal College, Dondaicha, Warwade, Maharashtra-4254408.

### Seminar:

Sl.No	Level	Date	Topic	Organize
1	State	26.07.2003 27.07.2003	Pursuit of Excellence	Forume for Advancement of Science of Human Development, Cecri Nagar, Karaikudi, Tamilnadu-630006
2	National	25.03.2015 26.03.2015	Sound Body Sound Mind Fitness Through Yoga & Sports	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
3	National	13.12.2019-14.12.2019	Effect of Psychological and Recreational Interventions on	Kumaun University, Nainital, Uttarakhand, 263001

			Selected Health Related Fitness Variables among Information Technology Professionals	
4	International	25.05.2020-28.05.2020	New Challenges and Opportunities in Physical Education	Shri Shivaji College of Physical Education, Amaravathi, Maharashtra-444603.
5	International	05.06.2020	Current Scenario of Business Development / Global Pharma Business	Smt. Sharadchandrika College of Pharmacy, Chopda, Maharashtra-425107.
6	International	07.06.2020	Changing Paradigms in Marketing	University of Lucknow, India-226007.
7	National	28.06.2020	Modern Technical Complex I Skills in Volleyball (Service Reception)	Kalasalingam Academy of Research & Education, Krishnankoil, Tamilnadu-626128.
8	National	04.07.2020	Self-Reliance in Changing Global Environment: Imperatives for India	University of Lucknow, Uttar Pradesh-226007.
9	National	05.07.2020	Modern Technical Skills Complex I (Attack / Attack Combinations) in Volleyball	Kalasalingam Academy of Research and Education, Krishnankoil, Tamilnadu-626126.
10	International	06.07.2020-07.07.2020	Post Covid Era- Sports in New Dimensions	Tuljaram Chaturchand College, Baramati, Pune-413102
11	International	05.10.2020-06.10.2020	Pragmatic Approaches to Create Sustainable Lifestyle Management	Government First Grade College, Ramanagara, Karnataka-562117.
12	National	14.10.2020	Revival of Health and Fitness through Physical Activity and Yoga	Government Law College, Ramanagara, Karnataka-562128.
13	National	11.01.2021	Physical Education as a tool for Women Empowerment	Government First Grade College, Magadi, Karnataka-562120.
14	State	15.05.2021	Covid-19 Special Yoga Session	AMET Academy of Maritime Education and Training, Chennai, Tamilnadu-603103.
15	National	12.06.2021	Effect of Corona Pandemic on Various Sports Sectors	Lokmanya Mahavidyalaya, Warora, Maharashtra-442907.
16	National	13.06.2021	Role of Psychology & Nutrition to Prepare Sports Persons Mentally & Physically during Covid-19	Shiksha Mandal, Wardha's, Maharashtra-442001.
17	National	16.06.2021	Physical Fitness & Yoga	Government First Grade College for Women, Raichur, Karnataka-584101.
18	National	18.06.2021	Deliberations on 3 <sup>rd</sup> wave of Covid-19 Pandemic	Government First Grade College, Hassan, Karnataka-573211.
19	National	27.06.2021	New Rules & Regulations & Scientific Training in Kabbadi	CJRRJS First Grade College & RJSPU College, Marathalli, Bangalore, Karnataka-560037.
20	State	29.06.2021	Mental Health Booster & Natural 02	Dr. M.G.R. Educational & Research Institute, Chennai, Tamilnadu-600095.
21	National	04.07.2021	New Rules & Regulation & Scientific Training in Kho-Kho	Physical Education Foundation of India, Karnataka Chapter.
22	National	11.07.2021	New Rules & Regulation & Scientific Training in Volleyball	Physical Education Foundation of India, Karnataka Chapter.
23	National	12.07.2021	Stress & Mental Health during Covid-19 Pandemic	Dhareshwar Shikshan Sanstha Aurangabad Sanchalit Arts & Science College, Aurangabad, Maharashtra-431001.



24	National	18.07.2021	New Rules & Regulation & Scientific Training in Handball	Physical Education Foundation of India, Karnataka Chapter.
25	National	30.07.2021	Postural & Orthostatic Deformity & Disease Control Through Yoga Therapy	Vivekanand Arts & Commerce College, Bhadrawati, Chandrapur, Maharashtra-442902.
26	International	21.08.2021	Nutrition and Exercise for Wellness Management	RV College of Engineering, Bengaluru, Karnataka-560059

### Faculty Development Programme:

Sl.No	Level	Date	Topic	Organize
1	International	29.05.2020	E-Learning and Tools for Effective Teaching and Learning	Jnan VikasMandal's Degree College, Airoli, Maharashtra-400708.
2	International	03.06.2020	Injury Free Sports: Do's & Don'ts	Ayya Nadar Janaki Ammal College, Sivakasi, Tamilnadu-626124.
3	National	06.06.2020	Effective Online Teaching Strategies	Marian International Institute of Management, Idukki, Kerala-685531.
4	National	06.06.2020	Artificial Intelligence in Classroom Teaching	Jnan Vikas Mandal's Degree College, Mumbai, Airoli, Maharashtra-400708.
5	National	09.06.2020-13.06.2020	Rebooting Physical Faculties in the outbreak of Covid 19	SPDM Arts, SBB & SHD Commerce and SMA Science College, Shirpur, Dhule, Maharashtra-425405.
6	National	14.06.2020	Designing and Development of MOOCs	Dyalsingh College, Karnal, Haryana-132001.
7	State	15.06.2020-19.06.2020	Rejuvenation of Body, Mind and Soul	Ethiraj College for Women, Chennai, Tamilnadu-600008.
8	National	17.06.2020-23.06.2020	Women Fitness	Patrician College of Arts and Science, Chennai, Tamilnadu-600020.
9	State	20.06.2020	Yoga for Healthy Lifestyle	Kongu Arts & Science College, Erode, Tamilnadu-638107.
10	National	20.06.2020	The Art of Writing and Publishing in Scopus Journal	Jnan Vikas Mandal's Degree College, Airoli, Maharashtra-400708.
11	National	24.06.2020	Writing Research Grants Application and Intellectual Property Rights	Hajee Karutha Rowther Howdia College, Uthamapalayam, Tamilnadu-625533.
12	National	25.06.2020	Effective Report Writing	Hajee Karutha Rowther Howdia College, Uthamapalayam, Tamilnadu-625533.
13	State	08.07.2020-14.07.2020	Revival of Health, Fitness & Entrepreneurial Opportunities through Physical Education	Bharathiyar University, Coimbatore, Tamilnadu-641046.
14	State	09.07.2020-13.07.2020	Human Kinetics	Dr. M.G.R. Educational and Research Institute, Madhuravoyal, Chennai, Tamilnadu-600095.
15	State	13.07.2020-17.07.2020	Yoga Education for Modern Developments	Tamil Nadu Physical Education and Sports University, Chennai, Tamilnadu-600127.
16	International	20.07.2020-26.07.2020	The Rebooting and the Opportunities of the Physical	Annamalai University, Chithambaram, Tamilnadu-

			Education and Sports	608002.
17	State	05.09.2020-07.09.2020	Sports Training	Dr. M.G.R. Educational and Research Institute, Madhuravoyal, Chennai, Tamilnadu-600095.
18	National	19.09.2020	Holistic Approach to Skill Based Higher Education to Face the New Normal-NEP 2020	Dwaraka Doss Goverdhan Doss Vaishnav College, Arumbakkam, Chennai, Tamilnadu-600106.
19	National	14.10.2020-16.10.2020	National Education Policy 2020	Sri Ramakrishna Mission Vidyalaya College of Education, Coimbatore, Tamilnadu-641020.
20	National	04.11.2020-06.11.2020	Outcomes-Based Education	Inpods Faculty Commons
21	International	29.12.2020-31.12.2020	Women Disorders-Remedies in Yogic Way	Meenakshi Academy of Higher Education and Research, Chennai, Tamilnadu-600078
22	State	01.06.2021-05.06.2021	Future Trends in Shipping	AMET University, Chennai, Tamilnadu-603112.
23	National	15.06.2021-21.06.2021	Anti-Doping & Sports Science-2021	Auro University, Surat, Gujarat-394510.
24	State	19.06.2021-21.06.2021	Yoga for Harmony & Peace	Dr. M.G.R. Educational & Research Institute, Chennai, Tamilnadu-600095.
25	National	21.06.2021-26.06.2021	Diet, Fitness & Stress Management in Covid-19 Pandemic	M.S.P. Mandal's Shri Muktanand College, Gangapur, Maharashtra-431109.
26	National	25.06.2021-26.06.2021	Aspects of Research Paper Writing	Khandelwal Vaish Girls Institute of Technology, Jaipur, Rajasthan-302021.
27	National	25.06.2021-03.07.2021	Foregrounding The Spectrum of Character Building in Modern Human Life	Balaji Institute of Technology & Science, Warangal Rural, Telugana-506331.
28	International	01.07.2021-07.07.2021	Covid-19 & General Health Awareness	Rajapalayam Rajus' College, Rajapalayam, Tamilnadu-626117
29	National	05.07.2021-09.07.2021	Integration of Multiple Intelligences in Education	The Indian Teacher's Association.
30	National	12.07.2021-16.07.2021	Refresh The Mind Through Meditation	All India Council for Technical Education, Vasant Kunj, New Delhi-110070.
31	National	18.07.2021-24.07.2021	The Art of Teaching & Technology in the Modern Era	Sage University, Indore, Madhyapradesh-452020.
32	National	23.08.2021-28.08.2021	Digital Teaching Methods in Higher Education	Hindusthan College of Arts & Science, Coimbatore, Tamilnadu-641028.
33	National	17.08.2021-31.08.2021	Development Course for SWAYAM (MOOCs)	Nethaji Subhas Open University, Kolkata, West Bengal-712410.

### Training Programme:

Sl.No	Level	Date	Topic	Organize
1	International	20.05.2020	Emerging Respiratory Viruses, including COVID -19: Methods for Detection, Prevention, Response and Control	World Health Organization

2	National	25.05.2020	How to Balance Academic and Administrative Work	Skill Slate, Pune, Maharashtra-410038.
3	State	11.06.2020	Online Learning – Need of the Hour	Alagappa University, Karaikudi, Tamilnadu-630003.
4	National	16.06.2020	Human Resource Development Programme	G.S. College of Commerce and Economics, Jabalpur, Madhya Pradesh-482001.
5	National	19.06.2020	Exploring Career Opportunities Post Covid	Skill Slate, Pune, Maharashtra-410038
6	National	21.06.2020	Yoga Protocol for All	Lakshmi Bai National Institute of Physical Education, Gwalior, Madhya Pradesh-474001.
7	National	21.06.2020	Yoga at Home and Yoga With Family	Yoga Certification Board, New Delhi-110001.
8	National	11.07.2020	Awareness on Population Education	Savitribai Phule Pune University, Maharashtra-411007.
9	National	09.08.2020	True & Health Workout Challenge	National Youth Council of India, New Delhi-110092.
10	National	15.08.2020	Fit India Freedom Run, Move to Be Fit	Besant Womens College, Mangaluru, Karnataka-575 003.
11	International	26.09.2020-27.09.2020	World Book of Records Event-Delhi's Largest Career Guidance Digital Platform	Career Counseling Foundation, London.
12	National	14.12.2020-18.12.2020	Walk for Health, Jog for Health and Run for Achievement	St. Clare College, Bengaluru, Karnataka-560013.
13	National	07.12.2020-23.12.2020	Fit India Cyclothon 2020	Government of India, Ministry of Youth Affairs and Sports.
14	National	07.12.2020-23.12.2020	Fit India Cyclothon 2020	Kalasalingam Academy of Research & Education, Krishnankoil, Tamilnadu-626126.
15	National	14.06.2021-20.06.2021	Yoga	Shri Shivayogi Murugendra Swamiji Arts, Science & Commerce College, Belgavi, Karnataka-591304.
16	National	16.06.2021-18.06.2021	Awareness on Common Yoga Protocol to Public	Patanjali College of Yoga and Research Centre, Chennai, Tamilnadu-600122
17	State	16.06.2021-18.06.2021	Common Yoga Protocol	Yogalaya Health Care Institute, Chennai, Tamilnadu-600026.
18	National	16.06.2021-21.06.2021	Yoga & Pranayama	Appasaheb Ragunathrao Bhaurao Garud Arts, Commerce, & Science College, Shendurni, Maharashtra-424204.
19	National	17.06.2021-21.06.2021	International Yoga Day	Sindhi PU College, Bengaluru, Karnataka-560064.
20	State	19.06.2021	International Online Noble World Record Attempt on Virabhadrasana for 90 seconds	Tamilnadu Yoga Federation, Erode, Tamilnadu-638004.
21	National	21.06.2021	International Day of Yoga-2021 Theme Yoga for Well-Being	Government First Grade College, Harohalli, Karnataka-562112.
22	National	21.06.2021	Yoga at Home and Yoga with Family	Government First Grade College for Women, Ramanagara, Karnataka-562112.
23	State	21.06.2021	Benefits of Yoga for Healthy Life	Nazareth College of Arts & Science, Chennai, Tamilnadu-600062.

24	National	21.06.2021	Community Awareness Programme on yoga	Global Yuva Foundation, Morad, Bengaluru, Karnataka-560086.
25	National	21.06.2021	Yoga Session	St. Claret College, Bengaluru, Karnataka-560013.
26	State	21.06.2021	7 <sup>th</sup> International day of Yoga 2021	Chandra Movements & Faculty of Yoga Science & Therapy, Meenakshi Academy of higher Education & Research, Chennai, Tamilnadu-600078.
27	National	21.06.2021	7 <sup>th</sup> International Yoga Day	Bareilly International University, Bareilly, Uttarpradesh-243006.
28	National	21.06.2021	7 <sup>th</sup> International Yoga Day	Sahu Ram Swaroop Mahila Mahavidyalaya, Bareilly, Uttarpradesh-243001.
29	National	21.06.2021-22.06.2021	Enhancing Women Empowerment Through Entrepreneurship	International School of Technology & Sciences for Women, Rajanagaram, Andhrapradesh-533294.
30	National	21.06.2021-27.06.2021	7 Day International Yoga	K.L.E. Society's Raja Lakshmagouda Science Institute, Belagavi, Karnataka-590001.
31	National	24.06.2021-07.07.2021	Mental Health & Physical Well Being	Government First Grade College for Women, Ramanagara, Karnataka-562112.
32	National	14.07.2021-16.07.2021	POT Programme on Child Centric Disaster Risk Reduction	National Institute of Disaster Management, Ministry of Home Affairs, Government of India, NewDelhi.
33	National	15.07.2021-26.07.2021	Physical Fitness & Sports Awareness Programme	Shri R.L.T. College of Science, Akola, Maharashtra-444001.
34	State	17.07.2021	Statutory Compliance of Direct & Indirect Taxes: An Approach to Educational Institutions	Mahantswamy Arts, Science, & Commerce College, Haunsbhavi, Karnataka-581109.
35	National	17.07.2021	Disaster Management Plan	National Institute of Disaster Management, Ministry of Home Affairs, Government of India, NewDelhi.
36	National	19.07.2021	Lightning Disaster Resilient India	National Institute of Disaster Management, Ministry of Home Affairs, Government of India, NewDelhi.
37	National	20.07.2021	Physical & Mental Health of Children in Covid-19	National Institute of Disaster Management, Ministry of Home Affairs, Government of India, NewDelhi.
38	National	20.07.2021	Thunderstorms & Lightning	National Institute of Disaster Management, Ministry of Home Affairs, Government of India, NewDelhi.
39	National	21.07.2021	Climate Change & Its Possible Impacts on Women & Children	National Institute of Disaster Management, Ministry of Home Affairs, Government of India, NewDelhi.
40	National	26.07.2021	Lessons from Chamoli Disaster 2021	National Institute of Disaster Management, Ministry of Home Affairs, Government of India, NewDelhi.
41	National	27.07.2021	Cloudburst & Floods	National Institute of Disaster Management, Ministry of Home

				Affairs, Government of India, NewDelhi.
42	National	30.07.2021	Protecting Vulnerable Children in Times of Disasters	National Institute of Disaster Management, Ministry of Home Affairs, Government of India, NewDelhi.
43	National	04.08.2021	Thunderstorms & Lightning Safety of Women & Children	National Institute of Disaster Management, Ministry of Home Affairs, Government of India, NewDelhi.
44	National	13.08.2021-02.10.2021	Fit India Freedom Run 2.0	Government of India, Ministry of Youth Affairs & Sports.

### Certificate of Completion:

Sl.No	Level	Date	Topic	Organize
1	International	14.06.2020	Writing a Persuasive Cover Letter for Your Manuscript	Elsevier, Researcher Academy.
2	International	14.06.2020	Seven Strategies for Scientists to Communicate their Research and Create a brand	Elsevier, Researcher Academy.
3	International	14.06.2020	How to Secure Funding-ECR Edition	Elsevier, Researcher Academy.
4	International	14.06.2020	How to Conduct Evidence-Based Research	Elsevier, Researcher Academy.
5	International	14.06.2020	Guide to Reference Managers: How to Effectively Manage Your References	Elsevier, Researcher Academy.
6	International	14.06.2020	How to Produce Highly Visible Research: Useful tips for Researchers	Elsevier, Researcher Academy.
7	International	14.06.2020	10 Reasons to Get-and use-an ORCID ID	Elsevier, Researcher Academy.
8	International	14.06.2020	How to Write for an Interdisciplinary Audience	Elsevier, Researcher Academy.
9	International	14.06.2020	Diversity in Peer Review	Elsevier, Researcher Academy.
10	International	14.06.2020	Discoverability: Top Tips to get Your Book Out There	Elsevier, Researcher Academy.
11	International	14.06.2020	How to Leverage Open Hardware to Improve Your Research	Elsevier, Researcher Academy.
12	International	14.06.2020	Standing Up for Science	Elsevier, Researcher Academy.
13	International	14.06.2020	Content and Manuscript Submission Tips for Journal of Obstetric, Gynecologic and Neonatal Nursing	Elsevier, Researcher Academy.
14	International	14.06.2020	A Guide to Journal Citation Metrics	Elsevier, Researcher Academy.
15	International	14.06.2020	3.3 How to Peer Review a Review Article	Elsevier, Researcher Academy.

16	International	14.06.2020	The Nuts & Bolts of Peer Review: A discussion By Biomaterials Editors	Elsevier, Researcher Academy.
----	---------------	------------	---	-------------------------------

### UGC Programme:

Sl.No	Programme / Level	Date	Topic	Organize
1	Workshop (UGC) International	15.06.2021-21.06.2021	Common Yoga Protocol & Webinar on Yoga & Holistic Health	Maharishi Mahesh Yogi Vedic Vishwavidyalaya, Katni, Madhyapradesh-483332.
2	Webinar (UGC) International	26.06.2021-27.06.2021	Role of Yoga in Holistic Health during Covid-19 World Pandemic	Soban Singh Jeena University Almora, Uttarkhand-263601.
3	Faculty Development Programme (UGC) National	05.07.2021-11.07.2021	Transformation in Indian Education Through New Education Policy-Challenges & Opportunities	Government First Grade College for Women, Balmatta, Mangaluru-575001.

### HRDC Programme:

Sl.No	Programme / Level	Date	Topic	Organize
1	Webinar (HRDC) State	22.05.2021-30.05.2021	Rules and Regulations in Athletics	Manonmaniam Sundaranar University, Tirunelveli, Tamilnadu-627012.
2	Faculty Development Programme (HRDC) State	24.05.2021-06.06.2021	Pedagogy & Research Methods	Human Resource Development Centre, AMET University, Chennai, Tamilnadu-603112.
3	Faculty Development Programme (HRDC) State	11.06.2021-17.06.2021	Yoga for Well-Being during Covid Period	Human Resource Development Centre, AMET University, Chennai, Tamilnadu-603112.
4	Webinar (HRDC) State	06.08.2021	Yoga for Wellness	Human Resource Development Centre, Bharathidasan University, Thiruchirappalli, Tamilnadu-620023.
5	Webinar (HRDC) State	11.08.2021	Climate Change	Human Resource Development Centre, Bharathidasan University, Thiruchirappalli, Tamilnadu-620023.

### Panel Discussion:

Sl.No	Level	Date	Topic	Organize
1	National	27.06.2020	Opportunities For Startups Post Covid-19	Atal Incubation Centre, Maharastra-401106



Sl.No	Level	Date	Topic	Organize
1	International	13.05.2020-14.05.2020	Impact of Covid 19 on Physical Education & Sports Business Management	Lakshmibai National Institute of Physical Education, Gwalior, Madhya Pradesh-474001.
2	National	14.05.2020-16.05.2020	Stay Healthy and Keep Fit During Lockdown	Tamil Nadu Physical Education and Sports University, Tamilnadu-600127.
3	State	19.05.2020	Be Fit during Lockdown Covid 19	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
4	National	20.05.2020	New Approaches in Sports Training Methods	Sri Ramakrishna Mission Vidyalyaya College of Arts and Science, Coimbatore, Tamilnadu-641020.
5	State	22.05.2020-30.05.2020	Rules and Regulations in Athletics	Manonmaniyam Sundharanar University, Tirunelveli, Tamilnadu-627012.
6	International	23.05.2020	Aatmanirbhar Bharat: A Dawn of New Economic Reforms	Anna Leela College of Commerce and Economics, Shobha Jayaram Shetty College for BMS, Maharastra-400024.
7	International	23.05.2020	An Interaction With International Tennis Players and Coaches	PSG College of Arts and Science, Coimbatore, Tamilnadu-641014.
8	National	24.05.2020	Indian Higher Education Post COVID 19 and Moving Ahead	Ambika Ram Devi Degree College, Harriya, Basti, Uttar Pradesh-272128.
9	National	24.05.2020	Open Educational Resources	Periyar University College of Arts & Science, Dharmapuri, Tamilnadu-636905.
10	National	24.05.2020	Reduce Obesity and Be Fit	Justice Basheer Ahmed Sayeed College for Women, Chennai, Tamilnadu-600018.
11	International	25.05.2020	Why Stress Happens? & How to Manage It?	AQUINAS College, Cochin, Kerala-682010.
12	National	26.05.2020	Know Plagiarism! No Plagiarism	Tirunelveli Dakshina Mara Nadar Sangam College, T.Kallikulam, Tamilnadu-627113.
13	International	26.05.2020	Exercise and Weight Management: A Sustainable Approach to Build Your Programme	Bhagini Nivedita College University of Delhi, Delhi-110043.
14	State	26.05.2020	How Stress Affects the Body?	Easwari Engineering College, Chennai, Tamilnadu-600089.
15	International	27.05.2020	Health and Weight Management During Corona Days through lifestyle Changes	Sir Syed College, Taliparamba, Kannur, Kerala-670142.
16	State	27.05.2020	Improve Your Immunity Through Fitness During COVID 19	S.A. Engineering College, Chennai, Tamilnadu-600077.
17	National	27.05.2020	Yoga and Fitness the Way of Life	Sri Krishna Arts and Science College, Coimbatore, Tamilnadu-641108.
18	National	27.05.2020-28.05.2020	Sports Psychology	Kristu Jayanti College, Bengaluru, Karnataka-566077.
19	National	28.05.2020	Behavioral Changes in the Post Covid -19 Era	Madurai Kamaraj University, Madurai, Tamilnadu-625001.

20	International	28.05.2020-29.05.2020	Sports Science	Tamilnadu Physical Education & Sports University, Chennai, Tamilnadu-600127.
21	National	29.05.2020	Staying Nourished With Correct Nutrition	Gargi College, New Delhi-110049.
22	National	29.05.2020	Fitness Protocols for Kids and Elderly People During Pandemic	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore, Tamilnadu-641020.
23	International	30.05.2020	The Associations For National Sports Federations	Amateur Games & Sports: Promotion Federation India, Uttar Pradesh-201308.
24	National	30.05.2020	Ingenious Corporeal Training Methodology	Jenneys College of Physical Education, Trichy, Tamilnadu-620009.
25	National	30.05.2020	Innovating Education & Educating For Innovation	P.U. Educational Service, Mumbai, Maharashtra-400004.
26	National	30.05.2020	Essence of Physical Fitness During Lockdown	Dr. M.G.R. Educational and Research Institute, Chennai, Tamilnadu-600095.
27	State	31.05.2020	Enhance the Quality of life with Psychological Well-Being	Mohamed Sathak A.J College of Engineering, Chennai, Tamilnadu-603103.
28	International	01.06.2020	Impact of Covid-19 on Global and Indian Economy	Mahatma Phule Arts Science and Commerce College, Panvel, Maharashtra-410206.
29	National	01.06.2020-02.06.2020	Holistic Health Through Yoga	Parvathaneni Brahmayya Siddhartha College of Arts and Science, Vijayawada, Andhrapradesh-520001.
30	National	02.06.2020	Pedagogy of Teaching & Assessment	Burhani College, Mazgaon, Mumbai, Maharashtra-400010.
31	National	02.06.2020	Importance of Sleep During Pandemic Lockdown	Dr. M.G.R. Educational and Research Institute, Chennai, Tamilnadu-600095.
32	International	02.06.2020	Forensic Science for Society	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
33	National	03.06.2020	Covid 19 Pandemic Impact & Strategies for Education Sector In India	Gitanjali Teacher's Training College, Choa, West Bengal-742182.
34	State	03.06.2020	Asanas as Preventing Technique: A Systematic View	JAYA Group of Institutions, Thiruninravur, Chennai, Tamilnadu-602024.
35	National	03.06.2020	Post Lockdown Class Room Management- Challenges and Chances	Sri Gayathri College of Education, Salem, Tamilnadu-636302.
36	National	04.06.2020	Teachers and Cognition	Sri Gayathri College of Education, Salem, Tamilnadu-636302.
37	State	04.06.2020	Experience as an Entrepreneur	JAYA Group of Institutions, Thiruninravur, Tamilnadu-602024.
38	State	04.06.2020	Instigating Talk for Athelets & Importance of Stretches	KPR Institute of Engineering and Technology, Arasur, Coimbatore, Tamilnadu-641407.
39	National	04.06.2020	Fitness and Career in Fitness	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
40	National	05.06.2020	Climate Change and Environment Status After COVID-19	G.K.S. College of Arts, Commerce and Science, Khadavali, Maharashtra-421605.

41	State	05.06.2020	World Environment Day 2020 Time for Nature-Celebrate Biodiversity	Sacred Heart College, Tirupattur, Tamilnadu-635601.
42	National	05.06.2020	Guidance on Surviving the Economic Crisis 2020	Vidhya Dayan and Patil College of Arts, Vasai, Maharashtra-401303.
43	International	05.06.2020	Living with Lockdown: Lessons from India's Covid-19 Response & the way Forward to Economic Survival	Malda College, Malda, West Bengal-732101.
44	National	05.06.2020	Mental Health of Teachers	Sri Gayathri College of Education, Salem, Tamilnadu-636302.
45	International	05.06.2020- 06.06.2020	Sports Culture in India	AURO University, Surat, Gujarat- 395003.
46	International	06.06.2020	Inculcation of Human Values and Ethics in Higher Institutions	Dr. M.G.R. Higher Educational and Research Institute, Tamilnadu- 600095.
47	International	06.06.2020	Food Security and Small Scale Farmers in the Context of COVID-19 Pandemic	Marian College, Kuttikanam, Kerala-685553.
48	National	06.06.2020	Careers in Mathematics	R.K. Talreja College of Arts, Science & Commerce, Ulhasnagar, Maharashtra-421005.
49	International	06.06.2020	Stay Physically Active and Away from Stress During Lock Down	S.E.S. College, Kannur, Kerala- 670631.
50	International	06.06.2020- 07.06.2020	Research in Physical Education and Sports	ANURAG University, Hyderabad, Telangana-500088.
51	National	07.06.2020	Modeling and Assembly using Solid works	Yadavindra College of Engineering, Guru Kashi Campus, Bathinda, Punjab-151302.
52	International	08.06.2020	Nanomaterials for Smart and Sustainable Energy Solutions	Rayat Shikshan Sanstha's Mahatma Phule Arts, Science and Commerce College, Panvel, Maharashtra-410206.
53	National	08.06.2020	COVID-19 and Mental Health The Impact of Fear and Uncertainty	Vidhya Dayan and Patil College of Arts, Vasai, Maharashtra-401303.
54	State	08.06.2020	Aging and Exercise	Pioneer Kumaraswamy College, Nagarcoil, Tamilnadu-629003.
55	National	08.06.2020	Carbohydrates and Athletic Performance: Myths and Misconception	Fatima Mata National College, Kollam, Kerala-691001.
56	International	08.06.2020- 10.06.2020	New Trends in Sports and Physical Education	Kristu Jayanti College, Bengaluru, Karnataka-560077.
57	National	09.06.2020	Online Tools for Teachers and Teaching	Sri Gayathri College of Education, Salem, Tamilnadu-636302.
58	National	09.06.2020	Yoga Prescription for Covid-19	Fatima Mata National College, Kollam, Kerala-691001.
59	State	09.06.2020	Opportunities and Challenges in Social Work Practice-Post Covid 19	Sri Ramakrishna Mission Vidyalaya College of Arts and Science, Coimbatore, Tamilnadu-641020.
60	International	10.06.2020	Pandemic: A Personal, Education and Economic Revolution	P.U. Educational Service, Mumbai- 400004.
61	State	10.06.2020	Yogic Secrets to Stay Fit and COVID Safe	The Quaide Milleth College for Men, Medavakkam, Chennai, Tamilnadu-600100.

62	State	10.06.2020	Solving Problems with NMR Spectroscopy	Hajee Karutha Rowther Howdia College, Uthamapalayam, Tamilnadu-625533.
63	National	11.06.2020	Chanakya and Modern Education	Skill Slate, Zovy Studios, Pune, Maharashtra-411002.
64	State	11.06.2020	Powerful Secrets to Improve Sleep Quality & De-Stress	Easwari Engineering College, Chennai, Tamilnadu-600089.
65	National	12.06.2020	Age Related Disorder and Remedy through Fitness	St. Xavier's College of Education, Palayamkottai, Tamilnadu-627002.
66	International	12.06.2020	Role of Psychology to Fight against Covid-19 Pandemic	Mahatma Phule Arts Science and Commerce College, Panvel, Maharashtra-410206.
67	State	12.06.2020	Play by Age	Thoothukudi District Hockey Association, Thoothukudi, Tamilnadu-628907.
68	International	12.06.2020	Game of Basketball and Familiarising its Rules	Rajapalayam Rajus' College, Rajapalayam, Tamilnadu-626117.
69	International	12.06.2020-13.06.2020	Sports Management	Shri Shankarlal Sundarbai Shasun Jain College for Women, Chennai, Tamilnadu-600033.
70	State	13.06.2020	ERP-Microsoft Dynamics 365 F&O	Hajee Karutha Rowther Howdia College, Uthamapalayam, Tamilnadu-625533.
71	International	13.06.2020	Role of Coaches in Modern Volleyball	Ayya Nadar Janaki Ammal College, Sivakasi, Tamilnadu-626124.
72	National	13.06.2020	Universal Goal Setting Secrets	Bunts Shangha's Arathi Shasikiran Shetty Junior College, Kurla, Mumbai, Maharashtra-400024.
73	International	13.06.2020	I T	Dr. V.R. Godhaniya I.T. College, Porbandar, Gujarat-785602.
74	International	13.06.2020	High Performance in Sports	Sacred Heart College, Tirupattur, Tamilnadu-635601.
75	National	13.06.2020	Managing Human Resources in Pandemic Situation	Sacred Heart College, Tirupattur, Tamilnadu-635601.
76	National	13.06.2020	Environment and Economy-Post Covid 19: The Indian Perspective	Vikas College of Arts, Science & Commerce, Vikhroli, Mumbai-400083.
77	National	14.06.2020	COVID-19 Pandemic Situation : Job Opportunity / Challenges of Indian Pharmaceutical Industry	Rajashi Chaatrapati Shahu College, Kolhapur, Maharashtra-416012.
78	National	14.06.2020	Art of Drafting Research Project Proposal	Kumbhalkar College of Social Work, Kakawadi, Wardha, Maharashtra-442001.
79	National	14.06.2020	The Challenges of Higher Education During COVID-19	Sri Subramaniaswamy Government Arts College, Tiruttani, Tamilnadu-631209.
80	National	14.06.2020	The Future of The Nobel Profession	Sri Aurobindo Mira Group of Educational Institution, Madurai, Tamilnadu-625001.
81	National	15.06.2020	Documentation for Data Validation & Verification (DVV) and Peer Team Visit (PTV) NAAC	Mahatma Phule Mahavidyalya, Kingaon, Maharashtra-413523.
82	International	15.06.2020	COV ID-19 Crisis-International Experience	Dr. T.K. Tope Arts and Commerce Senior Night College, Parel, Mumbai-400012.

83	National	15.06.2020	Research Methodology	Marathwada Shikshan Prasharak Mandal's Yeshwantrao Chavan College, Ambajogai, Maharashtra-431517.
84	National	15.06.2020	Mental Health during COVID-19	Dhananjayrao Gadgil College of Commerce, Satara, Maharashtra-412802.
85	National	15.06.2020	Nurture, Nature, Nature will Nurture	R.K. Talreja College of Arts, Science & Commerce, Ulhasnagar, Maharashtra-421005.
86	National	15.06.2020	Higher Education and the Required Changes in Teaching Learning Process after Covid-19	Sonamai Shikshan Prasarak Mandal's Arts and Science Mahila College, Shahada, Maharashtra-425409.
87	International	16.06.2020	Real Life Experiences of Cities around the World: Impacting Health, Economics, Education and Social Dislocation	Noida International University, Noida, Delhi-201301.
88	State	16.06.2020	Turn Your Thesis into Articles	St. Xavier's College of Education, Tirunelveli, Tamilnadu-627002.
89	State	17.06.2020	Yoga for Wellness	SCAD Polytechnic College, Chennai, Tamilnadu-600001.
90	International	17.06.2020	The Changing Role of HR in the Age of Covid-19	GJASC, Thoothukudi, Tamilnadu-628722.
91	International	17.06.2020	T24 Banking Solution	Holy Cross Home Science College, Thoothukudi, Tamilnadu-628003.
92	National	17.06.2020	Health vs Biomechanics at Home Kitchen	Nazareth College of Education for Women, Chennai, Tamilnadu-600062.
93	International	17.06.2020-18.06.2020	Impact of Covid-19 on Service Sectors	VHNSN College, Virudhunagar, Tamilnadu-626001
94	National	17.06.2020-21.06.2020	Role of Yoga in Health Hazards During Covid-19 Pandemic	Degree College of Physical Education, Amravati, Maharashtra-444601.
95	National	18.06.2020	AI-Driven Marketing in Post-Covid Era	Shri Shikshayatan College, Kolkata, West Bengal-700071.
96	National	18.06.2020	Environment Health and Covid-19	Sardar Vallabhbhai Patel Arts and Science College, Ainpur, Maharashtra-425507.
97	National	18.06.2020	Future of Education Post Covid	Mc Graw hill.
98	National	18.06.2020-19.06.2020	Health Fitness, Wellness, Training load Parameters & Research Methodology in Physical Education	JSS Science and Technology University, Mysuru, Karnataka-570006.
99	National	19.06.2020	Floods in Mumbai & its Effect on Covid-19: Rain water Harvesting is now Easy	S.M. Shetty College of Science, Commerce & Management Studies, Powai, Mumbai, Maharashtra-400076.
100	International	19.06.2020-20.06.2020	Sports Science and Yoga	Sri Ramakrishna Mission Vidyalaya College of Education, Coimbatore, Tamilnadu-641020.
101	International	20.06.2020	Value and Effect of Physical Fitness	AAA College of Engineering and Technology, Chennai, Tamilnadu-626005.
102	National	21.06.2020	Yoga (Improving Immunity)	L.M.M. Arts, Commerce & Ashok Science College, Maharashtra-423203.



103	National	21.06.2020	Strategical Importance of Complex II Skills in Volleyball (Service, Block & Defense)	Kalasalingam Academy of Research & Education, Krishnankoil, Tamilnadu-626126.
104	International	21.06.2020	Collective Growth through Collective Consciousness	Lakshmibai National Institute of Physical Education, Gwalior, MadhyaPradesh-474001.
105	National	21.06.2020	Yoga	Bharathiyar University Arts and Science College, Coimbatore, Tamilnadu-641109.
106	National	21.06.2020	Yoga for Health	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
107	National	21.06.2020	Boost Your Immunity with Yoga to Combat Covid -19	Mannaniya College of Arts and Science, Thiruvananthapuram, Kerala-695609.
108	National	21.06.2020-22.06.2020	Holistic Health for Human Excellence	Pondicherry University, Pondicherry-605014.
109	State	22.06.2020	Olympic Vision	Thoothukudi District Hockey Association, Tuticorin, Tamilnadu-628001.
110	National	22.06.2020	Basic Author Workshop Research Article Writing & Reference Management using Mendeley	Annamalai University, Chidambaram, Tamilnadu-608001.
111	National	24.06.2020	Higher Education Scenario after Covid-19	RKDF University, Bhopal, Madhya Pradesh-462003.
112	International	24.06.2020	Need of Yoga in Changing Scenario	Dang Seva Mandal's Arts College, Abhone, Maharastra-423502.
113	International	24.06.2020	Fitness through Yoga during COVID-19 Pandemic	JMJ College for Women, Tenali, Andhra Pradesh-522202.
114	National	24.06.2020	Demystifying Depression	Rajasri Tandon Mahila Mahavidyalaya, Uttar Pradesh-211003.
115	International	26.06.2020	Effective Skills for Research and Publication in Social Sciences	Rani Channamma University, BelaGavi, Karnataka-591156.
116	International	26.06.2020	Covid 19: Solution for Survival	Rajapalayam Rajus' College, Rajapalayam, Tamilnadu-626117.
117	International	27.06.2020	Importance of Pranayama and Diet	Easwari Engineering College, Chennai, Tamilnadu-600089.
118	National	27.06.2020	Road Map to Blended Learning and E-Resources	Noida College of Physical Education, Uttar Pradesh-203207.
119	National	27.06.2020	Self Awareness and Goal Setting in Physical Education and Sports	Nanjil Catholic College of Arts & Science, Kaliyakkavilai, Tamilnadu-629153.
120	National	27.06.2020	Yoga for All-Yoga for Life	K.L.E. Society's Raja Lakhamagouda Science Institute, Belugum, Karnataka-590001.
121	International	27.06.2020	A Bundle of Tools for online Teaching	Sri Ramakrishna Mission Vidyalaya College of Education, Coimbatore, Tamilnadu-641020.
122	National	27.06.2020	Life-Skills Education is needed for Adolescents	Bunts Sangha's Arathi Shashikiran Shetty Junior College, Maharashtra-400024.
123	State	27.06.2020	Teacher & Children's Right to Education	Sri Gayathri Education College, Salem, Tamilnadu-636302.
124	International	28.06.2020	Copying with Higher Education, Research and Employability during after the Pandemic	Anugrah Narayan Singh College, Barh, Bihar-803213.



125	National	29.06.2020	Impact of Online Education on Mental and Physical Health	Govt. Girls P.G. College, Rampur, Uttar Pradesh-244901.
126	National	29.06.2020	Social Media Marketing	Bunts Shangha's S.M. Shetty College of Science, Commerce and Management Studies, Powai, Maharashtra-400070.
127	International	29.06.2020-01.07.2020	Recent Advancement in Research	Annamalai Univeristy, Chithambaram, Tamilnadu-608002.
128	National	30.06.2020	Impact of Covid 19 on Public Health Education: Challenges and Opportunities	GCNI and MIT World Peace University, Maharashtra-411038.
129	National	30.06.2020	Asymmetric Synthesis and Its Applications	Hajee Karutha Rowther Howdia College, Uthamapalayam, Tamilnadu-625533.
130	International	30.06.2020	Thy Food is Thy Medicine: Enrich your Health the Perfect Way	Rajapalayam Rajus' College, Rajapalayam, Tamilnadu-626117.
131	National	30.06.2020	COVID-19 and Physical Education Teacher Training Program: Challenges and Opportunities	Swarnim Gujarat Sports University, Gandhinagar, Gujarat-382021.
132	National	30.06.2020	NAAC Assessment and Accreditation for Affiliated College Revised Accreditation Framework	Rani Birla Girls' College, Kolkata West Bengal-700017.
133	State	30.06.2020	Exercise and Cognition	SCAD College of Education, Cheranmahadevi, Tirunelveli, Tamilnadu-627414.
134	National	01.07.2020	Management in Sports Science 2020	The American College, Madurai, Tamilnadu-625009.
135	National	01.07.2020	Manage Stress Through a Strong Body	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
136	National	01.07.2020	Effective and Efficient Writing of Research Papers for Web of Science, Scopus Indexed Journal and Conference Papers Using Typeset Research Studio	AISSMS College of Engineering, Pune, Maharashtra-411001.
137	State	01.07.2020	Kabaddi: An Overview	Vinayaka Mission's College of Physical Education, Salem, Tamilnadu-636308.
138	International	01.07.2020	Sports as a Career	St. Paul Institute of Professional Studies, Indore, Uttarpradesh-222001.
139	State	01.07.2020	Career in Athletics	Bharathiar University Arts & Science College, Pollachi, Tamilnadu-641046.
140	National	02.07.2020	Recent Trends in Physical Education and Sports Science	Adikavi Nannaya University, Rajamahendravaram, Andhrapradesh-533296.
141	National	02.07.2020	Block Chain Technology	Gate Institute of Technology and Sciences, Telangana, Hyderabad-508206.
142	National	02.07.2020	World Sports Journalists Day	Kristu Jayanthi College, Bengaluru, Karnataka-560077.
143	National	03.07.2020	An Overview of Research Ethics & Plagarism Issues	Raja Balwant Singh Engineering Technical Campus, Bichpuri, Uttarpradesh-282002.

144	National	03.07.2020	Lockdown, Children and The Role of Media	Kalindi College, Delhi-110008.
145	International	03.07.2020	Impacts of Covid-19 Pandemic on the Global Society: Interdisciplinary Perspectives	M.A. Parikh Fine Arts & Arts College, Palanpur, Gujarat-385001.
146	State	04.07.2020	Easy Fitness at Home Join & Boost your Vigour	Holy Cross College, Trichy, Tamilnadu-620002.
147	National	04.07.2020	Sports 2020-A Changing Scenario due to the Pandemic	Mount Carmel College, Bengaluru, Karnataka-560001.
148	International	04.07.2020	Approaches on online Teaching and its Assessment Methods	Patrician College of Arts & Science, Chennai, Tamilnadu-600020.
149	National	04.07.2020	Survive & Thrive-Emotional Well Being	P.U. Educational Service, Mumbai-587103.
150	International	04.07.2020	Covid 19-A Mysterious Infection-Limited Evidence, Unanswerable Questions	Hajee Karutha Rowther Howdia College, Uthamapalayam, Tamilnadu-625533.
151	National	04.07.2020	Outcome Based Education	Bunts Sandha's S.M. Shetty College of Science, Commerce and Management Studies, Powai, Mumbai-400076.
152	State	05.07.2020	Technical Skills Development & Implementation	Sivakasi Town Hockey Club, Virudhunagar, Tamilnadu-626001.
153	National	05.07.2020	Fitness During and After Lock-Down	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
154	National	05.07.2020	Enhancing Quality Culture in Technical Institutes through Online Teaching for Outcome Based Teaching	AISSMS College of Engineering, Pune, Maharashtra-411001.
155	International	05.07.2020-06.07.2020	Health, Physical Education & Sports : In COVID-19 Pandemic	Shivaji University, Kolhapur, Maharashtra-416229.
156	State	06.07.2020	Managing Stress During Lockdown	Government Arts and Science College for Women, Satankulam, Thoothukudi, Tamilnadu-628704.
157	State	06.07.2020	Exercise for Betterment of Health	Holy Cross College, Nagercoil, Tamilnadu-629004.
158	International	06.07.2020	Finding Opportunities in the Times of Trouble	Geetha Jeevan Arts and Science College, Thoothukudi, Tamilnadu-628722.
159	National	07.07.2020	Fitness to Statistics	RV College of Engineering, Bangalore, Karnataka-560059.
160	National	07.07.2020	Research Methodology In Physical Education	Sri Kolli Nageshwar Rao Gangaiah Government First Grade College, Karnataka-583227.
161	National	07.07.2020	Mental Health & Wellness during Covid-19	Rajarshi Chatrapati Shahu College, Kolhapur, Maharashtra-416005.
162	International	07.07.2020-08.07.2020	Post Covid Effects & Challenges on the field of Education	Susana Methodist Girls B.Ed. College, Uttarakhand-247667.
163	National	08.07.2020	Power of Youth	Easwari Engineering College, Chennai, Tamilnadu-600089.
164	National	08.07.2020	Modern Trends in Educational Technology	St. John's College of Education, Tirunelveli, Tamilnadu-627002.
165	State	09.07.2020	Tamilans Classical Games and its Uses	Pioneer Kumaraswamy College, Nagercoil, Tamil Nadu-629003.

166	National	09.07.2020	The Covid-19 Outbreak and Immunity : Mediating Role of Aerobic Exercise and Yoga Practice	Sharadchandra Pawar Mahavidyalaya, Satara, Maharashtra-415001.
167	International	10.07.2020	Higher Opportunities and Career Prospects in Germany	AISSMS College of Engineering, Pune, Maharashtra-411001.
168	International	10.07.2020	Alumni Panel Discussion: Industry Expectations from the Students	AISSMS College of Engineering, Pune, Maharashtra-411001.
169	International	10.07.2020	Industry 4.0 and Challenges, Opportunities for Future Engineers	AISSMS College of Engineering, Pune, Maharashtra-411001.
170	International	10.07.2020	Opportunities in Robotics Process Automation (RPA)	AISSMS College of Engineering, Pune, Maharashtra-411001.
171	National	11.07.2020	Design, Development & Implementation of Project Methodologies	AISSMS College of Engineering, Pune, Maharashtra-411001.
172	International	11.07.2020-12.07.2020	Professional Learning	Government Thirumagal Mills College, Gudiyattam, Tamilnadu-632602.
173	National	13.07.2020	Periodisation of Training for Athletes	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
174	National	13.07.2020	Science in Ball Badminton	Vinayaka Mission's College of Physical Education, Salem, Tamilnadu-636308.
175	International	17.07.2020	Challenge Before Research During Covid-19	St. Thomas College, Bhilai, Chattisgarh-490006.
176	National	17.07.2020	Strengthening the "You' in You	A.P.C. Mahalakshmi College for Women, Thoothukudi, TamilNadu-628002.
177	International	18.07.2020	Managing Mental and Physical Health with Yoga Amid COVID-19	St. Thomas College, Bhilai, Chattisgarh-490006.
178	International	18.07.2020-20.07.2020	Yoga As The Way of Life Amidst COVID-19 Pandemic	Baikunthi Devi Kanya Mahavidyalaya, Agra, Uttar Pradesh-282001.
179	National	19.07.2020	Cricket and Management Saga With Shishir Hattangadi	P.U. Educational Service, Mumbai, Maharashtra-400004.
180	International	19.07.2020	Purpose of Life and living. Do We Actually Live or Exist?	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
181	National	19.07.2020	Managing Human Stress and Boosting Immunity in the Era of COVID-19 Pandemic	Kidderpore College, Kolkata, West Bengal-700023.
182	National	19.07.2020	Fema and Post COVID Scenario	Shrimathi Devkumar Nanal Bhatt Vaishnav College for Women, Chennai, Tamilnadu-600044.
183	International	19.07.2020-20.07.2020	How Will Covid-19 Transform The State of Education for Future Generations	North India Group of Colleges, Bijnor, UttarPradesh-246701.
184	National	20.07.2020	Eye Health and COVID -19	AURO University, Surat, Gujarat-394510.
185	National	20.07.2020	Chess Despite COVID-19 Pandemic	Thoothukudi District Chess Association, Tuticorin, Tamilnadu-628005.
186	State	20.07.2020	Essential Measures & Treatments in Pandemic	SRM Arts & Science College, Kattankulathur, Tamilnadu-603203.

187	International	22.07.2020	Yoga as a Means of Healthier Lifestyle During Corona Virus Pandemic	University of Kalyani, West Bengal-741235.
188	National	22.07.2020	Psychological Aspects of Mental Wellbeing	N.K.T. National College of Education for Women, Chennai, Tamilnadu-600005.
189	National	22.07.2020	Resurgence of Physical Education and Sports Economics After Covid 19	The Bhopal School of Social Sciences, Bhopal, Madhya Pradesh-462024.
190	National	22.07.2020	Health, Fitness & Nutrition during Covid-19	JSS Law College, Mysore, Karnataka-570023.
191	National	22.07.2020	Teacher vs Learner: Impact of COVID'19 in Colleges	The American College, Madurai, Tamilnadu-625002.
192	National	24.07.2020	Fitness for Protection from Pandemic	Mangalore University College, Mangalore, Karnataka-574199.
193	State	24.07.2020	Carry over values of sports	SRM TRP Engineering College, Trichy, Tamilnadu-621105.
194	National	25.07.2020	Physical Fitness and Mental Health	Government Arts and Science College, Villupuram, Tamilnadu-607203.
195	International	25.07.2020	Atmanirbhar Bharat – Need of an Hour	P.U. Educational Service, Mumbai, Maharashtra-400004.
196	State	25.07.2020	Technology in Sports	Anna Univeristy, Tiruchirappalli, Tamilnadu-620024.
197	National	26.07.2020	Indeterminacy and Analysis of Indeterminate Beams	SKYTECH Academy, West Bengal-700084.
198	National	27.07.2020	Common Injuries in Sports & its Rehabilitation	Sadguru Gadage Maharaj College, Karad, Maharashtra-415105.
199	State	27.07.2020	Circuit Crackers of The Event Reflections	St. Joseph College of Engineering, Chennai, Tamilnadu-600119.
200	National	28.07.2020	How to Manage & Overcome Stress After Lockdown and General Health Education	Health, Fulcrum Group of Companies, Pakistan
201	National	29.07.2020	New Challenges in Sports	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
202	International	29.07.2020-30.07.2020	Yogic Exercises As A Preventive Measure to Improve the Immune System to overcome COVID-19	NOIDA College of Physical Education, Uttar Pradesh-201304.
203	International	30.07.2020	Psychomotor Abilities and Performance in Sports	Periyar University, Salem, Tamilnadu-636011.
204	State	30.07.2020	Make Yourself Effective and Efficient in Your Profession	Padmavani College of Education & K.S. College of Education, Salem, Tamilnadu-636011.
205	National	30.07.2020	The Revolution is Inclusion in Sports	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
206	National	16.08.2020	Breaking the Barriers: Significant Role of Sports in Peacebuilding	Government Arts and Science College (Women), Sathankulam, Thoothukudi, Tamilnadu-628704.
207	International	22.08.2020-23.08.2020	Mountaineering: Challenges and Opportunities	Mountaineer Ravikumar Foundation of India.
208	National	26.08.2020	Sports Science for Women Wellness	Shri Krishnaswamy College for Women, Chennai, Tamilnadu-600040.

209	State	28.08.2020	The Value of Sports	Pioneer College of Arts and Science, Coimbatore, Tamilnadu-641047.
210	National	28.08.2020	Yoga for Enhancing Immunity in Pandemic	Dr. Babasaheb Sawant Konkan Krishi Vidyapeeth, Ratnagiri, Maharashtra-415712.
211	National	28.08.2020	Role of NCC in Nation Building & Developing Atmanirbhar Bharat	Kisan Veer Mahavidyalaya, Wai, Maharashtra-412803.
212	International	28.08.2020-29.08.2020	Overview of Neurodegenerative Diseases-Impact of Covid-19 Pandemic on Neurological Symptoms & Traumatic Brain Injury and Neurodegeneration	Chennai National Arts and Science College, Avadi, Chennai-600054.
213	National	28.08.2020-29.08.2020	Aspects and Prospects of Fitness and Health During Post Covid-19	Anna University Regional Campus, Coimbatore, Tamilnadu-641046.
214	National	29.08.2020	Patriotism in Sports	St. Clare College, Bengaluru, Karnataka-560013.
215	National	29.08.2020	Sports for Human Welfare	Dr. M.G.R. Educational and Research Institute, Chennai, Tamilnadu-600095.
216	State	29.08.2020	Covid 19 Awareness for the Farmer's and Covid 19: Health Care Workers Communication Strategies	M.S Swaminathan Research Foundation, Pushkaram College of Agriculture Sciences & G.T.N. Arts College, Dinidugul, Tamilnadu-624005.
217	National	29.08.2020	Sports & Yoga for Healthy Living During Covid 19	Seshadripuram Degree College, Mysuru, Karnataka-560020.
218	International	29.08.2020	Modern Technology in Physical Education & Sports 2020	The American College, Madurai, Tamilnadu-625002.
219	International	29.08.2020	Water an Elixir : Necessitated for the Common People during Pandemic	K.C.S. Kasi Nadar College of Arts and Science, Chennai, Tamilnadu-600021.
220	International	29.08.2020	Effect of the Pandemic on Physical Education and Sports	Swami Vivekanand University, Sagar, Madhya Pradesh-470003.
221	National	29.08.2020	Nutrition and Sports Performance	Shivjagruiti Senior College, Nalegaon, Latur, Maharashtra-413524.
222	State	30.08.2020	Savitrichya Aatmanirbhar Leki	College of Education, Solapur, Maharashtra-413411.
223	National	01.09.2020-03.09.2020	Balancing our Subtle System through – SAHAJA Yoga Mediation	Tamilnadu Teacher's Education University, Chennai, Tamilnadu-600097.
224	International	05.09.2020	Lead the World as a Knowledge Leader	Government College of Education, Pudukkottai, Tamilnadu-622001.
225	International	10.09.2020	Veda for World Peace	MARR Maharishi International Organization.
226	National	12.09.2020	Scientific Conclusions need not be Accurate, Justified, or believed by their Authors	Panjab University, Chandigarh-160014.
227	International	14.09.2020	Philosophical Counseling-Logic Based Therapy	Panjab University, Chandigarh-160014.
228	National	15.09.2020	Future of Indian Languages: Challenges and Prospects in Context of NEP, 2020	Bengali and Education, Women's College, Silchar, Assam-788001.



229	National	15.09.2020	Health Related Fitness Amidst Covid Pandemic	National College of Law, Shivamogga, Karnataka-577201.
230	State	17.09.2020	Lifestyle Diseases and Health Education	Pioneer College of Arts and Science, Coimbatore, Tamilnadu-641047.
231	National	17.09.2020	Current Trends & Developments in Physical Education & Sports Science	Suri Vidyasagar College, Birbhum, West Bengal-731101.
232	National	24.09.2020	A Perspective View of Integrated Physical Education Curriculum for Under Graduate Level	Government First Grade College for Women, Karnataka-573211.
233	National	26.09.2020-27.09.2020	The Impact of Artificial Intelligence & Covid 19 on Employment, Career & Entrepreneurship	IIT Madras Research Park, Chennai, Tamilnadu-600026.
234	National	03.10.2020	Management of Stress & Anxiety Through Yoga	Bhandarkars Arts and Science College, Kundapura, Karnataka-576201.
235	International	12.10.2020	Setting Goals & Getting Them	Institute of Global Professionals.
236	National	14.10.2020	Career Opportunities in Indian Army & Karnataka Police	Government First Grade College, Bilikere, Karnataka-571103.
237	International	15.10.2020	Building A Successful Business	Institute of Global Professionals.
238	State	17.10.2020	Impact of Punishment on Students and Teaching without Punishment	AL- Mahmood B.Ed College, Shivmogga, Karnatka-577205.
239	National	17.10.2020	Practice Yoga for Healthy Living During Covid-19	JSS Institute of Education, Sakleshpur, Hassan, Karnataka-573214.
240	National	17.10.2020	Fitness and Wellness	Sri Jagadguru Murugharajendra College of Arts and Commerce, Karnataka-577501.
241	National	06.01.2021	Revised Accreditation Framework of NAAC	E.M.G. Yadava Women's College, Madurai, Tamilnadu-625014.
242	International	15.01.2021	Football Training Basics	Rajagiri School of Engineering and Technology, Kochi, Kerala-682039.
243	National	20.01.2021	Career Advancement Scheme for Teaching and Non-Teaching Staff	Shri. Dnyaneshwar Maskuji Burungale Science and Arts College, Shegaon, Maharashtra-444203.
244	National	22.01.2021	Intellectual Property Rights	Rathinam College of Arts and Science, Coimbatore, Tamilnadu-641021.
245	National	07.05.2021	Sport Nutrition	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
246	National	08.05.2021	Stay Physically Active during Self-Quarantine	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
247	National	15.05.2021	Suitable Fitness Activities for Present Health	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
248	International	17.05.2021	Sports Management	Seshadripuram Evening Degree College, Bengaluru, Karnataka-560020.
249	National	18.05.2021	Boost your Immunity with Yoga	G.T.N. Arts College, Dindigul, Tamilnadu-624005.



250	National	20.05.2021	Sports Injuries Rehabilitation	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
251	National	22.05.2021	We are Part of the Solution	Rajapalayam Rajus' College, Rajapalayam, Tamilnadu-626117.
252	National	26.05.2021	Otters of India	Rajapalayam Rajus' College, Rajapalayam, Tamilnadu-626117.
253	National	29.05.2021	Women Safety	Tamilnadu Physical Education & Sports University, Chennai, Tamilnadu-600048.
254	National	02.06.2021	Immediacy at The Intersection of Physical & Mental Health Care During Second Wave of Covid-19	K.L.E. Society's Lingaraj College, Belagavi, Bangalore, Karnataka-590001.
255	National	04.06.2021	Strengthening of Physical & Spiritual Health Through Yogic Science	D.A.V. Centenary College, Faridabad, Hariyana-121001.
256	National	05.06.2021	World Environment Day	Meenakshi Academy of Higher Education & Research, Chennai, Tamilnadu-600078.
257	International	12.06.2021-20.06.2021	Practical Aspects of Yoga a Life time Companion for Women	Tamilnadu Physical Education & Sports University, Chennai, Tamilnadu-600127.
258	International	13.06.2021	Physical Activity & Wellness: The Effective Modality for Managing Covid-19	Government Arts College, Bengaluru, Karnataka-560001.
259	National	14.06.2021	Career Guidance & Counseling in Sports	Nehru Arts, Science & Commerce College, Hubballi, Karnataka-580020.
260	National	16.06.2021	Women Health Specific Program	Nazreth College of Education for Women, Chennai, Tamilnadu-600062.
261	National	16.06.2021	The Impact of Covid-19 on Sports & Physical Well Being	Shivaji University, Kolhapur, Maharashtra-416004.
262	National	16.06.2021	Physical Fitness at Home-A Stress Buster during Covid Pandemic	Bangurnagar Arts, Science & Commerce College, Dandeli, Karnataka-581325.
263	State	18.06.2021	Yoga for Stress Management	Institute of Advanced Study in Education, Chennai, Tamilnadu-600015.
264	National	19.06.2021	Yoga For Covid-19 Care	Mohamed Sathak A.J College of Engineering, Chennai, Tamilnadu-603103.
265	National	19.06.2021	Conceptual Understanding of Pranayama & Meditation	Smt. P.N. Doshi Women's College, Mumbai, Maharashtra-400086.
266	National	19.06.2021	Boosting Immunity & Mental health Through Yogic Concepts	Lakshmi Bai National Institute of Physical Education, Gwalior, MadhyaPradesh-474001.
267	International	20.06.2021	Covid Pandemic & Lifestyle Management – A Fitness 7 Wellness Initiative	Sindhi College, Bengaluru, Karnataka-560024.
268	National	20.06.2021	Mental health With Yogic Lifestyle during Pregnancy	Sahu Ram Swaroop Mahila Mahavidyalaya, Bareilly, Uttarpradesh-243001.
269	National	20.06.2021-21.06.2021	Yoga for Healthy Lifestyle	Department of Physical Education, Mandsaur University, Mandsaur, Madhyapradesh-458001.
270	National	20.06.2021-23.06.2021	Yoga for Health & Harmony in the Pandemic of Covid-19	Shree Hanuman vyayam Prasarak Mandal's Degree College of Physical Education, Amravati,

				Maharashtra-444605.
271	National	21.06.2021	Prosperity of Yogic Culture	National Institute of Technology, Karaikal, Puducherry-609609.
272	National	21.06.2021	A Rejuvenation of MIND, BODY, & SOUL	C. Kandaswami Naidu College for Men, Chennai, Tamilnadu-600102.
273	National	21.06.2021	Yoga For Well-Being 2021	Dhanaji Nana Mahavidyalaya, Faizpur, Maharashtra-425503.
274	National	21.06.2021	Yoga The Self Healing Power of Nature : Food For Body & Soul during Pandemic	Lingaraj College, Belgavi, Karnataka-590001.
275	National	21.06.2021	Pranayama – The Art of Living	Cardamom Planters' Association College, Bodi, Tamilnadu-625513.
276	National	21.06.2021	Yoga Demonstration on the Occasion of International Yoga Day	Nehru Arts, Science & Commerce College, Hubballi, Karnataka-580020.
277	State	21.06.2021	Yoga for Health	V.V. Sangha's S.K. College of Arts, Commerce & Science, Talikotti, Karnataka-586214.
278	National	21.06.2021	Healthy Practices of Yoga & Pranayam during Covid-19.	Appasaheb Raghunathrao Bhaurao Garud, Arts, Commerce & Science College, Shendurni, Maharashtra-424204.
279	State	21.06.2021	Relax & Recharge Through Meditation	Kaamadhenu Arts & Science College, Erode, Tamilnadu-638503.
280	International	21.06.2021	Yoga	K.I.H.E. Society's Maharashtra College of Arts, Science & Commerce, Mumbai, Maharashtra-400008.
281	National	21.06.2021	Yoga For Health & Harmony	Sahu Ram Swaroop Mahila Mahavidyalaya, Bareilly, Uttarpradesh-243001.
282	National	21.06.2021	Yoga for Well Being	Idhaya College for Women, Kumbakonam, Tamilnadu-612001.
283	National	21.06.2021	International Yoga Day	Dharma Samaj College, Aligarh, Uttarpradesh-202001.
284	National	21.06.2021	International Day of Yoga	GLA University, Mathura, Uttarpradesh-281406.
285	State	21.06.2021	Yoga for Practices for Present Scenario(YPPS)	Virudhunagar Hindu Nadars' Senthikumara Nadar College, Virudhunagar, Tamilnadu-626001.
286	National	22.06.2021	Need of Media Literacy in 21 <sup>st</sup> Century	Mandsaur University, Daulatpur, Madhyapradesh-458001.
287	National	22.06.2021	Sustaining Physical & Emotional Well-Being in Combating Covid-19	Sacred Heart College, Tirupattur, Tamilnadu-635601.
288	International	23.06.2021	Challenges in Training & Coaching of Sports & Game	Government Arts, Commerce & PG College, Hassan, Karnataka-573201.
289	National	23.06.2021	Importance of yoga in Covid-19 Pandemic	Arts & Science College, Kurha, Amravati, Maharashtra-444601.
290	National	23.06.2021	Olympism	Physical Education Foundation of India, New Delhi-110092.
291	National	25.06.2021	Current Trends in Digital Signal/ Image Processing & Career Options	K.L.E. Society's Raja Lakshmagouda Science Institute, Belgavi, Karnataka-590001.

292	National	26.06.2021	Photonics: The Light Way to Future	K.L.E. Society's Raja Lakshmagouda Science Institute, Belgavi, Karnataka-590001.
293	National	26.06.2021	An Overview on GMP for the Production of Pharmaceutical Dosage Forms	Birbhum Pharmacy School, Bandhersole, WestBengal-731124.
294	National	29.06.2021	Gender Equality & Development	Bhaurao Kakatkar College, Belgaum, Karnataka-590001.
295	National	29.06.2021	Yoga for Boosting Immunity to Fight with Covid	Brig.Ran Singh Govt.College, Dujana, Uttarpradesh-203207.
296	International	29.06.2021	Challenges in Global Economic & Social Developments: Guidance from the Holy Qu'ran	Sadakathullah Appa College, Tirunelveli, Tamilnadu-627011.
297	National	30.06.2021	Obesity & its Management	Brig.Ran Singh Govt. College, Dujana, Uttarpradesh-203207.
298	International	01.07.2021	Latest Inovation In Sports Sciences & Menace of Covid-19	Panchmura Mahavidyalaya Department of Physical Education, Bankura University, West Bengal-722156.
299	National	02.07.2021	Physical Activity to Improve Our Body	Sadakathullah Appa College, Tirunelveli, Tamilnadu-627011.
300	National	03.07.2021	E-Learning: Opportunities & Challenges During Covid Era	Baba Moni Ji Group of Institutions, Lehra Mohabbat, Punjab-151111.
301	National	03.07.2021	India's Journey & Expectation	National Sports University, Kouruk, Manipur-795146.
302	International	04.07.2021	Physiological Effects of Body System	GLA University, Mathura, Uttarpradesh-281406.
303	National	06.07.2021	A Holistic Approach to Industry-Academy Interaction	Kristu Jyoti College of Management & Technology, Chethipuzha, Kerala-686104.
304	National	07.07.2021	Intellectual Property Rights	Shree Khasgatesh College of Arts, Commerce & Science, Vijaypur, Karnataka-586214.
305	National	11.07.2021	Corona Pandemic: A Crisis of Environment	Vidyasagar University Philosophy Alumni Association, Midnapore, WestBengal-721102.
306	National	11.07.2021	World Population Day	Sahu Ram Swaroop Mahila Mahavidyalaya, Bareilly, Uttarpradesh-243001.
307	National	12.07.2021	Career Opportunities in EV Industry	Mohamed Sathak A.J College of Engineering, Chennai, Tamilnadu-603103.
308	National	12.07.2021-13.07.2021	Yoga: " Importance of yoga during this Pandemic Period"	C.Kandaswami Naidu College for Men, Chennai, Tamilnadu-600102.
309	International	13.07.2021	Career Opportunities in Sports, Fitness & Allied Sectors	P.C. Jabin Science College, Vidyanagar, Hubballi-580031.
310	National	15.07.2021	Yogic Awareness in Present Scenario	Mahantswamy Arts, Science & Commerce College, Haunsbhavi, Karnataka-581109.
311	State	17.07.2021	Acham Thavir	Pioneer Kumaraswamy College, Nagercoil, Tamilnadu-629003.
312	National	18.07.2021	Research Metrics & Measurement to Etrance Research Visibility, Literature Review, Journal Selection & Publication	G.T.N. Arts College, Dindigul, Tamilnadu-624005.

313	National	19.07.2021	Author Profile Management Systems, Tips on Avoiding Plagiarism & Mechanism of Plagiarism Software, Writing Research Paper	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
314	International	20.07.2021	Drug Discovery-2021	ATMA RAM Sanatan Dharma College, NewDelhi-110021.
315	National	20.07.2021	Research Design & Methods in social Science, Reference Management System, Concept Development & Model Building for Social Science Research	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
316	National	21.07.2021	"Cheer4 India" India at Tokyo Olympics 2020	Physical Education Foundation of India, Karanataka Chapter.
317	National	21.07.2021	Publication Ethics, Strategies for Writing Good Quality Thesis, Reference Management Scientific Software for Citation & Bibilography, Transdisciplinary Research Approaches	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
318	National	23.07.2021	Teacher Development in National Education Policy-2020	Baba Moni Ji Group of Institutions, Bathinda, Punjab-151111.
319	National	23.07.2021	Yogic Remedy for Lifestyle Diseases	Saveetha School of Law, Chennai, Tamilnadu-600077.
320	National	24.07.2021	Role of Information Technology Amid Covid 19 Pandemic	Pt. Harishanker Shukla Memorial College, Raipur, Chhatishgarh-492010.
321	National	30.07.2021	Gender Sensitization & Equality in the Indian Context	MGSMS's Arts, Science & Commerce College, Chopda, Jalgaon, Maharashtra-425107.
322	National	31.07.2021	Yogic Management for Obesity	Saveetha School of Law, Chennai, Tamilnadu-600077.
323	International	03.08.2021	Carbon Dynamics in Deciduous Forests	Sree Siddaganga First Grade College of Arts & Commerce, Nelamangala, Bangalore, Karnataka-562162.
324	National	05.08.2021	The Sports Arena- Women Empowerment	Physical Education Foundation of India, Dhule Chapter, Maharashtra-425405.
325	State	19.08.2021	Origin & Development of Mallakhamb in Karnataka	B.V.V. Sangha's Basaveshwar College of Physical Education, Vidyagiri, Bagalkote-587102.
326	National	20.08.2021	Role of Sports & Armed Forces in National Integration	G.T. Patil College, Nandurbar, Maharashtra-425412.
327	National	21.08.2021	Post COVID Nutritional Care	Tamil Nadu Physical Education and Sports University, Melakottalyur, Chennai, Tamilnadu-600127.
328	National	21.08.2021	Stress Management and Tokyo Olympic	Dr. Annasaheb G.D.Bendale Mahila Mahavidyalaya, Jalgaon, Maharashtra-42500.
329	National	26.08.2021	HNMR Spectroscopy and its Applications	Shree Khasgatesh College of Arts, Commerce and Science, Talikoti, Karnadaka-586214.
330	International	27.08.2021	Exercise Prescription for Strength & Conditioning	Tamil Nadu Physical Education and Sports University, Melakottalyur, Chennai, Tamilnadu-600127

331	State Level	28.08.2021	Significance of National Flag Code	B.V.V. Sangha's Basaveshwar College of Physical Education Vidyagri, Bagalkote, Karnataka-587102.
332	National	28.08.2021	Indians Gold in the Olympics and Reporting Experience of Tokyo Olympic 2020	Sharadchandra Pawar College, Maharashtra-412409.
333	National	28.08.2021	Yoga For Mental-Emotional Health & Social Well Being	Gurukula Kangri (Deemed to be University) Haridwar, Uttarakhand-249404.
334	National	28.08.2021	Physical Fitness and Wellbeing	Government Arts & Science College for Women, Cathankulam, Tamilnadu-628704.
335	National	29.08.2021	Counter Attack – A Key to Success	Kalinga University, Rajpur, Chhattisgarh-492101.
336	National	14.09.2021	Kreeda Utsava in Amrutha Mahosthsava	M.S Ramaiah College of Arts, Science & Commerce, Bengaluru, Karnataka-560054.

### Quiz:

Sl.No	Level	Date	Topic	Organize
1	State	09.03.2020	National Sports Day	Government Arts and Science College (Women), Sathankulam, Tamilnadu-628704.
2	State	17.05.2020	Online Quiz	Dr. Ambedkar Government Arts College. Chennai, Tamilnadu-600001.
3	State	18.05.2020	Sports	Anna Adarsh College for Women, Chennai, Tamilnadu-600040.
4	State	18.05.2020	Awareness Quiz on Covid-19	Sri Ramakrishna College of Arts and Science, Coimbatore, Tamilnadu-641006.
5	State	18.05.2020	Yoga	Anna Adarsh College for Women, Chennai, Tamilnadu-600040.
6	National	18.05.2020-30.05.2020	Lockdown (4.0) Covid-19 General Computer Awareness Quiz	Dr. Babasaheb Ambedkar College of Arts Commerce and Science, Bramhapuri, Chandrapur, Maharashtra-441206.
7	State	19.05.2020	Covid-19 Awareness Quiz	Sacred Heart College, Tirupattur, Tamilnadu-635601.
8	State	19.05.2020	Covid-19 Awareness Quiz	Vivekanandha College of Arts and Science for Women, Tirchengode, Tamilnadu-637205.
9	State	19.05.2020-20.05.2020	Sports	Manonmaniam Sundaranar University, Thirunelveli, Tamilnadu-627012.
10	National	20.05.2020	Promoting Knowledge of our National Game Hockey and Wellness	Shri Shankarlal Sundarbai ShaSun Jain College for Women, Chennai, Tamilnadu-600017.
11	State	20.05.2020	Sports Quiz	P.K.R. Arts College for Women, Erode, Tamilnadu-638476.
12	State	20.05.2020-23.05.2020	You are Stronger	S.A. Engineering College, Chennai, Tamilnadu-600077.



13	National	20.05.2020-23.05.2020	National Level Online Research Methodology Quiz Series	Manonmaniam Sundaranar University, Tirunelveli, Tamilnadu-627012.
14	State	21.05.2020	Sports Awareness Quiz	Don Bosco Arts and Science College, Chennai, Tamilnadu-600077.
15	State	21.05.2020	Online Quiz 2020	Dr. M.G.R. Educational and Research Institute, Chennai, Tamilnadu-600095.
16	National	21.05.2020	Sports Quiz 2020	Bishop Ambrose College, Coimbatore, Tamilnadu-641045.
17	National	21.05.2020	Sports & Fitness	Shri Shankarlal Sundarbai Shasun Jain College for Women, Chennai, Tamilnadu-600017.
18	International	22.05.2020	Commerce and Management	Senthamarai College of Arts and Science, Vadapalanji, Madurai, Tamilnadu-625021.
19	State	22.05.2020	Computer Awareness for Competitive Exams	Vivekanandha College, Tiruvedakam West, Madurai, Tamilnadu-625234.
20	State	22.05.2020	Awareness on Covid-19 & Need of Physical Activity -Quiz	B.S. Abdur Rahman Crescent Institute of Science & Technology, Vandalur, Chennai, Tamilnadu-600048.
21	State	22.05.2020	Parambariya Vilayattugal	Pioneer Kumaraswamy College, Nagercoil, Tamilnadu-629003.
22	State	22.05.2020	Physical Education and COVID-19	Mohamed Sathak Polytechnic College, Kilakarai, Ramanadhapuram, Tamilnadu-623806.
23	State	22.05.2020	Online Sports Quiz	Mohamed Sathak AJ College of Engineering, Chennai, Tamilnadu-603103.
24	National	22.05.2020	Sports & Wellness	Shri Shankarlal Sundarbai Shasun Jain College for Women, Chennai, Tamilnadu-600017.
25	National	22.05.2020	Yoga & Physical Fitness	Selvam College of Physical Education, Nammakal, Tamilnadu-637003.
26	National	22.05.2020-25.05.2020	Covid-19 for Spreading Awareness	Jeevan Asheesh Samitte, Kota, Rajasthan-345027.
27	National	23.05.2020	Sports Quiz	Davangere University, Shivagangothri, Davangere, Karanataka-577 007.
28	National	23.05.2020	COVID 19 Awareness	Dr .V.R. Godhaniya I.T. College, (Department of BCA), Porbandar, Gujarat-360577.
29	State	24.05.2020	Quiz Programme on Physical Education and Sports	Mannar Thirumalai Naicker College, Pasumalai, Madurai, Tamilnadu-625004.
30	State	25.05.2020	General Sports Quiz	Guru Nanak College, Velacherry, Chennai, Tamilnadu-600042.
31	State	25.05.2020	UGC NET/SET/TET-Physical Education	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
32	National	25.05.2020	Sports Awareness Quiz	A. R. M First Grade College, Nijalingappa Layout, Davangere, Karanataka-577004.



33	National	25.05.2020	Physical General Awareness Quiz : Covid-19	MES Abasaheb Garware College, Pune, Maharashtra-411004
34	National	26.05.2020	Awareness Quiz Competition on COVID 19	Veerbhumi Government P.G. College, Mahoba, Uttarpradesh-210421.
35	National	26.05.2020	Awareness of CORONA	C.L Jain (P.G) College, Agra, Delhi-205135.
36	State	26.05.2020	Educational Technology	Sri Sarada College of Physical Education for Women, Salem, Tamilnadu-636016.
37	National	26.05.2020-28.05.2020	Sports E-Quiz COVID-19	Dwaraka Doss Goverdhan Doss Vaishnav College, Chennai, Tamilnadu-600106.
38	State	27.05.2020	Computer Networks	Khadir Mohideen College, Adirampattinam, Tamilnadu-614701.
39	State	27.05.2020	E-Quiz on Learning, Teaching & Research	Guru Nanak College, Velacherry, Chennai, Tamilnadu-600042.
40	State	27.05.2020-30.05.2020	Handball Knowledge Quiz 2020	Nazareth College of Arts and Science, Avadi, Chennai, Tamilnadu-600062.
41	State	27.05.2020-31.05.2020	English Grammar	Mohamed Sathak A J College of Engineering, Chennai, Tamilnadu-603103.
42	National	28.05.2020	Renewable Energy Sources	M. H. Saboo Siddik College of Engineering, Mumbai, Maharashtra-400008.
43	National	28.05.2020-30.05.2020	Sports Covid 2019 Awareness	Vinayaka Mission's College of Physical Education, Salem, Tamilnadu-636308.
44	State	29.05.2020	COVID 19 Awareness and Importance of Physical Activity	Pachaiyappa's College for Women, Kanchipuram, Tamilnadu-631501.
45	National	29.05.2020	Sports and Covid-19	Rajapalayam Rajus' College, Rajapalayam, Tamilnadu-626117.
46	State	29.05.2020	General Awareness Quiz on Computer Science	Sardar Vallabhai Patel Arts and Science College, Ainpur, Maharashtra-425507.
47	State	29.05.2020	Yoga and Meditation	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
48	State	29.05.2020	Fundamentals of Computer	Government Arts and Science College, Nagercoil, Tamilnadu-629004.
49	National	29.05.2020	Sports Knowledge Quiz	Shri Shahaji Chhatrapati Mahavidyalaya, Kolhapur, Maharashtra-416003.
50	National	29.05.2020	Online Mallakhamb Competition	Mallakhamb Ek Dhyas, Dahisar, Mumbai-400068.
51	National	30.05.2020	Prime Minister's Self-Reliant India Movement	Soundarya Institute of Management & Science, Bangalore, Karnataka-560073.
52	State	30.05.2020	General Economics	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
53	State	30.05.2020	NET/SET Preparation in Physical Education & Sports Test-1	Mannar Thirumalai Naicker College, Pasumalai, Madurai, Tamilnadu-625004.
54	National	30.05.2020	Kasturba Gandhi & Mahatma Gandhi-150	Government First Grade College for Women, Ramanagara,

				Karnataka-562159.
55	State	30.05.2020	Unicorn Literary Quiz	Kongu College of Arts & Science, Karur, Tamilnadu-639006.
56	National	30.05.2020	Fundamentals of Management	Sphoorthy Engineering College, Balapur, Mandal, Hyderabad-501510.
57	State	30.05.2020-31.05.2020	Online Olympic Games Awareness Quiz During COVID 19 Lockdown Period 2020	Dharamurthi Rao Bahadur Calavala Cunnan Chetty's Hindu College, Chennai, Tamilnadu-600072.
58	National	30.05.2020-06.7.2020	Account Quiz	KLE Society's Commerce College, Shiraguppi, Karanataka-591242.
59	National	31.05.2020	Mathematics Quiz	Sardar Vallabhbhai Patel Arts And Science College, Ainpur, Maharashtra-425507.
60	State	31.05.2020	General Sports Quiz	Dr. M.G.R. Janaki College of Arts and Science for Women, Chennai, Tamilnadu-600028.
61	State	31.05.2020	General Quiz on Human Body	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
62	National	31.05.2020	Western Sports Quiz	Western College of Commerce & Business Management, Navi Mumbai, Maharastra-400709.
63	State	31.05.2020	Yoga e-Quiz Programme	St. Johns College of Physical Education, Tirunelveli, Tamilnadu-627426.
64	State	01.06.2020	Online Basics in Life Sciences	SRM Arts and Science College, Chennai, Tamilnadu-603203.
65	State	02.06.2020	Sports Injuries and Management	G.T.N. College, Dindigul, Tamilnadu-624005.
66	International	02.06.2020	Economics Quiz Competition	Mahantswamy Arts, Science and Commerce College, Haunsbhavi, Karnataka-581109.
67	International	02.06.2020	Occasion of World Environment Day	Sindhi College of Arts and Science, Chennai, Tamilnadu-600077.
68	State	03.06.2020	Verbal Ability	K. Ramakrishnan College of Technology, Samayapuram, Trichy, Tamilnadu-621112.
69	National	03.06.2020-06.06.2020	Deep Learning	MET's Institute of Engineering, Nashik-420003.
70	National	04.06.2020	General Economics	Hajee Karutha Rowther Howdia College, Uthamapalayam, Theni, Tamilnadu-625533.
71	State	04.06.2020	Quiz	Sri Akilandeswari Women's College, Thiruvannamalai, Tamilnadu-604408.
72	National	04.06.2020	Quiz for Tech Geeks	Hajee Kaarutha Rowther Howdia College, Uthamapalayam, Theni, Tamilnadu-625533.
73	State	05.06.2020	Virtual Quiz on Environment Day 2020	Sri Paramakalyani College, Alwarkurichi, Tamilnadu-627412.
74	National	05.06.2020	The National Awareness Quiz on Novel Corona Virus COVID-19	Hajee Karutha Rowther Howdia College, Uthamapalayam, Theni, Tamilnadu-625533.
75	State	05.06.2020	World Environment Day 2020	Hajee Karutha Rowther Howdia College, Uthamapalayam, Theni, Tamilnadu-625533.

76	National	05.06.2020	Bio-Diversity	M.A.M. School of Engineering, Trichy, Tamilnadu-621105.
77	National	05.06.2020-09.06.2020	Financial Management	Jayagovind Harigopal Agarwal Agarsen College, Chennai, Tamilnadu-600070.
78	State	06.06.2020	Awareness of Games and Sports during in Covid-19	Sri Subramaniaswamy Government Arts college, Tiruttani, Tamilnadu-631209.
79	National	06.06.2020	Maths Quiz	Hajee Karutha Rowther Howdia College, Uthamapalayam, Theni, Tamilnadu-625533.
80	State	06.06.2020	Sports During Covid-19	St. Antony's College of Arts and Sciences for Women, Dindigul, Tamilnadu-624005.
81	National	06.06.2020	Data Structures	Dhanalakshmi Srinivasan Engineering College, Perambalur, Tamilnadu-621212.
82	State	06.06.2020-10.06.2020	International Human Resources Management Online Quiz Series 2020	Manonmaniam Sundaranar University, Tirunelveli, Tamilnadu-627012.
83	National	07.06.2020	Internal Quality Assurance Cell	Shri Muktanand College, Aungabad, Mahastara-431109.
84	National	07.06.2020	Financial Management	Hajee Karutha Rowther Howdia College, Uthamapalayam, Theni, Tamilnadu-625533.
85	State	08.06.2020	Impact of Covid 19: Threats and Opportunities	Nazareth College of Education for Women, Chennai, Tamilnadu-600062.
86	State	08.06.2020	Yoga & Sports	Ramakrishna Mission Vivekananda College, Mylapore, Chennai, Tamilnadu-600004.
87	National	08.06.2020	General Physics	Hajee Karutha Rowther Howdia College, Uthamapalayam, Theni, Tamilnadu-625533.
88	State	08.06.2020-11.06.2020	Sports Quiz competition Covid-19	Chettinad Academy of Research and Education, Kelambakkam, Chennai, Tamilnadu-603103.
89	State	09.06.2020	Yoga & Sports	Ramakrishna Mission Vivekananda College, Chennai, Tamilnadu-600004.
90	National	09.06.2020-11.06.2020	Indian National Movement	Hajee Karutha Rowther Howdia College, Uthamapalayam, Theni, Tamilnadu-625533.
91	National	10.06.2020	Numerical Ability	Wavoo Wajeetha Women's College of Arts and Science, Kalyapattinam, Tamilnadu-624204.
92	State	10.06.2020	Sports Quiz	Government Arts & Science College, Perumbakkam, Chennai, Tamilnadu-600131.
93	National	10.06.2020	Sports Quiz	Parvathy Arts and Science College, Dindigul, Tamilnadu-624002.
94	National	10.06.2020	Social and Cultural History of Tamil Nadu	Government Arts and Science College for Women, Salem, Tamilnadu-636007.
95	International	10.06.2020	Aspects of Curriculum	S.B.T. College of Special Education, Madurai, Tamilnadu-625007.

96	State	11.06.2020	Maths Quiz	Dr. Zahir Hussain College, Ilayankudi, Tamilnadu-630702.
97	State	11.06.2020-15.06.2020	Football Game Knowledge	Soka Ikeda College of Arts & Science for Women, Madras University, Tamilnadu- 600053.
98	State	12.06.2020	Yoga Day 2020	Pioneer Kumaraswamy College, Nagarcoil, Tamilnadu-629003.
99	State	12.06.2020	Physical Education & Sports	Government Arts & Science College, Hosur, Tamilnadu-635110.
100	State	12.06.2020	Health, Physical Fitness & Sports	Nirmala College for Women, Coimbatore, Tamilnadu-641018.
101	State	13.06.2020	NET/SET/TET Preparation in Physical Education 7 Sports-Test-3	Mannar Thirumalai Naicker College, Pasumalai, Madurai, Tamilnadu-624004.
102	National	13.06.2020	Physical Education and Sports	L.S. Raheja College of Arts and Commerce, Mumbai, Maharashtra-400054.
103	International	14.06.2020	Knowledge of Programming	Alpha Arts & Science College, Chennai, Tamilnadu-600014.
104	State	14.06.2020	Online Quiz on Mathematics	Thavathiru Santhalinga Adigalar Arts & science Tamil College, Coimbatore, Tamilnadu-641010.
105	National	15.06.2020	Indian Constitution	C. Abdul Hakeem College, Melivisharam, Vellore, Tamilnadu-632509.
106	National	15.06.2020	Refrigeration and Air Conditioning	Bharat Institute of Engineering & Technology, Hyderabad-501510.
107	State	15.06.2020	Yoga 2020	Virudhunagar Hindu Nadars' Senthikumara Nadar College, Virudhunagar, Tamilnadu-626001.
108	State	15.06.2020	Consumer Awareness	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
109	National	15.06.2020	Indian Culture and Integrity	Bharathiya Shikshan Mandal, Dakshin, Tamilnadu-600004.
110	National	15.06.2020	C Programming	Gandhi Academy of Technical Education, Suryapet, Telangana-508206.
111	National	15.06.2020	World Health Organization	Sanjivani College of Engineering, Kopergaon, Maharashtra-423603.
112	National	15.06.2020-18.06.2020	Sports E-Quiz II-Covid19	Dwaraka Doss Goverdhan Doss Vaishnav College, Chennai, Tamilnadu-600106.
113	National	15.06.2020-20.06.2020	Health Fitness and Sports for All	AMET Academy of Maritime Education and Training, Chennai, Tamilnadu-603103.
114	National	16.06.2020	World Sickle Cell Day 2020	Hajee Karutha Rowther Howdia College, Uthamapalayam, Theni, Tamilnadu-625533.
115	State	16.06.2020	Industrial Relation	Sacred Heart College, Vellore, Tamilnadu-635601.
116	State	17.06.2020	Sports & Games	Surana College, Bengaluru, Karanataka-508004.
117	State	17.06.2020	Physical Education	Rajagopal Polytechnic College, Kudiyattam, Tamilnadu-632602.
118	State	17.06.2020	Yoga	Vivekanandha College, Madurai, Tamilnadu-625234.

119	State	17.06.2020-21.06.2020	Promoting Knowledge of our Olympic Games	Periyar Centenary Polytechnic College, Thanjavur, Tamilnadu-613403.
120	International	17.06.2020-21.06.2020	Yoga	Patanjali College of Yoga and Research Centre, Chennai, Tamilnadu-600122.
121	National	17.06.2020-21.06.2020	Ancient History & Archaeology	Department of Ancient History & Archaeology, Patna University, Bihar-800005.
122	National	18.06.2020	Yoga for Health and Wellness	Mannar Thirumalai Naicker College, Madurai, Tamilnadu-625004.
123	National	18.06.2020	Yoga Day Quiz	Hajee Karutha Rowther Howdia College, Uthamapalayam, Theni, Tamilnadu-625533.
124	State	18.06.2020	Yoga	A.Veeriya Vandayar Memorial Sri Pushpam College, Poondi, Thanjavur, Tamilnadu-613503.
125	National	18.06.2020	International Yoga Day	L.M.M. Arts, Commerce & Ashok Science College, Chandur Rly, Maharashtra-413717.
126	State	18.06.2020-19.06.2020	Awareness of Sports Awards	Sri Kanyaka Parameshwari Arts and Science College for Women, Chennai, Tamilnadu-600001.
127	National	19.06.2020	Physical Education	Kuvempu University, Jnanasahydra, Shankaraghatta, Karnataka-577451.
128	State	19.06.2020	Yoga for Healthy Life	Sri Sarada College of Physical Education for Women, Salem, Tamilnadu-636016.
129	National	19.06.2020	Yogic Sciences	KH3 Kinetic Health Wellness, Kancheepuram, Tamilnadu-631501.
130	National	19.06.2020	Yoga day-2020	P.C Jabin Science College, Vidyanagar, hubballi, Karnataka-580031.
131	National	19.06.2020-20.06.2020	Yoga	Dravidian University, Srinivasavanam, Kuppam, Andhra Pradesh-517426.
132	State	19.06.2020-22.06.2020	Kho-Kho Game Knowledge Quiz 2020	Soka Ikeda College of Arts & Science for Women, Chennai, Tamilnadu-600080.
133	National	20.06.2020	International Yoga Day	Sharadchandra Pawar Mahavidyalaya, Lonand, Maharashtra-415521.
134	National	20.06.2020	International Yoga Day	Western College of Commerce & Business Management, Mumbai, Maharashtra-400705.
135	National	20.06.2020	Yoga day	PSR Arts & Science College, Sivakasi, Tamilnadu-626214.
136	State	20.06.2020-21.06.2020	Yoga	Bharathiyar University Arts & Science College, Coimbatore, Tamilnadu-641109.
137	State	20.06.2020-22.06.2020	The Mind Fizz	Dhanalakshmi Srinivasan Engineering College, Perambalur, Tamilnadu-621212.
138	State	21.06.2020	Yoga	Sri Aurobindo Mira Group of Educational institutions, Nehru Nagar, Madurai, Tamilnadu-625010.

139	International	21.06.2020	Yoga	Soni College, Solapur, Maharashtra-413004.
140	National	21.06.2020	Yoga	Sangolli Rayanna First Grade Constituent College, Belagavi, Karnataka-590017.
141	National	21.06.2020	Yoga	G.F.G. College, Bangalore, Karnataka-562123.
142	National	21.06.2020	Quiz Programme on Sports	Vikas College of Physical Education, Andhra Pradesh-521212.
143	State	21.06.2020	Yoga	Mohamed Sadhak AJ College of Engineering, Chennai, Tamilnadu-603103.
144	National	21.06.2020	Yoga	Remo International College, Chennai, Tamilnadu-600016.
145	State	21.06.2020	Yoga	Tamil Nadu Physical Education and Sports University, Chennai, Tamilnadu-600127.
146	National	21.06.2020	Yoga	SHASUN Jain College for Women, Chennai, Tamilnadu-600017.
147	National	21.06.2020	Yoga 2020	Adikavi Nannaya University, Rajamahendravaram, AndhraPradesh-533296.
148	State	21.06.2020	Yoga Day Celebration	Sourashtra College, Madurai, Tamilnadu-625004.
149	State	21.06.2020	Mind Marathon 2020	Immaculate College for Women, Cuddalore, Tamilnadu-607001.
150	National	21.06.2020-24.06.2020	Yoga Day Awareness	G.S. College of Commerce & Economics, Jabalpur, Madhya Pradesh-482001.
151	State	21.06.2020-25.06.2020	Yoga and Fitness	Sri G.V.G Vishalakshi College for Women, Udumalaipet, Tamilnadu-642128.
152	State	21.06.2020-25.06.2020	Awareness on Yoga	Easwari Engineering College, Chennai, Tamilnadu-600089.
153	National	22.06.2020	Physical Education	Nazareth College of Education for Women, Chennai, Tamilnadu-600062.
154	National	22.06.2020	Anatomy & Physiology	The Madurai Diraviyam Thayumanavar Hindu College, Tirunelveli, Tamilnadu-627010.
155	State	23.06.2020	Test Your Knowledge in Sports	Scott Christian College, Nagercoil, Tamilnadu-629001.
156	State	23.06.2020	Sports	AJK College of Arts & Science, Coimbatore, Tamilnadu-641105.
157	National	23.06.2020	Sports	Dharumapuram Gnanambigai Government Arts College, Mayiladudurai, Tamilnadu-609001.
158	National	23.06.2020	Olympic Program	St. Paul's College, Kerala-683503.
159	National	23.06.2020	Western Fencing	Western College of Commerce & Business Management, Mumbai, Maharashtra-400705.
160	State	23.06.2020-25.06.2020	Yoga Day and Olympic Day	Sadakathullah Appa College, Tirunelveli, Tamilnadu-627011.



161	National	23.06.2020-26.06.2020	Quiz	Vidya Vikas Education Society's Vikas College of Arts Science & Commerce, Mumbai-400083.
162	State	24.06.2020	Techo Blitz -2020	Dr. M.G.R. Government Arts & Science College, Vellore, Tamilnadu-635804.
163	National	24.06.2020	Sociology	B.M. Ruia girl's College, Mumbai, Maharashtra-400007.
164	National	24.06.2020-26.06.2020	Vocal for Local	SRM Business School, Lucknow, Uttarpradesh-227202.
165	National	25.06.2020	Special Education	University of Madras, Chennai, Tamilnadu-600005.
166	State	25.06.2020	Fitness & Yoga	Government Polytechnic College, Madurai, Tamilnadu-625514.
167	National	25.06.2020	Digital Marketing	Shrimathi Indira Gandhi College, Trichy, Tamilnadu-620002.
168	International	26.06.2020	Sports	Government Arts and Science College, Ramanadhapuram, Tamilnadu-623703.
169	National	26.06.2020	Yoga	Sri Dnyaneshwar Maskuji Burungale Science and Arts College, Shegaon, Maharashtra-444203.
170	State	26.06.2020	NET/SET/TET Preparation in Physical Education and Sports-Test-4	Mannar Thirumalai Naicker College, Madurai, Tamilnadu-625004.
171	National	26.06.2020	Physical Education & Covid 19	Delhi Tamil Education Association, SR. SEC. School, Delhi-110005.
172	State	26.06.2020	PEC- Sports 20	Prathyusha Engineering College, Chennai, Tamilnadu-602025.
173	State	27.06.2020	English Grammar	Periyar Polytechnic College, Vellore, Tamilnadu-632002.
174	National	27.06.2020	Cricket	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
175	National	27.06.2020	Sports Quiz	Hindustan First Grade College, Mysore, Karanataka-570 008.
176	State	27.06.2020	Sports	J.H.A. Agarsen College, Chennai, Tamilnadu-600060.
177	State	28.06.2020	Thandialangaram-Illakana Thirunarithal Thervu	Dr. Zahir Husain College, Ilayankudi, Tamilnadu-630702.
178	National	28.06.2020	Western Football	Western College of Commerce & Business Management, Mumbai, Maharashtra-400705.
179	National	28.06.2020-30.06.2020	NAAC Assessment and Accreditation Process	Tamil Nadu Physical Education and Sports University, Chennai, Tamilnadu-600127.
180	National	28.06.2020-30.06.2020	Fitness for All	Pondicherry Engineering College, Puducherry-605014.
181	State	29.06.2020	Physical Education	AMK Technological Polytechnic College, Chennai, Tamilnadu-600123.
182	National	29.06.2020	COVID-19 Pandemic General Awareness	Veer Bhadur Singh Government Degree College, Campierganj, Gorahkpur, Utharapradesh-273158.

183	State	29.06.2020	Combating COVID-19 with Immune-Boosting Food	Khadir Mohideen College, Adirampattinam, Tamilnadu-614701.
184	National	29.06.2020	Western Athletics	Western College of Commerce & Business Management, Mumbai, Maharashtra-400705.
185	National	30.06.2020	Basic Concepts of YOGA	M.V. Muthaiah Government Arts College For Women, Dindigul, Tamilnadu-624001.
186	National	01.07.2020	Healthy Life	Government Polytechnic College for Women, Coimbatore, Tamilnadu-641044.
187	State	01.07.2020	Test Your Skills	Prist University, Madurai, Tamilnadu-630561.
188	State	01.07.2020	Web Programming	Sankar Polytechnic College, Tamilnadu-627357.
189	State	02.07.2020-08.07.2020	E-Quiz	Government Arts and Science College, Thiruvannainallur, Villupuram, Tamilnadu-607203.
190	National	06.07.2020	Aptitude	Soundarya Institute of Management & Science, Bangalore, Karanataka-560073.
191	State	06.07.2020	Basketball Basic Level Quiz	WABC, Villupuram, Tamilnadu-605103.
192	State	06.07.2020	Sports	St. Mary's College, Thoothukudi, Tamilnadu-625514.
193	State	07.07.2020	Business Management Online Quiz	Mary Matha College of Arts & Science, Periyakulam, Tamilnadu-625604.
194	National	07.07.2020	Yoga	Surana College, Bangalore, Karnataka-560004.
195	National	07.07.2020	Yoga and Sports	Manonmaniyam Sundaranar University College, Tirunelveli, Tamilnadu-627657.
196	State	08.07.2020	Sports Psychology and The Game of Kabaddi	Selvam College of Physical Education, Namakkal, Tamilnadu-637003.
197	State	08.07.2020 10.07.2020	History of India	Arulmigu Kalasalingam College of Arts and Science, Krishnankoil, Tamilnadu-626126.
198	National	10.07.2020	Quiz on sports	A.V.C. College of Engineering, Nagapattinam, Tamilnadu-609305.
199	International	18.07.2020-25.07.2020	Health Awareness	Rajapalyam Rajus' College, Rajapalayam, Tamilnadu-626117.
200	State	24.07.2020-29.07.2020	Hockey online Quiz	Selvam College of Physical Education, Namakkal, Tamilnadu-637003.
201	National	24.07.2020-31.07.2020	Information and Communication Technology	Government College of Education, Thanjavur, Tamilnadu-614625.
202	National	25.07.2020	Snakes	Sadguru Gadage Maharaj College, Karad, Maharashtra-415105.
203	State	27.07.2020	Medicinal Plants	A.V.V.M SriPushpam College, Thanjavur, Tamilnadu-613502.
204	National	27.07.2020	Volley Ball Game-2020	Government Girls Higher Secondary School, Villupuram,

				Tamilnadu-605202.
205	National	27.07.2020-30.07.2020	Basic Civil Engineering	Mandsaur University, Daulatpura, Madhyapradesh-458001.
206	State	27.07.2020-31.07.2020	Physiology of Exercise and Sports Medicine	Arignar Anna Government Arts College, Villupuram, Tamilnadu-605602.
207	State	28.07.2020-31.07.2020	World Hepatitis day	Jansons Institute of Technology, Coimbatore, Tamilnadu-641659.
208	State	29.07.2020	Fuels & Combustion	Sankar Polytechnic College, Tirunelveli, Tamilnadu-627357.
209	National	30.07.2020	Handball	Thiruvalluvar District Handball Association, Thiruvalluvar, Tamilnadu-622003.
210	National	30.07.2020	Business Awareness	Pothigai Skill and Sports Development Organisation, Thoothukudi, Tamilnadu-628001.
211	State	30.07.2020	Environmental	Nazareth College of Education for Women, Chennai, Tamilnadu-600062.
212	State	30.07.2020	Pharmaceutical Chemistry	Government Arts College for Women, Salem, Tamilnadu-636008.
213	National	30.07.2020-31.07.2020	Teaching and Research Aptitude	Meenakshi Academy of Higher Education Research, Chennai, Tamilnadu-600078.
214	National	30.07.2020-31.07.2020	Environmental & Biodiversity	Dr. Virendra Swarup Institute of Professional Studies, Kanpur, Uttarapradesh-208011.
215	National	31.07.2020	Modern Marketing	Government Arts & Science College, Gudalur, Tamilnadu-643212.
216	National	31.07.2020	Quizster	Raja Rajeswari College of Engineering, Bengaluru, Karnataka-560074.
217	National	31.07.2020	Nuclear & Particle Physics 2020	V.M.K. S.R. Vastrad Arts, Science & V.S. Bellihal Commerce College, Karnataka-587118.
218	State	31.07.2020	Principles of Management	The Quaide Milleth College for Men, Chennai, Tamilnadu-600100.
219	State	31.07.2020	Test Your Knowledge in Basic Accountancy	C. Kandaswami Naidu College for Men, Chennai, Tamilnadu-600102.
220	National	31.07.2020	Web Development	S.R.N.M.N College of Applied Science, Karnataka-577201.
221	National	31.07.2020	Data Structure	S.R.N.M.N College of Applied Science, Karnataka-577201.
222	State	31.07.2020	Human Resource Management	Rajalakshmi Engineering College, Chennai, Tamilnadu-602105.
223	National	31.07.2020	Awareness Campaign Under Mission Fateh Regarding Covid - 19	Punjab University, Patiala, Punjab-160014.
224	National	03.08.2020-07.08.2020	History of Modern India	TBML College, Nagapattinam, Tamilnadu-609307.
225	State	05.08.2020	Jigs and Fixtures	Sankar Polytechnic College, Tirunelveli, Tamilnadu-627357.
226	State	06.08.2020	Sports	St. Joseph's College of Arts & Science, Kovur, Chennai, Tamilnadu-600128.

227	National	07.08.2020	Know Your Knowledge in Data Structures	Lord Jegannath College of Engineering & Technology, Kanniyakumari, Tamilnadu-629402.
228	National	09.08.2020	Covid-19: Infections, Prevention and Combats	Bharat Pharmaceutical Technology, Tripura West, Bangladesh-799180.
229	State	11.08.2020	Promoting Sports & Game Knowledge	Paramakudi Lions Matric. Hr. Sec. School, Paramakudi, Tamilnadu-623707.
230	State	12.08.2020	MATH	Srimad Andavan Arts & Science College, Trichy, Tamilnadu-620005.
231	National	13.08.2020	ICCS Mathematics	Shree Chanakya Education Society's Indira College of Commerce and Science, Pune, Maharashtra-411033.
232	National	14.08.2020	Independence Day	Government College for Women, Mandya, Karanataka-571428.
233	National	14.08.2020	Awareness Covid-19	Web Soft Segment, Apollo Institute of Technology, Kanpur, Uttarpradesh-208001.
234	National	14.08.2020-20.08.2020	Physical Education and Sports	Koviloor Andavar College of Physical Education & Sports Science, Karaikudi, Tamilnadu-630307.
235	National	15.08.2020	Quiz	Seshadripuram Academy of Business Studies, Bengaluru, Karnataka-560060.
236	National	18.08.2020	Yoga	Government Boys Higher Secondary School, Chennai, Tamilnadu-600071.
237	State	19.08.2020	Immune Boosting Medicinal Plants	A.V.V.M. Sri Pushpam College, Thanjavur, Tamilnadu-613503.
238	National	20.08.2020	Sports Day	Government First Grade College, Halagur, Karnataka-571430.
239	National	20.08.2020	Sports	Auro University, Surat, Gujarat-394510.
240	National	21.08.2020	Computer Application in Physical Education	Jenneys College of Physical Education, Trichy, Tamilnadu-620009.
241	State	22.08.2020	Sports Covid-19	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
242	National	23.08.2020	Covid-19 Lockdown (4.0)	Dr. BabaSaheb Ambedkar College of Arts, Commerce & Science, Chandrapur, Maharashtra-441206.
243	State	24.08.2020	Sports & Games	Sri Eshwar College of Engineering, Coimbatore, Tamilnadu-641202.
244	State	25.08.2020	Defense Studies	Dr. Ambedkar Government Arts College, Chennai, Tamilnadu-600039.
245	National	26.08.2020	Sports	Dayanand Education Society's Dayanand Science College, Latur, Maharashtra-413512.
246	State	26.08.2020	Sports	SSDM Arts College, Kovilpatti, Tamilnadu-628501.
247	National	26.08.2020	Physical Education	Adikavi Nannaya University, Rajamahendravaram, AndhraPradesh-533296.

248	National	27.08.2020	National Sports day	St. Dominic's College, Kanjirapally, Kerala-686512.
249	National	27.08.2020	Sports	Sri Jagadguru Renukacharya College of law, Bengaluru, Karnataka-560009.
250	State	27.08.2020	Research Methods and Techniques	Srimad Andavan Arts and Science College, Trichy, Tamilnadu-620005.
251	National	27.08.2020-29.08.2020	National Sports Day	Government Arts and Science College, Thiruvannainallur, Tamilnadu-607203.
252	National	27.08.2020-29.08.2020	Kalarippayattu & Silambam	Tamilnadu Physical Education & Sports University, Chennai, Tamilnadu-600127.
253	National	28.08.2020	Indian Sports	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
254	International	28.08.2020	Covid-19 Awareness-2020	K.L.E. Society's S. Nijalingappa College Rajajinagar, Bengaluru, Karnataka-560010.
255	National	28.08.2020-30.08.2020	Research Methodology & Statistics	Jenney's College of Physical Education, Trichy, Tamilnadu-620009.
256	National	29.08.2020	National Sports Day	Mar Ivanios College, Kerala-695015.
257	National	29.08.2020	National Sports Day	A.K. College, Shikohabad, Utharapradesh-283141.
258	National	29.08.2020	Sports	Nazareth College of Education for Women, Chennai, Tamilnadu-600062.
259	National	29.08.2020	National Sports Day	Devchand College, Kolhapur, Maharashtra-416216.
260	National	29.08.2020	Sports Quiz	Radhabai Kale Mahila MahaVidyalaya, Ahmednagar, Maharashtra-414 001.
261	National	29.08.2020	National Sports Day	Srivi Lions Matric. Hr. Sec. School, Virudhunagar, Tamilnadu-626125.
262	State	29.08.2020	National Sports Day	SBIOA Senior Secondary School, Trichy, Tamilnadu-620007.
263	State	29.08.2020	National Sports Day	Maharishi VidyaMandir School, Thanjavur, Tamilnadu-613007.
264	State	29.08.2020	Library & Information Science	P.T. Lee Chengalvarya Naicker College of Engineering & Technology, Kanchipuram, Tamilnadu-631502.
265	National	29.08.2020	GK Virtual Quiz-2020	G.T.N. Arts College, Dindigul, Tamilnadu-624005.
266	State	29.08.2020-30.08.2020	National Sports Day	Annai Violet Arts and Science College, Chennai, Tamilnadu-600053.
267	State	29.08.2020-30.08.2020	Sports Quiz	Hindustan Institute of Technology & Science, Chennai, Tamilnadu-603103.
268	State	30.08.2020	National Sports Day	B.S. Abdur Rahman Crescent Institute of Science and Technology, Chennai, Tamilnadu-624619.
269	National	30.08.2020	Contest on Fundamentals of Chemistry	Sir Theagaraya College, Chennai, Tamilnadu-600021.

270	National	01.09.2020	The India Science Quiz	Government of India, Vigyan Prasar, New Delhi.
271	National	02.09.2020	PMAY(u) Awas	Government of India, Ministry of Housing and Urban Affairs, New Delhi.
272	National	02.09.2020	Hockey	St. Claret College, Bengaluru, Karnataka-560013.
273	National	02.09.2020-06.09.2020	Teachers Day	Sakthi Polytechnic College, Erode, Tamilnadu-638315.
274	National	03.09.2020	The Anna Devo Bhava-Food for All	Government of India, Ministry of Food Processing Industries, New Delhi.
275	National	04.09.2020	The Ayush Sanjivani	Government of India, Ministry of Ayush, New Delhi.
276	National	05.09.2020	The EK Bharat Shrestha Bharat	Government of India, Ministry of Tourism, New Delhi.
277	State	06.09.2020	Awareness on Covid -19 & Need of Physical Activity	Tamil Nadu Targetball Association, Villupuram, Tamilnadu-604301.
278	National	06.09.2020	Sports & Covid -19 Awareness Quiz	Shri Sangameshwar Shikshan Samstha's Arts, Commerce, BCA, BSW & PG College, Chadchan, Karnataka-586205.
279	National	06.09.2020	Sports & Games	A.S.D. Government Degree College for women, Andhra Pradesh-533002.
280	National	06.09.2020	Computer Awareness	Chaithanya University, Hanamkonda, Telengana-506001.
281	National	07.09.2020	Research Awareness	Dr.Virendra Swarup Institute of Professional Studies, Kanpur, New Delhi-208011.
282	State	06.10.2020	Time& Distance	Bharath Institute of Higher Education & Research, Chennai, Tamilnadu-600073.
283	State	06.10.2020	Sports	Rani Anna Government College for Women, Tirunelveli, Tamilnadu-627008.
284	State	19.10.2020	Kalam Talent Quizzard-2020	Nandha Arts & Science College, Tamilnadu-638052.
285	National	07.11.2020	Covid -19 Awareness Quiz	Auro University, Surat, Gujarat-394510.
286	National	07.11.2020	Quiz on Youth Red Cross	Nazareth College of Educational for Women, Chennai, Tamilnadu-600062.
287	National	06.12.2020	Physical Education	St. Joseph's College for Women, Visakhapatnam, Andhrapradesh-530004.
288	National	20.05.2021	Physical Education & Sports	Government Arts & Science College, Kuthalam, Mayiladuthurai, Tamilnadu-609810.
289	National	21.06.2021	International Yoga Day	Devchand College Arjunagar, Kolhapur, Maharashtra-416216.
290	National	21.06.2021	International Yoga Day	Yenepoya Dental College, Mangalore, Karnataka-575018.
291	International	21.06.2021-30.06.2021	Yoga for Wellness, Be With Yoga Be at Home	Yogalya Health Care Institute, Chennai, Tamilnadu-600026.



292	National	23.06.2021-28.06.2021	Olympic Day Celebration	St. Mary's College, Sulthan Bathery, Kerala-673592.
293	National	24.06.2021	Sports	Department of Information Technology, Government of Manipur, Manipur.
294	National	24.06.2021	Mentoring Yuva	NBT. INDIA, Government of India.
295	National	25.06.2021	Road to Tokyo 2020	Sports Authority of India, Indian Olympic Association, Government of India.
296	National	25.06.2021	Yoga for Life	Ministry of Education, Government of India.
297	National	25.06.2021	International Day of Yoga	Ministry of Ayush, Government of India.
298	National	30.06.2021	International Yoga Day	Scientific Front
299	National	02.07.2021	Connection with World Sports Journalists Day celebration	Naipunnya Institute of Management & Information Technology, Thrissur, Kerala-680308.
300	National	02.07.2021	International Yoga Day-2021	Government First Grade College, KR Pet, Krishnarajpete, Karnataka-571426.
301	National	03.07.2021	Road to Tokyo 2020	Sports Authority of India, Chennai, Tamilnadu-600003.
302	National	03.07.2021	Yoga	NCERT

### Pledge:

Sl.No	Level	Date	Topic	Organize
1	National	21.05.2020	Break The Stigma	Government of India, New Delhi.
2	National	21.05.2020	Render My Service for Fight Against Corona	Department of Justice, Government of India, New Delhi.
3	National	21.05.2020	E-Waste	Ministry of Electronics and Information Technology, Government of India, New Delhi.
4	National	21.05.2020	Stay at Home, Save Lives	Ministry of Electronics & Information Technology, Government of India, New Delhi.
5	National	21.05.2020	Janta Curfew	Ministry of Electronics & Information Technology, Government of India, New Delhi.
6	National	21.05.2020	Dekho Apna Desh	Government of India, New Delhi.
7	National	21.05.2020	Sovereign Socialist Secular Democratic	Department of Justice, Government of India, New Delhi.
8	State	22.05.2020	Physical Education & Covid 19	Saraswathi Narayanan College, Madurai, Tamilnadu-625022.
9	National	06.06.2020-08.08.2020	Spit-Free India Movement	Alamelu Charitable Foundation, Andhrapradesh-520008.

10	National	30.06.2020	Covid-19	Government of India, New Delhi.
11	National	27.05.2021	Youth	Ministry of Youth Affairs & Sports, Government of India, New Delhi.
12	National	29.06.2021	E-Waste	Ministry of Electronics and Information Technology, Government of India, New Delhi.
13	National	29.06.2021	Swachh Bharat	Government of India, New Delhi.
14	National	29.06.2021	Save & Restore our Beloved Mother Earth	Ministry of Earth Sciences, Government of India, New Delhi.
15	National	29.06.2021	Catch the Rain	Government of India, New Delhi.
16	National	29.06.2021	Road Safety	Ministry of Transport & Highways, Government of India, New Delhi.
17	National	29.06.2021	Fuel Conservation 2021	Government of India, New Delhi.
18	National	29.06.2021	I Support Armed Forces Flag Day	Ministry of Defence, Government of India, New Delhi.
19	National	29.06.2021	Integrate & Encourage Yoga Through Life	Ministry of Ayush, Government of India, New Delhi.

### Personal Details:

- Date of Birth - 05<sup>th</sup> July 1980
- Sex - Male
- Nationality - Indian
- State of Domicile - Tamilnadu
- Religion - Islam
- Languages Known - English, Tamil, Urdu, and Hindi
- Marital Status - Married
- Father's Name - Mr. S.K. Basha
- Mother's Name - Mrs. B. Noorjahan
- Spouse Name - Mrs. S.A. Sadaffunisha
- Yelder Daughter Name - A. Aashadieeya
- Younger Daughter Name - A. Nihma Noorjahan